



" عراقة وجودة" "Tradition and Quality"

Course Plan for Bachelor Program - Study Plan Development and Updating Procedures/ Pharmacy Department

QF02/0408-4.0E

Study Plan No.	2021/2	2021/2022 University Specialization		Bachelor of Nursing		
Course No.	02011	161	Course Name		Anatomy f	or Nurses
Credit Hours	3		Prerequisite *Co-requisite		Biolo	ogy
Course Type	☐ Mandator y University Requireme nt	☐ University Elective Requireme nt	☐ Faculty Mandatory Requireme nt	Support course family require ments	□Mandato ry Require ment	□ Elective Require ment
Teaching Style	□ Full Onli	ne Learning	☐ Blended Learning		☑ Traditiona	al Learning
Teaching Model	☐ 1 Synchro		☐ 1 Face to Face: 1 Asynchronous		☑ 2 Traditio	nal

### Faculty Member and Study Divisions Information (to be filled in each semester by the subject instructor)

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Name	Academic rank	Office No.	Phone No.	E-mail	
Office Hours	Sunday, Tuesday, 7	   Thursday	Monday, Wednesday ()		
(Days/Time)	0	•			
Division number	Time	Place			Approved Model
				Traditional Learning	2 Traditional

### **Brief Description**

This course provides a comprehensive study of the anatomy of the human body. Starting with the organization and the directional terms of the human body, and the basic anatomical terminology. The course covers the gross anatomy of all the systems of the human body, and the relationship of one structure to another, and how structure and function are interrelated, in addition to clinical applications. Upon completion, students should be able to explain the organization and structure of various body systems which will later help in detecting any anatomical abnormalities during the clinical examination of the patient.

### **Learning Resources**

Course Book Information (Title, author, date of issue, publisher etc)	Essentials of Human Anatomy and Physiology, Elaine Marieb, 2015, 11th edition, Pearson Education, Inc.			
Resources (Books, databases, periodicals, software, applications, others)	<ol> <li>Human Physiology, Stuart Ira Fox, 2019, 15th edition, Mc Graw Hill.</li> <li>Principles of Anatomy and Physiology, Gerard J. Tortora and Bryan H.</li> <li>Derrickson, 2012, 13th edition, Wiley and Sons, Inc.</li> </ol>			
<b>Supporting Websites</b>	-			
The Physical	✓ Classroom	□ Labs	☑ Virtual	□ Others
<b>Environment for</b>			Educationa	
Teaching			l Platform	





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Necessary	Moodle
Equipment and	
Software	
<b>Supporting People</b>	
with Special Needs	
For Technical	E-Learning & Open Educational Resources Center.
Support	Email: <u>elearning@zuj.edu.jo</u> ; Phone: +962 6 429 1511 ext. 425/362.

### Course learning outcomes (K= Knowledge, S= Skills, C= Competencies)

No.	Course Learning Outcomes	The Associated Program Learning Output Code				
	Knowledge					
The s	tudent should be able to:					
K1	Identify the location of the component parts of the Integumentary, Skeletal, Muscular, Nervous, Cardiovascular, Respiratory, Digestive, Urinary, Reproductive, Endocrine, Lymphatic systems as well as Sense organs.	MK1				
K2	Describe how structure correlates with function in each system covered in this course.	MK1				
К3	Relate the different systems covered in this course to each other with respect to structure and function.	MK1				
	Skills					
The s	student should be able to:					
S1	Apply nursing care properly based on the knowledge obtained about the systems of the human body covered in this course.	MS1				
	Competencies					
The s	student should be able to:					
C1	Develop his/her professional and personal performance by continuously following-up lectures and submitting tasks on time.	MC4				

### **Mechanisms for Direct Evaluation of Learning Outcomes**

Type of Assessment / Learning Style	Fully Electronic Learning	Blended Learning	Traditional Learning (Theory Learning)	Traditional Learning (Practical Learning)
Midterm Exam	30%	30%	30%	0%
Participation / Practical Applications	0%	0%	20%	50%
Asynchronous Interactive Activities	20%	20%	0%	0%
Final Exam	50%	50%	50%	50%

**Note 1:** Asynchronous interactive activities are activities, tasks, projects, assignments, research, studies, projects, and work within student groups ... etc, which the student carries out on his own, through the virtual platform without a direct encounter with the subject teacher.





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**Note 2:** According to the Regulations of granting Master's degree at Al-Zaytoonah University of Jordan, 40% of final evaluation goes for the final exam, and 60% for the semester work (examinations, reports, research or any scientific activity assigned to the student).

Schedule of Simultaneous / Face-to-Face Encounters and their Topics

	e of Simultaneous / Face-to-Face Encounters and t		Dofowers as **
Week	Subject	Learning Style*	Reference **
1	Introduction: Overview of anatomy; The human body orientation; The Language of Anatomy; Body Cavities; Body membranes; Classification of Body Membranes: Epithelial Membranes (Cutaneous Membrane, Mucous Membranes, Serous Membranes); Connective Tissue Membranes.	Lecture	Chapter 1 1-3 14-23 Chapter 4 109-112
2	The Integumentary System: Structure of the Skin; Skin Color; Appendages of the Skin.	Lecture	Chapter 4 112-117 119-124
3	Skeletal system: Classification of Bones, Types of Bone tissue (in brief). Brief overview of the Skeletal system: A. Axial skeletal system: Skull; Thoracic cage; Vertebral column. B. Appendicular skeletal system: Shoulder girdle; upper limb; Pelvic girdle; lower limb. C. Joints and Cartilage	Lecture	Chapter 5 134-141 146-165 158-160 170-182 182-195
4	The Muscular system Muscle Types; Types of Body Movements; <i>Brief overview of</i> Skeletal muscles	Lecture	Chapter 6 181-187 196-200 203-218
5	Nervous system: Organization of the Nervous System (Structural and Functional Classification); Nervous Tissue: Structure (Supporting Cells and Neurons);	Lecture	Chapter 7 225- 234
6	Central Nervous System (Functional Anatomy of the Brain; Protection of the Central Nervous System; Spinal Cord);	Lecture	Chapter 7 239-250
7	Peripheral Nervous System (Structure of a Nerve; Cranial Nerves and Spinal nerves); Autonomic Nervous System (Somatic and Autonomic Nervous Systems Compared; Anatomy of the Parasympathetic and the Sympathetic Division).	Lecture	Chapter 7 252- 266
8	Cardiovascular system: Anatomy of the Heart (Size; Location; and Orientation; Coverings and Walls of the Heart; Chambers and Associated Great Vessels; Heart Valves; Cardiac	Lecture	Chapter 11 356-363





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	Circulation);		
9	Microscopic Anatomy of Blood Vessels (Tunics; Structural Differences in Arteries, Veins, and Capillaries). Midterm	Lecture	Chapter 11 370- 373
10	Respiratory system: External Respiration and Internal Respiration; The Nose; Pharynx; Larynx; Trachea; Main Bronchi; Lungs; the Respiratory membrane.	Lecture	Chapter 13 436- 444
11	Digestive system: Organs of the Alimentary Canal (Mouth; Pharynx; Esophagus; Stomach; Small Intestine; Large Intestine); Accessory Digestive Organs (Teeth; Salivary Glands; Pancreas; Liver; Gallbladder).	Lecture	Chapter 14 463- 476
12	Urinary system: Kidneys (Location and Structure; Nephrons); Ureters; Urinary Bladder; Urethra.	Lecture	Chapter 15 511- 516 520- 523
13	Reproductive system: Male reproductive system (Testes; Duct System; Accessory Glands and Semen; External Genitalia); Female reproductive system (Ovaries; Duct System; Mammary Glands).	Lecture	Chapter 16 538- 543 547- 551
14	Endocrine system: The major Endocrine organs (Pituitary Gland and Hypothalamus, Thyroid Gland, Parathyroid Glands, Adrenal Glands, Pancreatic Islets, Pineal Gland, Thymus, Gonads); Other Hormone-Producing Tissues and Organs: Placenta.  Lymphatic system: Lymphatic Vessels; Lymph Nodes; Other Lymphoid Organs.	Lecture	Chapter 9 308- 309 312- 330 Chapter 12 398-403
15	Sense organs: Anatomy of the Eye (External and Accessory Structures; Internal Structures: The Eyeball); Anatomy of the Ear (External, middle and Inner Ear).	Lecture	Chapter 8 278- 287 290- 292
16	Final Exam	-	-

<sup>\*</sup> Learning styles: Lecture, flipped learning, learning through projects, learning through problem solving, participatory learning ... etc.

#### **Schedule of Asynchronous Interactive Activities** (in the case of e-learning and blended learning)

Week	Task / Activity	Reference	<b>Expected Results</b>	
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<sup>\*\*</sup> Reference: Pages in a book, database, recorded lecture, content on the e-learning platform, video, website ... etc.