

Course Plan for Bachelor Program - Study Plan Development and Updating Procedures/ Pharmacy Department	QF02/0408-4.0E
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Study Plan No.	2021/2022	University Specialization	Bachelor of Nursing
Course No.	0201163	Course Name	Biochemistry for Nurses
Credit Hours	2	Prerequisite *Co-requisite	General Chemistry
Course Type	<input type="checkbox"/> Mandatory University Requirement <input type="checkbox"/> University Elective Requirement	<input checked="" type="checkbox"/> Faculty Mandatory Requirement <input type="checkbox"/> Support course family requirements	<input type="checkbox"/> Mandatory Requirement <input type="checkbox"/> Elective Requirement
Teaching Style	<input type="checkbox"/> Full Online Learning	<input checked="" type="checkbox"/> Blended Learning	<input type="checkbox"/> Traditional Learning
Teaching Model	<input type="checkbox"/> 1 Synchronous: 1 Asynchronous	<input checked="" type="checkbox"/> 1 Face to Face: 1 Asynchronous	<input type="checkbox"/> 2 Traditional

#### Faculty Member and Study Divisions Information (to be filled in each semester by the subject instructor)

Faculty Member and Study Divisions Information (to be filled in each semester by the subject instructor)					
Name	Academic rank	Office No.	Phone No.	E-mail	
Office Hours (Days/Time)	Sunday, Tuesday, Thursday ()		Monday, Wednesday ()		
Division number	Time	Place	Number of Students	Teaching Style	Approved Model
				Blended Learning	1 Face to Face: 1 Asynchronous

#### Brief Description

This course provides an overview of the key aspects of biochemistry by relating molecular interactions to their effects on the human body as a whole. Topics addressing protein structure, protein function include enzyme kinetics, the biochemical aspects of protein, carbohydrate and lipid metabolism, with emphasis on their interrelations, as well as their homeostatic regulation.

#### Learning Resources

Course Book Information (Title, author, date of issue, publisher ... etc)	1.Marks, Marks and Smith. Basic Medical Biochemistry. 3 <sup>rd</sup> Edition (2003). Lippincott Williams & Wilkins.
Supportive Learning Resources (Books, databases, periodicals, software, applications, others)	1.Chemistry for the Health Sciences. 8 <sup>th</sup> Edition, edited by Sackheim and Lehman, 2000, Macmillan Publishing Company. 2. Champe and Harvey. Biochemistry: illustrated reviews. 3 <sup>rd</sup> Edition (2004). Lippincott Williams & Wilkins.
Supporting Websites	
The Physical Environment for Teaching	<input checked="" type="checkbox"/> Class room <input type="checkbox"/> Labs <input checked="" type="checkbox"/> Virtual Educational Platform <input type="checkbox"/> Others
Necessary Equipment and Software	- PC/laptop with headphones and camera - Microsoft Office. - Microsoft teams.

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	- Moodle.
Supporting People with Special Needs	
For Technical Support	E-learning & Open Educational Resources Center E-mail: <a href="mailto:ellearning@zuj.edu.jo">ellearning@zuj.edu.jo</a> Phone: +962 6 4291511 ext. 425/362.

### Course learning outcomes (K= Knowledge, S= Skills, C= Competencies)

No.	Course Learning Outcomes	The Associated Program Learning Output Code
<b>Knowledge</b>		
<b>The student should be able to:</b>		
<b>K1</b>	Delineate structure, function & interrelationship of various biomolecules (Proteins, carbohydrate, lipids and nucleic acid)	<b>MK1</b>
<b>K2</b>	Summarize the fundamental aspects of enzymology & clinical applications	<b>MK1</b>
<b>K3</b>	Discuss the main concepts of bioenergetics and oxidative phosphorylation of biomolecules.	<b>MK1</b>
<b>K4</b>	Describe the major pathways involved in carbohydrates, lipids & proteins metabolism and their homeostatic regulation.	<b>MK1</b>
<b>K5</b>	Explain metabolic effects of insulin (in well-fed state) and glucagon (in stress-state).	<b>MK1</b>
<b>Skills</b>		
<b>The student should be able to:</b>		
<b>S1</b>	Relate the biochemical events at the cellular level to the physiological processes occurring in the whole body.	<b>MS1</b>
<b>S2</b>	Integrate metabolic pathways of the three major dietary components and analyze the complete integrated metabolic map.	<b>MS1</b>
<b>S3</b>	Interpret metabolic abnormalities and relate them to possible causes and mechanisms.	<b>MS1</b>
<b>Competencies</b>		
<b>The student should be able to:</b>		
<b>C1</b>	Develop student professional and personal performance by following up on lectures, completing assignments on time, and the ability to be self-motivated learners and responsive to feedback.	<b>MC1</b>

### Mechanisms for Direct Evaluation of Learning Outcomes

Type of Assessment / Learning Style	Fully Electronic Learning	Blended Learning	Traditional Learning (Theory Learning)	Traditional Learning (Practical Learning)
Midterm Exam	30%	30%	30%	0%
Participation / Practical Applications	0%	0%	20%	50%
Asynchronous Interactive Activities	20%	20%	0%	0%

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Final Exam	50%	50%	50%	50%
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**Note 1:** Asynchronous interactive activities are activities, tasks, projects, assignments, research, studies, projects, and work within student groups ... etc, which the student carries out on his own, through the virtual platform without a direct encounter with the subject teacher.

**Note 2:** According to the Regulations of granting Master's degree at Al-Zaytoonah University of Jordan, 40% of final evaluation goes for the final exam, and 60% for the semester work (examinations, reports, research or any scientific activity assigned to the student).

### Schedule of Simultaneous / Face-to-Face Encounters and their Topics

Week	Subject	Learning Style*	Reference **
1	Introduction to the coarse and Revision to functional groups in chemistry	Lecture	Biology (chemistry of organic molecules). Mader, 10 <sup>th</sup> edition
2	Introduction to the coarse and Revision to functional groups in chemistry	Lecture	Biology (chemistry of organic molecules). Mader, 10 <sup>th</sup> edition
3	Amino acids: Structure, chemical and physical properties	Lecture	Champe and Harvey. Biochemistry: illustrated reviews. 3 <sup>rd</sup> Edition (2004). Lippincott Williams & Wilkins.
4	Amino acids: Structure, chemical and physical properties	Lecture	Champe and Harvey. Biochemistry: illustrated reviews. 3 <sup>rd</sup> Edition (2004). Lippincott Williams & Wilkins.
5	Classification of proteins according to shape, colloidal nature and denaturation	Lecture	Champe and Harvey. Biochemistry: illustrated reviews. 3 <sup>rd</sup> Edition (2004). Lippincott Williams & Wilkins.
6	Classification of proteins according to shape, colloidal nature and denaturation	Lecture	Champe and Harvey. Biochemistry: illustrated reviews. 3 <sup>rd</sup> Edition (2004). Lippincott Williams & Wilkins.
7	Buffers: Definition, constituents, and clinical correlation	Lecture	Marks, Marks and Smith. Basic Medical Biochemistry. 3 <sup>rd</sup> Edition (2003). Lippincott Williams & Wilkins.
8	Buffers: Definition, constituents, and clinical correlation	Lecture	Marks, Marks and Smith. Basic Medical Biochemistry. 3 <sup>rd</sup> Edition (2003). Lippincott Williams & Wilkins.
9	Factors affecting enzyme activity, inhibition of enzymes, regulation of enzymes, and clinical correlation <b>Midterm Exam</b>	Lecture	Marks, Marks and Smith. Basic Medical Biochemistry. 3 <sup>rd</sup> Edition (2003). Lippincott Williams & Wilkins.
10	Factors affecting enzyme activity, inhibition of enzymes, regulation of enzymes, and clinical correlation	Lecture	Marks, Marks and Smith. Basic Medical Biochemistry. 3 <sup>rd</sup> Edition (2003). Lippincott

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			Williams & Wilkins.
11	Lipids: Definition, classification and function, fats, fatty acids, Clinical correlation: Biologically active fatty acid-derived compounds	Lecture	Champe and Harvey. Biochemistry: illustrated reviews. 3 <sup>rd</sup> Edition (2004). Lippincott Williams & Wilkins.
12	Lipids: Definition, classification and function, fats, fatty acids, Clinical correlation: Biologically active fatty acid-derived compounds	Lecture	Champe and Harvey. Biochemistry: illustrated reviews. 3 <sup>rd</sup> Edition (2004). Lippincott Williams & Wilkins.
13	Digestion and absorption: Salivary digestion, gastric digestion, intestinal digestion, and role of pancreatic, bile and intestinal juices in digestion	Lecture	Sackheim and Lehman. Chemistry for the Health Sciences. 8 <sup>th</sup> Edition (2000) Macmillan Publishing Company
14	Digestion and absorption: Salivary digestion, gastric digestion, intestinal digestion, and role of pancreatic, bile and intestinal juices in digestion	Lecture	Sackheim and Lehman. Chemistry for the Health Sciences. 8 <sup>th</sup> Edition (2000) Macmillan Publishing Company
15	Carbohydrate, lipid, protein metabolism	Lecture	Sackheim and Lehman. Chemistry for the Health Sciences. 8 <sup>th</sup> Edition (2000) Macmillan Publishing Company
16	Final Exam		

\* Learning styles: Lecture, flipped learning, learning through projects, learning through problem solving, participatory learning ... etc.

\*\* Reference: Pages in a book, database, recorded lecture, content on the e-learning platform, video, website ... etc.

#### Schedule of Asynchronous Interactive Activities (in the case of e-learning and blended learning)

Week	Task / Activity	Reference	Expected Results
1	Watch a recorded lecture	Video on the E-learning platform	Answer questions embedded in the video / Assignment
2	Watch a recorded lecture	Video on the E-learning platform	Answer questions embedded in the video / Assignment
3	Watch a recorded lecture	Video on the E-learning platform	Answer questions embedded in the video / Assignment
4	Watch a recorded lecture	Video on the E-learning platform	Answer questions embedded in the video / Assignment
5	Self-study	A selected topic	Assignment
6	Watch a recorded lecture	Video on the E-learning platform	Answer questions embedded in the video / Assignment
7	Watch a recorded lecture	Video on the E-learning platform	Answer questions embedded in the video / Assignment
8	Self-study	A selected topic	Assignment
9	Midterm Exam	-	-
10	Watch a recorded lecture	Video on the E-learning platform	Answer questions embedded in the video / Assignment

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11	Watch a recorded lecture	Video on the E-learning platform	Answer questions embedded in the video / Assignment
12	Watch a recorded lecture	Video on the E-learning platform	Answer questions embedded in the video / Assignment
13	Self-study	A selected topic	Assignment
14	Watch a recorded lecture	Video on the E-learning platform	Answer questions embedded in the video / Assignment
15	Watch a recorded lecture	Video on the E-learning platform	Answer questions embedded in the video / Assignment
16	<b>Final Exam</b>	-	-