

LABORATORIES AND WORKSHOPS

Faculty of Nursing Laboratories

The faculty has a group of distinguished laboratories equipped with all modern instruments and tools and simulations. These laboratories and equipment contribute to achieving the learning objectives of the various courses and gain the students the necessary skills and competencies that help them to start applying the skills and dealing with the real cases of illness in the places of practical training.

The laboratories include the following:

- Fundamentals of Nursing
- Adult Health
- Maternal health
- Child Health
- Physical assessment
- Computer lab (Multimedia)
- **Virtual Reality**



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مختبر صحة الام
Mother Health Lab



COMMON COLD AND INFLUENZA

Common cold is a mild infection of the nose and throat caused by several viruses. Most cold-causing viruses are spread by contact with someone when fluency is low and nasal mucus is dry.

Symptoms of common cold usually are:
• Runny nose
• Sore throat
• Cough

Common cold does not require antibiotic treatment unless secondary bacterial infections of the middle ear or sinuses develop.

Influenza is an infection of the respiratory system caused by the influenza viruses. It is more severe than the common cold. It can lead to pneumonia, especially in young children, the elderly, and those with chronic health problems.

Symptoms of the flu are:
• High fever
• Fatigue
• Muscle aches
• Headache
• Sore throat
• Cough
• Runny nose

Influenza can lead to a sore throat. When the throat is inflamed, it is an infection of the throat. The development of this infection.

Spread of the common cold is by inhalation of droplets that contain a virus or touching infectious respiratory secretions.

Mucus lining of the nose

Microbes penetrating the nasal layer

When the virus enters a nasal epithelial cell it releases a reaction that causes swelling and inflammation of nasal membranes.

Red blood cells in the artery

Proteins and fluid leak from capillary arteries

Influenza may cause accumulation of thick secretions in the middle ear tube leading to its obstruction. If the tube is blocked, fluid collects in the middle ear causing infection.

Eustachian tube

Pharynx

Tonsils

Influenza can lead to a sore throat. When the throat is inflamed, it is an infection of the throat. The development of this infection.



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مختبر التقييم السريري
Physical Assessment Lab

Notice posted on the door.







مختبر اساسيات التمريض
Fundamentals of Nursing Lab

مختبر اساسيات التمريض 203

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