



جامعة الزيتونة الأردنية
Al-Zaytoonah University of Jordan
كلية التمريض
Faculty of Nursing



"التمريض جوهر الحياة"
"Nursing is the Essence of Life"

"عراقة وجودة"
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QF03/0408-4.0E	Course Plan for Bachelor program - Study Plan Development and Updating Procedures/ Nursing Department
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Study plan No.	2025-2026	University Specialization	Nursing
Course No.	0301321	Course name	Gynecology & Maternity Nursing
Credit Hours	3	Prerequisite Co-requisite	Advance Adult Nursing
Level of the course	Third Year	Language of instruction	English
Course type	<input type="checkbox"/> Mandatory university requirement <input type="checkbox"/> University elective requirements	<input type="checkbox"/> Faculty mandatory requirement <input type="checkbox"/> Support course family requirements	<input checked="" type="checkbox"/> Mandatory requirements <input type="checkbox"/> Elective requirements
Teaching style	<input type="checkbox"/> Full online learning <input checked="" type="checkbox"/> Blended learning		<input checked="" type="checkbox"/> Traditional learning
Teaching model	<input type="checkbox"/> 1 Synchronous: 1 asynchronous	<input checked="" type="checkbox"/> 1 face to face: 1 synchronous	<input checked="" type="checkbox"/> 2 Traditional

Faculty member and study divisions' information (to be filled in each semester by the subject instructor)

Section	Name	Academic rank	Office No.	Phone No.	Office hours	E-mail	
Division number		Time	Place	Number of students		Teaching style	Approved model
1						Traditional	2.0
2						Traditional	2.0
3						Traditional	2.0

Brief description

This course is designed for undergraduate nursing students. It is a family-centered course with emphasis on nursing care of women during childbirth period. The focus includes the antepartum, intrapartum, postpartum, and women's health problems in later stages of life. The concept of providing counseling in family planning and family planning methods will be elaborated in the context of family wholeness. A brief overview of the newborn & immediate newborn care will also be introduced to optimize postpartum woman and newborn comfort and meet their needs. The benefit of primary health care needed for the woman and the newborn baby will be explained focus on the health problems, which affect the woman through her reproductive life. Students will be offered an opportunity to utilize critical thinking, and problem solving to achieve optimum benefit.



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Learning resources

Course book information (Title, author, date of issue, publisher ... etc)	<p>Emma J. Crosbie, Louise C. Kenny. (2024). Gynaecology by ten teachers. Boca Raton- CRC Press.</p> <p>Elizabeth A. Layden et al. (2023). Clinical obstetrics and gynaecology. New York, N.Y- Elsevier.</p> <p>Suzan, S. R. (2021). Essentials of Maternity, newborn, and Women's Health Nursing. Fifth edition. Walters Kluwer.</p>			
Supportive learning resources (Books, databases, periodicals, software, applications, others)	<ol style="list-style-type: none"> 1- Emma J. Crosbie, Louise C. Kenny. (2024). Gynaecology by ten teachers. Boca Raton-CRC Press. 2- Elizabeth A. Layden et al. (2023). Clinical obstetrics and gynaecology. New York, N.Y- Elsevier. 3- Suzan, S. R., Terri, K., & Suzan, C. (2021). Maternity and Pediatric Nursing. Fourth Edition. Walters Kluwer 4- Annamma, J. (2019). Maternal & Neonatal Nursing care Plans. Second Edition. The Health Sciences Publisher, New Delhi, London 5- Amy M., O., (2019). Maternity, Newborn, and Women's Health Nursing, A case-Based Approach. Walters Kluwer 6- Nisha Clement. (2018). Textbook of Midwifery and Gynecological Nursing. MEDTECH 7- Kerri, D., S. & Frances, E., L., D. (2017). Women's Gynecologic Health. Third Edition. Jpnas & Bartlett Learning. 8- Susan, Scott, Ricci, Terrikyle and Susan Carman. (2017). Maternity and Pediatric Nursing. 3rd. edition. Walters Kluwer. 9- Jordanian Nursing Council. (2016). National Standards and Core Competencies for Registered Nurse. Amman, Jordan 			
Supporting websites	<p>https://www.khanacademy.org/science/health-and-medicine/human-anatomy-and-physiology/pregnancy/v/pregnancy-physiology-i</p> <p>https://www.khanacademy.org/science/health-and-medicine/human-anatomy-and-physiology/pregnancy/v/preeclampsia</p> <p>https://www.khanacademy.org/science/in-in-class-12-biology-india/xc09ed98f7a9e671b:in-in-human-reproduction/xc09ed98f7a9e671b:in-in-parturition-and-lactation/v/labor-parturition</p> <p>WWW.WHO.INT</p>			
The physical environment for teaching	<input checked="" type="checkbox"/> Class room	<input type="checkbox"/> labs	Virtual educational platform	<input type="checkbox"/> Others
Necessary equipment and software	<ul style="list-style-type: none"> • Web sites and Internet. • Zoom link: • Data-show 			
Supporting people with special needs	-----			



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For technical support	Contact the e-learning center and open resources First floor – Faculty of Science and Information Technology Dr. Khalid Jaber Tel: 064291511. Ext. 425 e-mail: k.jaber@zuj.edu.jo
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Course Intended Learning Outcomes (CILOs)

Upon successful completion of this course, students will be able to achieve the following Program and Course Intended Learning Outcomes

PILO #1: Comprehend the basic nursing knowledge needed to provide a safe and effective care environment, and comprehensive nursing care based on research and scientific evidence.



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**Course Plan for Bachelor program - Study Plan Development and Updating Procedures/
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Course Intended Learning Outcomes (CILO)	<ul style="list-style-type: none"> Understand the scope, and maternal health nursing roles and their relevance to nursing profession. Apply evidence-based findings in planning nursing care to meet the needs of child-bearing family thorough the maternal cycle in safe and effective environment
Concept based competency1: (Safe and Effective Care Environment)	Professional and Core Values, Professional Growth and Development, Accountability and Responsibility, Advocacy, Client rights, Collaboration, Continuity of Care, Referrals, Concept of management, Case manager, Performance and Quality Improvement, Injury prevention, Use safety devices, Handling hazardous and infection material, safety, Standard precautions/ transmission-based precautions/ surgical asepsis, Member of the Nursing Profession, Evidence-Based Practice, Caring and Spirituality.
Relevant Competency (JNC)	Standard 1 (core competencies 1,2,3,4,5,6), Standard 3 (core competencies 1,2,3,4), Standard 4 (core competencies 1,2,3,4), Standard 5 (core competencies 1,2), Standard 6 (core competencies 1,2,3).
National framework	MK1.
Weight	20%
Learning Methods	Lecture, Questions and Answers, Group Discussion, Problem Solving, Small Groups, Collaborative Learning
Evaluation Methods	Assignments, class participation, Short Exam, Mid-Term Exam, Final Exam

PILO #4: Show the ability to communicate and develop effective strategies to promote and maintain health and prevent diseases, while considering social and cultural diversity.



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**Course Plan for Bachelor program - Study Plan Development and Updating Procedures/
Nursing Department**

Course Intended Learning Outcomes (CILO)	<ul style="list-style-type: none"> Organize professional strategies to enhance health promotion, maintenance, and prevention of diseases in all matters of nursing care provided for family during reproductive cycle considering cultural diversity
Concept based competency 2: Health Promotion/ Prevention and Maintenance	Techniques of physical assessment, self-care lifestyle choices, Health Risk Behaviors, Health Screening, Health promotion and disease prevention, Developmental stages and transition, Aging process, Home safety.
Relevant Competency (JNC)	Standard (7.1, 7.2, 7.3, 7.4, 7.5).
National framework	MC1.
Weight	25%
Learning Methods	Lecture, Questions and Answers, Group Discussion, Problem Solving, Small Groups, Collaborative Learning
Evaluation Methods	Assignments, class participation, Short Exam, Mid-Term Exam, Final Exam

PILO #5: Demonstrate the ability to maintain the physiological integrity of patients while providing high quality nursing care.



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**Course Plan for Bachelor program - Study Plan Development and Updating Procedures/
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Course Intended Learning Outcomes CILO	<ul style="list-style-type: none"> Demonstrate ability of critical analysis to develop holistic nursing care plan to ensure physiological integrity for reproductive family
Concept based competency 3: (Physiological Integrity)	<p>A. Basic care and comfort (Assistive devices, Elimination, Mobility and Immobility, Non pharmacological comfort interventions, Nutrition and oral hydration, Personal hygiene, Rest and Sleep, Critical Thinking, Nursing Process / Clinical Competence).</p> <p>B. Pharmacological & Parenteral Therapies (Adverse effects, contradictions, side effects, and interactions of medications, Blood and blood products, Central venous access devices, Medication administration, Dosage calculations, Parenteral and intravenous therapies, Expected actions and outcomes, Pharmacological pain management, Total parenteral nutrition).</p> <p>C. Reduction of Risk Potential (Changes and abnormalities in vital signs, Laboratory values, Diagnostic tests, Potential for alterations in body systems, System-specific assessments, Therapeutic procedures).</p> <p>D. Physiological Adaptation (Fluids and electrolyte imbalances, Hemodynamic, Illness management, Medical emergencies).</p>
Relevant Competency (JNC)	Standard (7.1, 7.2, 7.3, 7.4, 7.5).
National framework	MC2.
Weight	25%
Learning Methods	Lecture, Questions and Answers, Group Discussion, Problem Solving, Small Groups, Collaborative Learning
Evaluation Methods	Assignments, class participation, Short Exam, Mid-Term Exam, Final Exam

PI LO # 6: Demonstrate the ability to maintain the psychological and social integrity of patients and to communicate effectively with clients and healthcare professionals while considering cultural diversity



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Course Intended Learning Outcomes (CILO)	<ul style="list-style-type: none">• Explain nursing goals, diagnosis, and outcome criteria for evaluating the effectiveness of nursing interventions aimed to maintain the client's psychosocial integrity considering communication strategies and cultural context.• Assess psychosocial integrity during preparation of nursing care plan for reproductive families considering cultural context.• Apply effective communication skills for reproductive families with different needs and work effectively with healthcare team during developing nursing care plans.
Concept based competency 4: (Psychosocial Integrity)	Abuse and Neglect, Behavioral Interventions, Chemical and other dependencies and substance abuse disorders, Coping mechanisms, Crisis intervention, Cultural awareness and influences on health, End of life care, Family dynamics, Grief and loss, Mental health concepts, Religious and spiritual influences on health, Sensory and perceptual alterations, Stress management, Support systems, Therapeutic communication, Inter-professional Collaboration and Communication, Verbal, written, and technological communication, Therapeutic environment.
Relevant Competency (JNC)	Standard (7.1, 7.2, 7.3, 7.4, 7.5).
National framework	MC3
Weight	20%
Learning Methods	Lecture, Questions and Answers, Group Discussion, Problem Solving, Small Groups, Collaborative Learning
Evaluation Methods	Assignments, class participation, Short Exam, Mid-Term Exam, Final Exam

PILO # 7: Assume responsibility for the development of professional nursing roles that commensurate with global health issues such as pandemics and challenging threats and their impact on the economics of



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healthcare systems.	
Course Intended Learning Outcomes (CILO)	<ul style="list-style-type: none"> Utilize the recommended reproductive and maternity guidelines for managing major global health issues including challenging and threats.
Concept based competency 5: (Global and Health Economics)	Health care policy, Global disease burden, Migration/ Refugee health, Social determinant of health, Value-based care, Health reform, Health informatics, Health insurance, Equity- justice, Health as a human rights, and Fiscal Responsibility.
Relevant Competency (JNC)	Implicitly covered through performance, knowledge, resource utilization and provision of client centered care
National framework	MC4.
Weight	10%
Learning Methods	Lecture, Questions and Answers, Group Discussion, Problem Solving, Small Groups, Collaborative Learning
Evaluation Methods	Assignments, class participation, Short Exam, Mid-Term Exam, Final Exam

Mechanisms for direct evaluation of learning outcomes

Type of assessment / learning style	Fully electronic learning	Blended learning	Traditional Learning (Theory Learning)	Traditional Learning (Practical Learning)
Semester exam			30%	
Class Participation			10%	
Quiz			10%	
Assignment			10%	
Final exam			40%	
Total			100%	

Evaluation Methods:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:



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Evaluation Activity/Purpose	Covered PILO	Mark	Topic(s)	Period (Week)	Platform
Midterm Exam	1+4+5+7	30%	<ul style="list-style-type: none"> ✓ Course overview, ✓ Introduction/overview of maternity nursing, a framework for maternal health ✓ Anatomy & physiology of reproductive system. ✓ Assessment and caring of intrauterine fetus & maternal women well-beings ✓ Assessment and caring of pregnant woman with normal physiological & psychological changes ✓ Identification of high risk pregnancy , cardiac diseases 	1st -9th week	
Assignments Appendix # 1	All 1+4+5+7	30%	Quiz, assignment and participation	All semester	
Final	All 1+4+5+7	40%	All Topics	16th week of semester	

Note 1: Asynchronous interactive activities are activities, tasks, projects, assignments, research, studies, projects, and work within student groups ... etc, which the student carries out on his own, through the virtual platform without a direct encounter with the subject teacher.

Note 2: According to the Regulations of granting Master's degree at Al-Zaytoonah University of Jordan, 40% of final evaluation goes for the final exam, and 60% for the semester work (examinations, reports, research or any scientific activity assigned to the student).

Grading scale
Schedule of simultaneous / face-to-face encounters and their topics



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Week	Subject	learning styles*	Reference **
1	Course overview, Introduction/overview of maternity nursing, a framework for maternal health	lecture Questions and Answers, Group discussion	Suzan Scott 39
2	Anatomy & physiology of reproductive system.	lecture Questions and Answers	Suzan Scott 69, 185
3	Assessment and caring of intrauterine fetus & maternal women well-beings	Group discussion problem solving	Suzan Scott 301,332,
4	Caring of pregnant woman with normal physiological & psychological changes	Group discussion	Suzan Scott 362
5	Identification of high risk pregnancy , cardiac diseases	lecture Questions and Answers, problem solving	Suzan Scott 698
6	Caring of pregnant woman with sexual infectious diseases	Interactive lecture Questions and Answers, problem solving	Suzan Scott 145
7	Caring of pregnant woman with hematological disorders (anemia)	Problem solving	Suzan Scott 709
8	Caring of pregnant woman with gestational diabetes mellitus	lecture Questions and Answers, problem solving	Suzan Scott 687
9	Midterm Exam 30%		
9	Caring of pregnant woman RH Incompatibility)	lecture Questions and Answers, problem solving	Suzan Scott 892
10	Caring of pregnant woman with pregnancy induced hypertension (PIH).	Problem solving	Suzan Scott, 665, 704,
11	Caring of pregnant woman with bleeding before 24 weeks of pregnancy (abortions, ectopic pregnancy)	Group discussion problem solving	Suzan Scott 642-651
12	Caring of pregnant woman with bleeding after 24 weeks of pregnancy (placenta diseases)	Problem solving	Suzan Scott, 653, 657 660,



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13	Caring of woman during normal childbirth process (stages of labor) Postpartum period	lecture Questions and Answers	Suzan Scott 417 495
15+14	Caring of woman with gynecological disorders Family planning	lecture Questions and Answers, problem solving	Suzan Scott 215, 262 125-131
	Technological Advances in Obstetrics nursing	lecture Questions and Answers, Group discussion	Emma J. (2024)
16	Final Exam 40%		

* Learning styles: Lecture, flipped learning, learning through projects, learning through problem solving, participatory learning ... etc.

** Reference: Pages in a book, database, recorded lecture, content on the e-learning platform, video, website ... etc.

Course Intended Learning Outcomes Matrix
Course Name: Gynecology & maternity Nursing



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Course Number: 0301321	
PILO #1: Comprehend the basic nursing knowledge needed to provide a safe and effective care environment, and comprehensive nursing care based on research and scientific evidence.	
CIL	<ul style="list-style-type: none"> Understand the scope, and maternal health nursing roles and their relevance to nursing profession. Apply evidence-based findings in planning nursing care to meet the needs of child-bearing family thorough the maternal cycle in safe and effective environment
PILO #4: Show the ability to communicate and develop effective strategies to promote and maintain health and prevent diseases, while considering social and cultural diversity.	
CIL	<ul style="list-style-type: none"> Organize professional strategies to enhance health promotion, maintenance, and prevention of diseases in all matters of nursing care provided for family during reproductive cycle considering cultural diversity
PILO #5: Demonstrate the ability to maintain the physiological integrity of patients while providing high quality nursing care.	
CIL	<ul style="list-style-type: none"> Demonstrate ability of critical analysis to develop holistic nursing care plan to ensure physiological integrity for reproductive family
PILO #6: Demonstrate the ability to maintain the psychological and social integrity of patients and to communicate effectively with clients and healthcare professionals while considering cultural diversity	
CIL	<ul style="list-style-type: none"> Explain nursing goals, diagnosis, and outcome criteria for evaluating the effectiveness of nursing interventions aimed to maintain the client's psychosocial integrity considering communication strategies and cultural context. Assess psychosocial integrity during preparation of nursing care plan for reproductive families considering cultural context. Apply effective communication skills for reproductive families with different needs and work effectively with healthcare team during developing nursing care plans.
PILO # 7: Assume responsibility for the development of professional nursing roles that commensurate with global health issues such as pandemics and challenging threats and their impact on the economics of healthcare systems.	
CIL	<ul style="list-style-type: none"> 1- Utilize the impact of global health pandemics to develop professional nursing roles on the economics of healthcare systems.

Week	Course		
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	contents	PILOS	PILO 1	PILO 4	PILO 5		PILO 6			PILO 7
		CILOS	1	1	1	2	1	2	3	1
1	Introduction Overview of maternity nursing, a framework for maternal health		×							
2	Anatomy & physiology of reproductive system.		×							
3	Assessment and caring of intrauterine fetus & maternal women well-beings		×	×	×	×	×	×	×	
4	Caring of pregnant woman with normal physiological & psychological changes		×	×	×	×	×	×	×	
5	Identification of high risk pregnancy , cardiac diseases		×	×	×	×	×			×
6	Caring of pregnant woman with sexual infectious diseases		×	×	×	×	×			×
7	Caring of pregnant woman with hematological disorders (anemia)		×	×	×	×	×	×		
8	Caring of pregnant woman with gestational diabetes		×	×	×	×		×		
9	Midterm Exam 30%									
9	Caring of pregnant woman with pregnancy induced hypertension (PIH).		×	×	×	×	×			
10	Caring of pregnant woman with bleeding before 24 weeks of pregnancy (abortions)		×	×	×	×	×	×	×	
11	Caring of pregnant woman with bleeding after 24 weeks of pregnancy (placenta diseases)		×	×	×	×	×			
12	Caring of woman during normal childbirth process (stages of labor)		×	×	×	×	×	×	×	
13	Caring of woman in postpartum period		×	×	×	×	×	×	×	
14+15	Caring of woman with gynecological problems and Family Planning Technological Advances in Obstetrics nursing		×	×	×	×	×			
16	Final Exam 40%									
رئيس القسم: د. خلدون عبيدات						مقرر المساق: د. نجلاء رومه				



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Learning Methods Matrix					
Course Name: Gynecology & Maternity Nursing					
Course Number: 0301321					
Learning methods: Lecture, Questions and Answers, Group Discussion, Problem Solving, Small Groups, Collaborative Learning					
Week	Course contents	Course Learning Methods			
		Lecture, Questions and Answers	Group Discussion	Problem Solving	
1	Introduction Overview of maternity nursing, a framework for maternal health	X	X		
2	Anatomy & physiology of reproductive system.	X			
3	Assessment and caring of intrauterine fetus & maternal women well-beings		X	X	
4	Caring of pregnant woman with normal physiological & psychological changes		X		
5	Identification of high risk pregnancy , cardiac diseases	X		X	
6	Caring of pregnant woman with sexual infectious diseases	X		X	
7	Caring of pregnant woman with hematological disorders (anemia)			X	
8	Caring of pregnant woman with cardiovascular disorders	X		X	
9	Midterm Exam 30%				
9	Caring of pregnant woman with pregnancy induced hypertension (PIH).	X		X	
10	Caring of pregnant woman with bleeding before 24 weeks of pregnancy (abortions)			X	
11	Caring of pregnant woman with bleeding after 24 weeks of pregnancy (placenta diseases)		X	X	
12	Caring of pregnant woman with bleeding before 24 weeks of pregnancy (abortions)			X	



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13	Caring of pregnant woman with bleeding after 24 weeks of pregnancy (placenta diseases)	X				
	Caring of woman during normal childbirth process (stages of labor) and normal postpartum period	X		X		
15+14	Caring of woman with gynecological problems and Family Planning.	X		X		
	Technological Advances in Obstetrics nursing.	X	X			
16	Final Exam 40%					
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