



" عراقة وجودة" "Tradition and Quality"

Course Plan for Bachelor Program - Study Plan Development and Updating Procedures/ Pharmacy Department

QF02/0408-4.0E

Study Plan No.	2021/2022 University Specialization		lization	Bachelor of Pharmacy		
Course No.	0201	219	Course Name		Biochem	istry
Credit Hours	3		Prerequisite *Co-requisite		Pharmaceutics Chemistr + Anatomy and (2)	y (2)
Course Type	☐ Manda tory Univer sity Requir ement	☐ University Elective Requirement	□ Faculty Mandatory Requiremen t	☐ Support course family require ments	☑ Mandator y Requirem ent	☐ Elective Require ment
Teaching Style	☐ Full Onlin	e Learning	☐ Blended Learning			ditional earning
Teaching Model	☐ 1 Synchro Asynchron			o Face: 1 aronous	☑ 2 Tr	aditional

Faculty Member and Study Divisions Information (to be filled in each semester by the subject instructor)

Name	Academic rank	Office No.	Phone No. E-mail		ail
Office Hours (Days/Time)	Sunday, Tuesday, Thursday ()		Monday, Wednesday ()		
Division number	Time	Place	Number of Students	Teaching Style	Approved Model
				Traditional Learning	2 Traditional

Brief Description

This course provides an overview of the key aspects of biochemistry by relating molecular interactions to their effects on the human body as a whole. The course covers the structural organization, function, and metabolism of the three major biomolecules: proteins, carbohydrates, and lipids, with emphasis on their interrelations, as well as their homeostatic regulation. It also elucidates the fundamental concepts of enzyme activities and kinetics. Moreover, it discusses the basic concepts of bioenergetics.

Learning Resources

Course Book Information (Title, author, date of issue, publisher etc)	 Lehninger's principles of Biochemistry 6th edition, edited by Nelson D.L. and Cox Michael.M., 2013, Freeman. Lippincott Illustrated Reviews: Biochemistry 5th edition, edited by Harvey R.A., 2010, Lippincott Williams & Wilkins.
Supportive Learning Resources (Books, databases, periodicals, software, applications, others)	1. Marks' basic medical biochemistry :a clinical approach / Michael Lieberman, Allan Marks ; illustrations by Mathew Chansky.—3rd ed Copyright © 2009 2. Harper's Illustrated Biochemistry, 29e Robert K. Murray, David A Bender, Kathleen M. Botham, Peter J. Kennelly, Victor W. Rodwell, P. Anthony Weil. Copyright © 2012 by The McGraw-Hill Companies, Inc
Supporting Websites	





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The Physical Environment for Teaching	☑ Classroom	□ Labs	☑ Virtual Educationa l Platform	□ Others		
Necessary Equipment and Software	cessary Moodle uipment and					
Supporting People with Special Needs	upporting People					
For Technical Support	r Technical E-learning & Open Educational Resources Center					

Course learning outcomes (K= Knowledge, S= Skills, C= Competencies)

No.	Course Learning Outcomes	The Associated Program Learning Output Code			
The s	tudent should be able to:				
K1	Delineate structure, function, and interrelationship of various biomolecules (proteins, carbohydrates, lipids) and correlate with the associated disorders.	MK3			
K2	Summarize the fundamental aspects of enzymes kinetics and identify the different types of enzyme inhibitors.	MK3			
К3	Discuss the main concepts of bioenergetics and oxidative phosphorylation of biomolecules.	MK3			
K4	Describe the major pathways involved in carbohydrates, lipids & proteins metabolism and their homeostatic regulation.	MK3			
K5	Explain metabolic effects of insulin (in well-fed state) and glucagon (in stress-state).	MK3			
Skills					
The s	student should be able to:				
S1	Relate the biochemical events at the cellular level to the physiological processes occurring in the whole body.	MS2			
S2	Integrate metabolic pathways of the three major dietary components and analyze the complete integrated metabolic map.	MS2			
S3	Interpret common metabolic abnormalities and relate them to possible causes and mechanisms.	MS2			
Competencies The student should be able to:					
C1	Develop student professional and personal performance by following up on lectures and completing assignments on time, and the ability to be self-motivated learners and responsive to feedback.	MC1			

Mechanisms for Direct Evaluation of Learning Outcomes

Type of Assessment / Learning Style	Fully Electronic Learning	Blended Learning	Traditional Learning (Theory Learning)	Traditional Learning (Practical Learning)
Midterm Exam	30%	30%	30%	0%
Participation / Practical	0	0	20%	50%





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Applications				
Asynchronous				
Interactive	20%	20%	0	0
Activities				
Final Exam	50%	50%	50%	50%

Note 1: Asynchronous interactive activities are activities, tasks, projects, assignments, research, studies, projects, and work within student groups ... etc, which the student carries out on his own, through the virtual platform without a direct encounter with the subject teacher.

Note 2: According to the Regulations of granting Master's degree at Al-Zaytoonah University of Jordan, 40% of final evaluation goes for the final exam, and 60% for the semester work (examinations, reports, research or any scientific activity assigned to the student).

Schedule of Simultaneous / Face-to-Face Encounters and their Topics

Week	Subject	Learning Style*	Reference **
1	Amino Acids Peptides and Protein	Traditional	 Lehninger's principles of Biochemistry – Chapter 3 Section: 1,2 Lippincott Illustrated Reviews: Biochemistry- Chapter 1
2	Structure of Protein	Traditional	 Lehninger's principles of Biochemistry –
3	Protein function	Traditional	 Lehninger's principles of Biochemistry –
4	Enzymes as Catalysts Regulation of Enzymes	Traditional	- Lehninger's principles of Biochemistry – Chapter 6 Section: 1,2,3,5 - Lippincott Illustrated Reviews: Biochemistry- Chapter 5
5	Bioenergetics Electron-Transport Chain	Traditional	- Lehninger's principles of Biochemistry – Chapter 13 Section: 1,4–Chapter 19





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	Oxidative Phosphorylation		Section: 1,4
	Oxidative I nosphorylation		 Lippincott Illustrated Reviews: Biochemistry- Chapter 6
6	Introduction to Metabolism	Traditional	 Lehninger's principles of Biochemistry – Chapter 12 Section: 1,2 Lippincott Illustrated Reviews: Biochemistry-Chapter 8
7	Chemistry, Digestion and Transport of Carbohydrates	Traditional	 Lehninger's principles of Biochemistry – Chapter 7 Section: 1,2 Lippincott Illustrated Reviews: Biochemistry- Chapter 7
8	Carbohydrates Metabolism : Generation of ATP from Glucose: Glycolysis Tricarboxylic Acid Cycle	Traditional	- Lehninger's principles of Biochemistry – Chapter 14 Section: 1,3- Chapter 16 Section: 1,2,3 - Lippincott Illustrated Reviews: Biochemistry- Chapter 8,9
9	Gluconeogenesis and Maintenance of Blood Glucose Levels Pentose Phosphate Pathway of Glucose Oxidation Midterm Exam	Traditional	 Lehninger's principles of Biochemistry – Chapter 14 Section: 4,5 Lippincott Illustrated Reviews: Biochemistry-Chapter 10, 13
10	Chemistry, Digestion and Transport of Dietary Lipids	Traditional	 Lehninger's principles of Biochemistry – Chapter 17 Section: 1 Lippincott Illustrated Reviews: Biochemistry- Chapter 15
11	Lipid Metabolism: Oxidation of Fatty Acid Synthesis of Fatty Acids, Triacylglycerols and Cholesterol	Traditional	 Lehninger's principles of Biochemistry – Chapter 17 Section: 2 – Chapter 21 Section: 1,2,4 - Lippincott Illustrated





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			Reviews: Biochemistry- Chapter 16,18
12	Ketone Bodies Production and Oxidation Lipoprotein Metabolism	Traditional	 Lehninger's principles of Biochemistry – Chapter 17 Section: 3 Lippincott Illustrated Reviews: Biochemistry-Chapter 18
13	Protein Digestion and Absorption Amino Acids: Disposal of Nitrogen Amino Acid Degradation and Synthesis	Traditional	- Lehninger's principles of Biochemistry – Chapter 18 Section: 1,2,3 - Lippincott Illustrated Reviews: Biochemistry- Chapter 19,20
14	Hormonal Regulation of Metabolism	Traditional	- Lehninger's principles of Biochemistry – Chapter 23 Section: 3
15	Integration of Metabolism	Traditional	- Lippincott Illustrated Reviews: Biochemistry- Chapter 23,24
16	Final Exam		

^{*} Learning styles: Lecture, flipped learning, learning through projects, learning through problem solving, participatory learning ... etc.

Schedule of Asynchronous Interactive Activities (in the case of e-learning and blended learning)

Week	Task / Activity	Reference	Expected Results
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^{**} Reference: Pages in a book, database, recorded lecture, content on the e-learning platform, video, website ... etc.