

# Evaluation of Home Caregiving Program by Jordanian Stroke Patients' Caregivers: Qualitative Study

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## Abstract

The purpose of this qualitative study was to explore caregivers' perception and evaluation of a home caregiving program entitled by "*There is a Patient in Our Home*". Seven Jordanian women were recruited purposefully from a governmental hospital in Amman. Data was collected through face-to-face interviews. Researcher used semi structured questions to elicit credible responses. Content analysis was used to analyze data. Before discharge from hospital, women were "inadequately prepared" for their caregiver role. In home, women expressed "incompetency" in performing caregiving activities. The available sources of caregiving information and skills were culturally inappropriate for the women. Language, simplicity and attractiveness of the movies were areas of "satisfaction". Verbal commentary guidelines associated with each caregiving step was a strong point of the program. Women expressed "dissatisfaction" for lack of certain subjects. Before hospital discharge, providing families with culturally convenience caregiving educational program will increase caregivers' knowledge and competencies, subsequently stroke patients' general health will improve and frequency of re-hospitalization rate could be declined.

**Keywords:** Arab, Caregiver, Family, Home-Caregiving, Jordan, Stroke

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