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Faculty member and study divisions' information (to be filled in each semester by the subject instructor)

Study plan No.	**2025-2026**	University Specialization	**Nursing**
Course No.	**0301404**	Course name	**Geriatric Nursing**
Credit Hours	**3**	Prerequisite Co-requisite	**-**
Level of the course	**All levels**	Language of instruction	**English**
Course type	☐ Mandatory university requirement ☐ University elective requirements	☐ Faculty mandatory requirement ☐ Support course family requirements	☐ Mandatory requirements ☐ **Elective requirement**
Teaching style	☐ **Full online learning**	✓ **Blended learning**	**Traditional learning**
Teaching model	☐ **1 Synchronous: 1 asynchronous**	✓ **1 face to face: 1 asynchronous**	☐ **2 Traditional**

section	Name	Academic rank	Office No.	Phone No.	Office hours	E-mail

Division number	Time	Place	Number of students	Teaching style	Approved model
				blended	**1:1**
				blended	1:1

Brief description

This course provides students with the essential knowledge to deliver comprehensive and safe nursing care to elderly. Emphasis is placed on the principles of health promotion, disease prevention, and maintenance of functional independence in aging population.

Students are introduced to physiologic and psychosocial, and cognitive changes associated with aging and their implications for nursing practice. This course provides students with evidence-based knowledge assist them to enhance their competencies in health assessment, therapeutic communication, medication management, and various nursing interventions across diverse healthcare setting.

This course helps students develop clinical judgment, and provides them with the knowledge necessary to provide safe, preventive, and health promotion care for aging population.

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Learning resources

Course book information (Title, author, date of issue, publisher ... etc)	Williams, P. A. (2023). Basic Geriatric Nursing. 8th ed. Elsevier, St. Louis.
Supportive learning resources (Books, databases, periodicals, software, applications, others)	1. Miller, C. A. (2019). *Nursing for wellness in older adults*. Wolters Klwer, Philadelphia 2. Jordanian Nursing Council. (2016). *National Standards and Core Competencies for Registered Nurse*. Amman, Jordan.
Supporting websites	1. https://www.who.int/ar 2. www.moh.gov.jo 3. www.dos.gov.jo 4. www.cdc.org 5. www.mosd.gov.jo

The physical environment for teaching	– **Class room**	– **Labs**	– **Virtual educational platform**	– **Others**

Necessary equipment and software	• PC and Internet. • SMART SCREEN
Supporting people with special needs	------------------
For technical support	Contact E-learning & Open Educational Resources Center مركز التعلم الإلكتروني ومصادر التعليم المفتوحة First floor –Faculty of Science and Information Technology D. Khalid Jaber Tel: 0795001611 Tel: 064291511 ext. 425 E-mail: k.jaber@zuj.edu.jo

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Course Intended Learning Outcomes (CILOs):

Upon successful completion of this course, students will be able to achieve the following Program and Course Intended Learning Outcomes

PILO #1 Comprehend the basic nursing knowledge needed to provide a safe and effective care environment, and comprehensive nursing care based on research and scientific evidence.	
Course Intended Learning Outcomes (CILO)	1. Recognize the importance of geriatric nursing in promoting safety, and delivering effective, holistic care to older adults across various healthcare settings. 2. Recognize the theoretical foundations and evidence-based recommendations that guide geriatric nursing interventions for older adults and their caregivers. 3. Comprehend health promotion and preventive interventions based on current evidence to meet older adults' and caregivers' needs with respect to social and cultural diversity. 4. Demonstrate critical thinking, clinical decision-making, and analytical skills to promote the physiological and psychological integrity of older adults. 5. Discuss the professional role of geriatric nurses in addressing global health issues such as epidemics, disasters, and aging-related issues.
Concept-based competency (Safe and Effective Care Environment	Professional and Core Values, Professional Growth and Development, Accountability and Responsibility, Advocacy, Client rights, Collaboration, Continuity of Care, Referrals, Concept of management, Case manager, Performance and Quality Improvement, Injury prevention, Use safety devices, Handling hazardous and infection material, safety, Standard precautions/ transmission-based precautions/ surgical asepsis, Member of the Nursing Profession, Evidence-Based Practice, Caring and Spirituality.
Relevant Competency (JNC)	Standard 1 (core competencies 1,2,3,4,5,6)
National framework	MK1
Weight	-
Learning Methods	• Lecture, Questions and Answers, Group Discussion, Problem Solving, Small Groups, Collaborative Learning • Interaction through the e-learning system: self-study of lectures, attendance of short videos, short questions and self-activities.
Evaluation Methods	• Assignments, Interactive Activities, Short Exam, Mid-Term Exam, and final Exam

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Mechanisms for direct evaluation of learning outcomes

Type of assessment / learning style	Fully electronic learning	Blended learning	Traditional Learning (Theory Learning)	Traditional Learning (Practical Learning)
Midterm exam		30%		
Participation interactive learning **(6 activities)**		10%		
Quizzes **(1 quiz)**		10%		
Assignment **(1 assign.)**		10%		
Final exam		40%		

Evaluation Methods:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

Evaluation Activity/Purpose	Covered PILO & CILO(s)	Mark	Topic(s)	Period (Wk)	Platform
Midterm Exam	1	30%	**Introduction to Geriatric Nursing** − Major concepts − Theories of aging − The stereotype image of aging population − Geriatric nursing role − Housing arrangement − Demographics in Jordan − OLDER ADULT HUMAN RIGHT **Health promotion of elderly & Level of prevention** **Physiologic changes** **Health assessment of elderly** − Health history, functional assessment, cognitive tests, depression test- nursing assessment tools **Communication with older adults**	8th	https://exams.zuj.edu.jo
Interactive assignments	1	30%		Weekly All semester	

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| Final exam | 1 | 40% | **Common health problems**
− Alzheimer disease
− Parkinsonism
− Prostate enlargements
Violence and abuse
− Assessment of abused elder
Medications
− Poly-pharmacy
− Medication adherence
Meeting Safety Needs of Older Adults
End-of-Life Care & palliative care | 16th | https://exams.zuj.edu.jo |

Note 1: Asynchronous interactive activities are activities, tasks, projects, assignments, research, studies, projects, and work within student groups ... etc, which the student carries out on his own, through the virtual platform without a direct encounter with the subject teacher.

Note 2: According to the Regulations of granting Master's degree at Al-Zaytoonah University of Jordan, 40% of final evaluation goes for the final exam, and 60% for the semester work (examinations, reports, research or any scientific activity assigned to the student)

Schedule of asynchronous interactive activities (in the case of e-learning and blended learning)

Week	Task/activity	Reference	Expected results
Various according to teacher arrangement	**Examples assignment** • Using artificial intelligence and technology in older care • Sleep for older adults • Activity, exercise • Older adults rights • Older adult and disasters • Communicate with impaired sensory older adult.	Various according to teacher arrangement	To submit the assignment on time. To work within group/or individual based on instructor arrangement Refer to evidence-based resources

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Schedule of simultaneous / face-to-face encounters and their topics

Wk	Subject	learning style*	Reference **
1.	– Introduction to Geriatric Nursing – Major concepts	Interactive lecturing Questions and answers	**Williams P:1-P: 29**
2.	– Theories of aging – The stereotype image of aging population		**https://www.nia.nih.gov/health/healthy-aging** miller p:10
3.	– Geriatric nursing role	Discussion	**Williams-p:21,25, Miller p:88**
	– Housing arrangement	**Discussion**	**Williams p: 13 Miller p:88**
4.	– Demographics in Jordan – Health promotion of elderly – Level of prevention	**Interactive lecturing**	**http://dos.gov.jo Williams p: 78**
5.	– Physiologic changes	– Self stufy – Interaction through el-learning	**Williams p:33**
6.	– Health assessment of elderly – Health history, functional assessment, cognitive tests, depression test- nursing assessment tools	– Interactive lecturing – Group discussion	**Williams p:158**
7.	Older Adult Human Rights	–	
8.	**MIDTERM EXAM**		
9.	– Communication with older adults	– Short questions and self activities	**Williams p: 95**
10. 11.	– Common health problems – Alzheimer disease – Parkinsonism – Prostate enlargements –	Interactive lecturing Watch video/movies	**Williams Varies, look at the content page Varies open resources**
12.	– Violence and abuse – Assessment of abused elder	– interactive lecturing – self-activities	**Miller p: 163**

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13.	– Medications – Poly-pharmacy – Medication adherence	– interactive lecturing – questions and answers	**Williams p: 140**
14.	– Meeting Safety Needs of Older Adults	– self-study	**Williams p: 174** **Miller 464**
15.	– PALLIATIVE AND End-of-Life Care	– Interactive lecturing – questions and answers	**Williams p:325** **Williams P:353**
16.	–	–	
17.	– **Final exam**	–	

* Learning styles: Lecture, flipped learning, learning through projects, learning through problem-solving, participatory learning ... etc.

** Reference: Pages in a book, database, recorded lecture, content on the e-learning platform, video, website ... etc.

course Intended Learning Outcomes Matrix		
Course Name: Geriatric Nursing		
Course Number:		
PILO #1: Comprehend the basic nursing knowledge needed to provide a safe and effective care environment, and comprehensive nursing care based on research and scientific evidence.		
CILOs	1. Recognize the importance of geriatric nursing in promoting safety, and delivering effective, holistic care to older adults across various healthcare settings.	
	2. Recognize the theoretical foundations and evidence-based recommendations that guide geriatric nursing interventions for older adults and their caregivers.	
	3. Comprehend health promotion and preventive interventions based on current evidence to meet older adults' and caregivers' needs with respect to social and cultural diversity.	
	4. Demonstrate critical thinking, clinical decision-making, and analytical skills to promote the physiological and psychological integrity of older adults.	
	5. Discuss the professional role of geriatric nurses in addressing global health issues such as epidemics, disasters, and aging-related issues.	

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Week	Course contents	Intended Learning Outcomes				
		PILO 1				
		CILOS	**1**	**2**	**3**	**4**	**5**
1	Introduction to Geriatric Nursing Major concepts	X				X
2	Theories of aging The stereotype image of aging population	x				X
3	Geriatric nursing role					X
	Housing arrangement	X				X
4	Demographics in Jordan					X
	Health promotion of elderly Level of prevention	X	X	X		
5	Physiologic changes		X	X		
6	Health assessment of elderly, Health history, functional assessment, cognitive tests, depression test- nursing assessment tools	X	X	X		
7	Older adult human rights					X
8. MIDTERM						
9	Communication with older adults	X	X			
10, 11	Common health problems	X	X	X	X	X
12	Violence and abuse Assessment of abused elder	X	X	X	X	
13	Medications Poly-pharmacy Medication adherence		X	X		
14	Meeting Safety Needs of Older Adults	X	X			
15	End-of-Life Care & palliative care		X		X	
16	FINAL EXAM					

Head of Department: **Course coordinator:**

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	Learning Methods Matrix					
	Course Name: Geriatric Nursing					
	Course Number: 0301404					
	Learning Methods: Interactive lecturing, group discussion, problem-based learning, case scenarios, Interactive learning					
		Course Learning Methods				
Week	**Course contents**	lecturing QUESTIIS ANSD ANSWERS	Group discussion	Small Groups	Collaborative Learning	Interactive learning/VIRDEO
1	Introduction to Geriatric Nursing Major concepts	X		X		
2	Theories of aging The stereotype image of aging population		X	X		
3	Geriatric nursing role		X	X		
	Housing arrangement		X	X		
4	Demographics in Jordan	X		X		
	Health promotion of elderly Level of prevention	X		X		X
5	Physiologic changes			X	X	
6	Health assessment of elderly Health history, functional assessment, cognitive tests, depression test- nursing assessment tools	X	X	X		
7	Older adult human rights			X		
8	MIDTERM EXAM					
9	Communication with older adults			X		
10,11	Common health problems	X		X		X
12	Violence and abuse Assessment of abused elder	X		X		
13	Medications Poly-pharmacy Medication adherence	X		X		
14	Meeting Safety Needs of Older Adults			X	X	
15	End-of-Life Care & palliative care	X		X		X
Course coordinator: Andaleeb M. Abu Kamel			**Head of Department:**			