



"التمريض جو هر الحياة"
"Nursing is the Essence of Life"

" عراقة وجودة" "Tradition and Quality"

QF03/0408-4.0E	Course Plan for Bachelor program - Study Plan Development and Updating Procedures/
	Nursing Department

Study plan No.	2025-2026	University Specialization	Nursing	
Course No.	0301433	Course name	Administration and Leadership in Nursing (Theory)	
Credit Hours	3	Prerequisite Co-requisite	-	
Level of the course	4th years	Language of instruction	English	
Course type	☐ Mandatory university elective requirement requirements	☐ Faculty ☐ Support course family requirement		
Teaching style	☐ Full online learning	Blended learning	Traditional learning	
Teaching model	☐ Synchronous: 1asynchronous	1 face to face: 1 asynchronous	2 Traditional	

# Faculty member and study divisions' information (to be filled in each semester by the subject instructor)

	ictor)				1		
Section	Name	Academic rank	Office No.	Phone	Office	E-m	ail
				No.	hours		
1							
	Other instructors	Academic rank	Office No.	Phone No.	Office hours	E-m	ail
	Division number	Time	Dlago	Number of		Teaching	Approved
		Time	Place	stude	ents	style	model
1						Traditional	2
2						Traditional	2
3						Traditional	2
	4					Traditional	2
	5					Traditional	2





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#### **Brief description**

This course is organized to provide the theoretical background that help nursing understand the principles of nursing leadership and management. It is designed to teach students with the managerial and leadership skills including the management process; planning, organizing, directing and controlling, through which students can expect their future roles. This course is interactive and encouraging students to contribute in class discussions and case scenarios.

**Learning resources** 

Course book information (Title outbor data of issue	1. Sullivan, E.J. (2018). Effective leadership and management in nursing,			
(Title, author, date of issue, publisher etc.)	(9th ed.). New Jersey: Pearson Education, Inc.			
Supportive learning resources (Books, databases, periodicals, software, applications, others)	Samson, R. (2025). Leadership and management in nursing practice and education. Jaypee.  Roussel, L.A. (2020). Management and Leadership for Nurse Administrators, 8th edition, Jones & Barlett Learning.  Ellis, P. (2019). Leadership, Management and Team Working in Nursing, 3rd edition, Sage Publishing.  Rundio. (2019). Nurse Management & Executive Practice, Iww.  Northhouse, P. (2019). Leadership Theory and Practice, 8th edition, Sage publishing.  Weberg. (2019). Leadership in Nursing Practice: Changing the landscape of Health care, 3rd edition, Jones & Barlett Learning.			
Supporting websites	http://www.worldcat.org/oclc/960964818. https://au.reachout.com/. headtohealth.gov.au. https://headspace.org.au/.			
The physical environment for teaching	✓ Class room	labs	✓ Virtual educational platform	□ Others
Necessary equipment and software	<ul><li>Web sites and</li><li>Data-show</li></ul>	Internet.		
Supporting people with special needs				
For technical support	Contact the e-learning center and open resources			



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QF03/0408-4.0E	Nursing Department		
	First floor – faculty of science and information technology		
	Dr. kaled jaber		
	Tel: 064291511. Ext. 425		
	e-mail: <u>k.jaber@zuj.edu.jo</u>		

#### **Course Intended Learning Outcomes (CILOs):**

Upon successful completion of this course, students will be able to achieve the following Program and Course Intended Learning Outcomes

PILO #1: Comprehend the basic nursing knowledge needed to provide a safe and effective care environment, and comprehensive nursing care based on research and scientific evidence.





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QF03/0408-4.0E	Course Plan for Bachelor program - Study Plan Development and Updating Procedures/ Nursing Department
Course Intended Learning Outcomes (CILO)	Describe the nursing care practices and leadership roles associated withvarious managerial functions to provide safe and effective care.      Differentiate leadership roles and management functions to integrate both in most contemporary leadership positions.      Relate the appropriate evidence-based managerial functions and leadership roles to meet the health care services and staff needs
Concept based competency1: (Safe and Effective Care Environment)	Professional and Core Values, Professional Growth and Development, Accountability and Responsibility, Advocacy, Client rights, Collaboration, Continuity of Care, Referrals, Concept of management, Case manager, Performance and Quality Improvement, Injury prevention, Use safety devices, Handling hazardous and infection material, safety, Standard precautions/ transmission-based precautions/ surgical asepsis, Member of the Nursing Profession, Evidence-Based Practice, Caring and Spirituality.
Relevant Competency (JNC)	Standard 1 (core competencies 1,2,3,4,5,6), Standard 3 (core competencies 1,2,3,4), Standard 4 (core competencies 1,2,3,4), Standard 5 (core competencies 1,2), Standard 6 (core competencies 1,2,3).
National framework	MK1.
Weight	35%
Learning Methods	Lecture, Questions and Answers, Group Discussion, Problem Solving, Small Groups, Collaborative Learning
<b>Evaluation Methods</b>	Assignments, and class participation, Short Exam, Mid-Term Exam, and final Exam





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	bility to communicate and develop effective strategies to promote and prevent diseases, while considering social and cultural diversity.
Course Intended Learning Outcomes (CILO)	<ol> <li>Propose effective plans for the implementation of selected strategies across a wide range of the organizational domains and levels, focusing on vulnerable populations, and considering their different social and culturaldiversity.</li> <li>Discuss the use of effective managerial communication competencies with staff and clients from different social and cultural backgrounds aiming to promote and maintain client's health.</li> </ol>
Concept based competency1: (Safe and Effective Care Environment)	Professional and Core Values, Professional Growth and Development, Accountability and Responsibility, Advocacy, Client rights, Collaboration, Continuity of Care, Referrals, Concept of management, Case manager, Performance and Quality Improvement, Injury prevention, Use safety devices, Handling hazardous and infection material, safety, Standard precautions/ transmission-based precautions/ surgical asepsis, Member of the Nursing Profession, Evidence-Based Practice, Caring and Spirituality
Relevant Competency (JNC) National framework	Standard (7.1, 7.2, 7.3, 7.4, 7.5). MC1.
Weight	20%
Learning Methods	Lecture, Questions and Answers, Group Discussion, Problem Solving, Small Groups, Collaborative Learning
<b>Evaluation Methods</b>	Assignments, and class participation, Short Exam, Mid-Term Exam, and final Exam





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	PILO # 5: Demonstrate the ability to maintain the physiological integrity of patients while providing high quality nursing care.		
Course Intended Learning Outcomes	1. Recognize managerial knowledge both as a leader and as a member of a health team to achieve maximum physiological integrity for the client.		
(CILO)	2. Evaluate strategies of change that could be used in the nursing department to maintain quality improvement.		
Concept based competency1: (Safe and Effective Care Environment)	Professional and Core Values, Professional Growth and Development, Accountability and Responsibility, Advocacy, Client rights, Collaboration, Continuity of Care, Referrals, Concept of management, Case manager, Performance and Quality Improvement, Injury prevention, Use safety devices, Handling hazardous and infection material, safety, Standard precautions/ transmission-based precautions/ surgical asepsis, Member of the Nursing Profession, Evidence-Based Practice, Caring and Spirituality		
Relevant Competency (JNC)	Standard (7.1, 7.2, 7.3, 7.4, 7.5).		
National framework	MC2.		
Weight	15%		
Learning Methods	Lecture, Questions and Answers, Group Discussion, Problem Solving, Small Groups, Collaborative Learning		
<b>Evaluation Methods</b>	Assignments, and class participation, Short Exam, Mid-Term Exam, and final Exam		

PILO # 6: Demonstrate the ability to maintain the psychological and social integrity of patients and to communicate effectively with clients and healthcare professionals while considering cultural diversity.





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	8 47		
Course Intended Learning Outcomes (CILO)	1. Evaluate the appropriate managerial strategies for actively creating constructive organizational cultures and directing subordinate behavior to achieve both personal and organizational goals, considering communication strategies and cultural context.		
	2. Utilize effective intra and interdisciplinary communication and accurate documentation by using information technology skills to provide quality nursing care for colleagues, patients/clients, and their relatives.		
Concept based competency1: (Safe and Effective Care Environment)	Professional and Core Values, Professional Growth and Development, Accountability and Responsibility, Advocacy, Client rights, Collaboration, Continuity of Care, Referrals, Concept of management, Case manager, Performance and Quality Improvement, Injury prevention, Use safety devices, Handling hazardous and infection material, safety, Standard precautions/ transmission-based precautions/ surgical asepsis, Member of the Nursing		
	Profession, Evidence-Based Practice, Caring and Spirituality		
Relevant Competency (JNC)	Standard (7.1, 7.2, 7.3, 7.4, 7.5).		
National framework	MC3.		
Weight	20%		
Learning Methods	Lecture, Questions and Answers, Group Discussion, Problem Solving,     Small Groups, Collaborative Learning		
<b>Evaluation Methods</b>	Assignments, and class participation, Short Exam, Mid-Term Exam, and final Exam		





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	PILO # 7: Assume responsibility for the development of professional nursing roles that commensurate with global health issues such as pandemics and challenging threats and their impact on the economics of healthcare systems.							
Course Intended Learning Outcomes (CILO)	<ol> <li>Create an appropriate managerial plan based on major global health issues and challenging threats at all phases of nursing care.</li> <li>Illustrate the principles of risk management to develop the appropriate nursing administrative roles considering the economic healthcare system</li> </ol>							
Concept based competency1: (Safe and Effective Care Environment)	Professional and Core Values, Professional Growth and Development, Accountability and Responsibility, Advocacy, Client rights, Collaboration, Continuity of Care, Referrals, Concept of management, Case manager, Performance and Quality Improvement, Injury prevention, Use safety devices, Handling hazardous and infection material, safety, Standard precautions/ transmission-based precautions/ surgical asepsis, Member of the Nursing Profession, Evidence-Based Practice, Caring and Spirituality							
Relevant Competency (JNC)	Implicitly covered through performance, knowledge, resource utilization, and provision of client-centered care							
National framework	MC4.							
Weight	10%							
Learning Methods	Lecture, Questions and Answers, Group Discussion, Problem Solving,     Small Groups, Collaborative Learning							
<b>Evaluation Methods</b>	Assignments, and class participation, Short Exam, Mid-Term Exam, and final Exam							

Mechanisms for direct evaluation of learning outcomes





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Type of assessment / learning style	Fully electronic learning	Blended learning	Traditional Learning (Theory Learning)	Traditional Learning (Practical Learning)
Midterm exam		30%		
Quizzes		10%		
Assignment		10%		
Participation		10%		
Final exam		40%		

#### **Evaluation Methods:**

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

Evaluation Activity/Purpose	Covered PILO	Mark	Topic(s)	Period (Week)	Platform
Midterm Exam	1&2	30%	<ul> <li>Introducing Nursing Management</li> <li>Designing Organization</li> <li>Delivering Nursing Care</li> <li>Leading, Managing, Following</li> <li>Initiating and Managing Change</li> <li>Managing and Improving Quality</li> <li>Staffing and scheduling</li> <li>Understanding Power and Politics</li> <li>Delegating Successfully</li> <li>Building and Managing Teams</li> <li>Decision making and problem solving</li> <li>Budgeting and Managing Fiscal Resources</li> <li>Motivating and Developing Staff</li> <li>Evaluating staff performance</li> <li>Informatics</li> </ul>		https://ex ams.zuj.e du.jo/
Assignment		10%			
		10%			
Participation	ALL	10%			





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Final	1&2 40%	All Tonics	Week 16

**Note 1:** Asynchronous interactive activities are activities, tasks, projects, assignments, research, studies, projects, and work within student groups ... etc. which the student carries out on his own, through the virtual platform without a direct encounter with the subject teacher.

**Note 2:** According to the Regulations of granting Master's degree at Al-Zaytoonah University of Jordan, 40% of final evaluation goes for the final exam, and 60% for the semester work (examinations, reports, research or any scientific activity assigned to the student).

#### Schedule of simultaneous / face-to-face encounters and their topics

Week	Subject	learning methods*	Reference **
1 & 2	Introduction to course syllabus and course requirements.  Introducing Nursing Management	<ul> <li>✓ Lecture, Questions and Answers</li> <li>✓ Group Discussion</li> <li>✓ Problem Solving, Small Groups</li> <li>✓ Collaborative Learning</li> </ul>	(Ch.1)
3&4	Designing Organization	<ul> <li>✓ Lecture, Questions and Answers</li> <li>✓ Group Discussion</li> <li>✓ Problem Solving, Small Groups</li> <li>✓ Collaborative Learning</li> </ul>	(Ch.2)
5	Delivering Nursing Care	<ul> <li>✓ Lecture, Questions and Answers</li> <li>✓ Group Discussion</li> <li>✓ Problem Solving, Small Groups</li> <li>✓ Collaborative Learning</li> </ul>	(Ch.3)
6	Leading, Managing, Following	<ul><li>✓ Lecture, Questions and Answers</li><li>✓ Group Discussion</li></ul>	(Ch.4)





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			✓ Problem Solving, Small Groups ✓ Collaborative Learning					
7			naging Change  ✓ Lecture, Questions and Answers  ✓ Group Discussion  ✓ Problem Solving, Small Groups  ✓ Collaborative Learning					
8 Managin		aging and Improving Quality		Lecture, Questions and Answers Group Discussion Problem Solving, Small Groups Collaborative Learning	(Ch.6)			
9&10	Staffing and scheduling			Lecture, Questions	(Ch.7)			
	Und	erstanding Power and Politics	✓ ✓	and Answers Group Discussion Problem Solving, Small Groups Collaborative Learning	(Ch.12)			
11	Delegating Successfully			Lecture, Questions and Answers Group Discussion Problem Solving, Small Groups Collaborative Learning	(Ch.10)			
12	Bu	ilding and Managing Teams	✓ ✓ ✓	Lecture, Questions and Answers Group Discussion Problem Solving, Small Groups Collaborative	(Ch.11)			





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		Learning	
13&1	Decision making and problem solving	✓ Lecture, Questions	(Ch.14)
4		and Answers	
	Budgeting and Managing Fiscal	✓ Group Discussion	(Ch.16)
	Resources	✓ Problem Solving,	
		Small Groups	
		✓ Collaborative	
		Learning	
15	Motivating and Developing Staff	✓ Lecture, Questions	(Ch.17)
		and Answers	
		✓ Group Discussion	
		✓ Problem Solving,	
		Small Groups	
		✓ Collaborative	
		Learning	
16	Evaluating staff performance	✓ Lecture, Questions	(Ch.18)
		and Answers	
	informatics	✓ Group Discussion	
		✓ Problem Solving,	
		Small Groups	
		✓ Collaborative	
		Learning	

<sup>\*</sup> Learning methods: Lecture, flipped learning, learning through projects, learning through problem solving, participatory learning ... etc.

# Course Intended Learning Outcomes Matrix

Course Name: Administration and Leadership in Nursing (Theory)

Course Number: 0301433

PILO #1: Comprehend the basic nursing knowledge needed to provide a safe and effective care environment, and comprehensive nursing care based on research and scientific evidence.

<sup>\*\*</sup> Reference: Pages in a book, database, recorded lecture, content on the e-learning platform, video, website ... etc.





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CILO S	<ul> <li>Describe the nursing care practices and leadership roles associated withvarious managerial functions to provide safe and effective care.</li> <li>Differentiate leadership roles and management functions to integrate both in most contemporar leadership positions.</li> <li>Relate the appropriate evidence-based managerial functions and leadership roles to meet the state of th</li></ul>
PΠ Ω #Λ• 9	health care services and staff needs now the ability to communicate and develop effective strategies to promote and maintain
	prevent diseases, while considering social and cultural diversity.
CILO S	<ul> <li>Propose effective plans for the implementation of selected strategies across a wide range of the organizational domains and levels, focusing on vulnerable populations, and considering their different social and cultural diversity.</li> </ul>
	• Discuss the use of effective managerial communication competencies with staff and clients from different social and cultural backgrounds aiming to promote and maintain client's health.
	emonstrate the ability to maintain the physiological integrity of patients while providing nursing care.
CILO	• Recognize managerial knowledge both as a leader and as a member of a health team to achieve maximum physiological integrity for the client.
S	• Evaluate strategies of change that could be used in the nursing department to mainta quality improvement.
	emonstrate the ability to maintain the psychological and social integrity of patients and the effectively with clients and healthcare professionals while considering cultural diversity
CI L OS	• Evaluate the appropriate managerial strategies for actively creating constructive organizational cultures and directing subordinate behavior to achieve both personal and organizational goals, considering communication strategies and cultural context.
35	<ul> <li>Explain effective intra and interdisciplinary communication and accurate documentation by using information technology skills to provide quality nursing care for colleagues, patients/clients, and their relatives.</li> </ul>

PILO # 7: Assume responsibility for the development of professional nursing roles that commensurate with global health issues such as pandemics and challenging threats and their impact on the economics of healthcare systems.





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CILO S	cha • Illu	eate an appropriate ma allenging threats at all astrate the principles ministrative roles cons	phases of risk	nur ma	sing anag	care eme	nt to	develo	op the			e ni	ırsing	
Week	Course	Course contents Intended Learning Outcomes												
			PILOS		PIL	01	PIL	O 4	PILO	O 5	PI	LO 6	PIL	. <mark>O7</mark>
			CILOS	1	2	3	1	2	1	2	1	2	1	2
1 &2	requiremen	ntroduction to course syllabus and course equirements.  ntroducing Nursing Management			X	X							X	
3-4	_	ng Organization ing Nursing Care					X	X	X		X	X	X	X
5-7	Initiatin	eading, Managing, Following itiating and Managing Change ecision making and problem solving				X				X	X	X	X	X
8	Under	staffing and scheduling standing Power and Polegating Successfully	olitics							X		X	X	
9-10	Buil	ding and Managing Tegeting and Managing I Resources	eams						X				X	
11-14		rating and Developing sluating staff performatics									X		X	





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# **Learning Methods Matrix**

Course Name: Administration and Leadership in Nursing (Theory)

Course Number: 0301433

Learning methods: Lecture, Questions and Answers, Group Discussion, Problem Solving, Small

Groups, Collaborative Learning

Week	Week Course contents Course Teaching methods							
		Lecture, Q & A	Group Discussion	Problem Solving	Small Groups	Collaborative Learning		
1 &2	Introduction to course syllabus and course requirements.  Introducing Nursing	X	X					
	Management							
3&4	Designing Organization	X	X	X	X	X		
5	Delivering Nursing Care	X	X	X				
6	Leading, Managing, Following	X	X	X	X	X		
7	Initiating and Managing Change	X	X	X	X	X		
8	Staffing and scheduling Understanding	X	X	X	X	X		
0.010	Power and Politics	37	37	37	37	37		
9&10	Managing and Improving Quality	X	X	X	X	X		
11	Delegating Successfully	X		X	X			





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12	Building and Managing Teams		X		X	X					
13&14	Budgeting and Managing Fiscal Resources		X		X	X					
15	Motivating and Developing Staff		X		X	X					
16	Evaluating performan informatic	ice	X		X	X					
	Head of the Department: Dr. Khaldoun Abudaat			Cours	Course Coordinator:						