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QF03/0408-4.0E	Course Plan for Bachelor program - Study Plan Development and Updating Procedures/ Nursing Department

Faculty member and study divisions' information (to be filled in each semester by the subject

Study plan No.	2025-2026	University Specialization	Nursing
Course No.	0301106	Course name	Principles of Nursing and Professional communication
Credit Hours	3	Prerequisite Co-requisite	-
Level of the course	1st year	Language of instruction	English

Course type	☐Mandatory university requirement	☐ University elective requirements	☐ Faculty mandatory requirement	☐ Support course family requirements	✓ Mandatory requirements	☐ Elective requirements
Teaching style	☐ Full online learning		☐ Blended learning		✓ Traditional learning	
Teaching model	☐ 1Synchronous: 1asynchronous		☐ 1 face to face: 1synchronous		✓ 1 Traditional	

Faculty member and study divisions' information (to be filled in each semester by the subject instructor)

Section	Name	Academic rank	Office No.	Phone No.	Officehours	E. mail
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						

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Division number	Time	Place	Number of students	Teachng style	Approved model
1.				**Traditional**	1
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					

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Brief description

This course introduces first-year nursing students to the foundations of professional nursing and the principles of therapeutic communication. Topics include the history and values of nursing, professional roles and responsibilities, ethics, legal aspects, advocacy, and documentation. Students will develop essential communication skills with patients, families, and healthcare teams, with attention to cultural diversity, interprofessional collaboration, and self-care. The course also covers infection control, health promotion, and an introduction to health informatics and artificial intelligence in nursing practice.

Learning resources

Course book information (Title, author, date of issue, publisher ... etc)	**Main Textbooks:** Berman, A., Snyder, S., & Frandsen, G. (2022). Kozier & Erb's Fundamentals of Nursing: Concepts, Process, and Practice. (11th ed., Global Edition). Pearson. Boggs, K. U. (2016). Interpersonal Relationships: Professional Communication Skills for Nurses (7th ed.). Elsevier.
Supportive learning resources (Books, databases, periodicals, software, applications, others)	- Potter, P. A., Perry, A. G., Stockert, P. A., & Hall, A. M. (2021). Fundamentals of Nursing (10th ed.). Elsevier. - Riley, J. B. (2023). Communication in Nursing. (10th ed.). Elsevier. - American Nurses Association (2021). Nursing: Scope and Standards of Practice (4th ed.). ANA. - Cherry, B., & Jacob, S. R. (2022). Contemporary Nursing: Issues, Trends, & Management, (9th ed.). Elsevier. - World Health Organization (2021). Global strategic directions for nursing and midwifery 2021–2025. WHO. - World Health Organization (2021). Nursing and Midwifery in the Digital Age: Report on the use of digital technologies in nursing and midwifery education and practice. WHO.
Supporting websites	- International Council of Nurses (ICN): (https://www.icn.ch) - Jordan Nursing Council: (http://www.jnc.gov.jo) - Jordanian Nursing & Midwifery Council: (http://www.jnmc.jo) - The Public Speaking Project: (http://www.publicspeakingproject.org) -World Health Organization Digital Health: (https://www.who.int/health-topics/digital-health)

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The physical environment for teaching	✓ **Class room**	☐ labs	☐ Virtual educational platform	✓ **Others** eLearning
Necessary equipment and software	● Web sites and Internet. ● Data-show.			
Supporting people with special needs	…………………………			
For technical support	**Contact the e-learning center and open resources** **First floor – faculty of science and information technology** **Dr. Khaled Jabber** **Tel: 064291511. Ext. 425** **e-mail: k.jaber@zuj.edu.jo**			

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Course Intended Learning Outcomes (CILOs):

Upon successful completion of this course, students will be able to achieve the following Program and Course Intended Learning Outcomes

PILO #1: Comprehend the basic nursing knowledge needed to provide a safe and effective care environment, and comprehensive nursing care based on research and scientific evidence.	
Course Intended Learning Outcomes (CILO)	. Define the basic concepts related to nursing. . Describe the principles of safety, quality, and patient centered care. . Explain the professional roles and ethical responsibilities of nurses within healthcare systems. , Recognize the role of health informatics and artificial intelligence in supporting the nursing practice.
Relevant Competency (JNC)	Standard 1 (core competencies 1,2,3,4,5,6), Standard 3 (core competencies 1,2,3,4), Standard 4 (core competencies 1,2,3,4), Standard 5 (core competencies 1,2), Standard 6 (core competencies 1,2,3).
National framework	MK1.
Weight	60%
Learning Methods	Lecture, Questions and Answers, Group Discussion, Problem Solving, Small Groups, Collaborative Learning
Evaluation Methods	Assignments and class participation, Short Exam, Mid-Term Exam Final exam at the end of semester

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PILO #4: Show the ability to communicate and develop effective strategies to promote and maintain health and prevent diseases, while considering social and cultural diversity.	
Course Intended Learning Outcomes	- Identify basic therapeutic communication skills in culturally diverse healthcare contexts - Describe effective communication strategies using different models.
Concept based competency 2: (Health Promotion/ Prevention and Maintenance)	Techniques of physical assessment, self-care lifestyle choices, Health Risk Behaviors, Health Screening, Health promotion and disease prevention, Developmental stages and transition, Aging process, Home safety.
Relevant Competency (JNC)	Standard (7.1, 7.2, 7.3, 7.4, 7.5).
National framework	MC1.
Weight	20%
Learning Methods	Lecture, Questions and Answers, Group Discussion, Problem Solving, Small Groups, Collaborative Learning
Evaluation Methods	Assignments and class participation, Short Exam, Mid-Term Exam Final exam at the end of semester

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PILO # 5: Demonstrate the ability to maintain the physiological integrity of patients while providing high quality nursing care.

Course Intended Learning Outcomes (CILO)	- Describe basic nursing interventions that promote hygiene, infection control, and patient comfort
Concept based competency 3: (Physiological Integrity)	**A. Basic care and comfort** (Assistive devices, Elimination, Mobility and Immobility, Non pharmacological comfort interventions, Nutrition and oral hydration, Personal hygiene, Rest and Sleep, Critical Thinking, Nursing Process / Clinical Competence). **B. Pharmacological & Parenteral Therapies** (Adverse effects, contradictions, side effects, and interactions of medications, Blood and blood products, Central venous access devices, Medication administration, Dosage calculations, Parenteral and intravenous therapies, Expected actions and outcomes, Pharmacological pain management, Total parenteral nutrition). **C. Reduction of Risk Potential** (Changes and abnormalities in vital signs, Laboratory values, Diagnostic tests, Potential for alterations in body systems, System-specific assessments, Therapeutic procedures). **D. Physiological Adaptation** (Fluids and electrolyte imbalances, Hemodynamic, Illness management, Medical emergencies).
Relevant Competency (JNC)	Standard (7.1, 7.2, 7.3, 7.4, 7.5).
National framework	MC2.
Weight	20%
Learning Methods	Lecture, Questions and Answers, Group Discussion, Problem Solving, Small Groups, Collaborative Learning
Evaluation Methods	Assignments and class participation, Short Exam, Mid-Term Exam Final exam at the end of semester

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Mechanisms for direct evaluation of learning outcomes

Type of assessment / learning style	Fully electronic learning	Blended learning	Traditional Learning (Theory Learning)	Traditional Learning (Practical Learning)
Midterm exam			30%	
(1) Assignment			10%	
(1) Quiz			10%	
Participation			10%	
Final exam			40%	

Evaluation Methods:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

Evaluation Activity/ Purpose	Covered PILO	Mark	Topic(s)	Period (Week)	Platform
Quiz	PILO#1 PILO # 4	10%	Historical development of nursing; Nursing licensure (national, regional, international) Nursing roles & functions; Professionalism; Healthcare systems and delivery	5th, Week	https:// exams. zuj.edu .jo/
Midterm Exam	PILO#1 PILO # 4 PILO # 5	30%	Lectures from 1 – 8	9th Week	
Assignment Appendix # 1	PILO#1 PILO # 4	10%		11th Week	
Final	PILO#1 PILO #4;5	**40%**	**All Topics**	16th Week	

Note 1: Asynchronous interactive activities are activities, tasks, projects, assignments, research, studies, projects, and work within student groups ... etc, which the student carries out on his own, through the virtual platform without a direct encounter with the subject teacher.

Note 2: According to the Regulations of granting Master's degree at Al-Zaytoonah University of Jordan, 40% of final evaluation goes for the final exam, and 60% for the semester work (examinations, reports, research or any scientific activity assigned to the student).

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Schedule of simultaneous / face-to-face encounters and their topics

Week	Subject	learning style*	Reference **
1	**Course orientation**	✓ Lecture ✓ Questions and Answers ✓ Group Discussion,	
2	**Health, wellness, illness, and health promotion;** **Stress and coping**	✓ Lecture, ✓ Questions and Answers ✓ Group Discussion	**Chapter 20** P 382-396 **Chapter 42** P 1067- 1082
3	**Historical development of nursing** ○ Historical overview of nursing ○ Factors influencing the development of nursing practice	✓ Lecture, ✓ Questions and Answers ✓ Group Discussion,	Chapter 1 P.P. 28-49 P.P. 67- 78
4	**Nursing roles & functions** **Professionalism** **Healthcare systems and delivery** ○ Types of health care ○ Levels of health care ○ Health Care Institutions **Health Care Team**	✓ Lecture, ✓ Questions and Answers, ✓ Group Discussion,	Chapter 1+2 P.P. 43-45 Chapter 5 P.P. 113-114
5	**Nursing licensure (national, regional, international)** **Faculty mission & professional standards**	✓ Lecture ✓ Questions and Answers, ✓ Group Discussion	https://jnc.gov.jo/Default/En http://jnmc.jo https://www.zuj.edu.jo/faculty-of-nursing-2/
6+7	**Medical terminology**	✓ Lecture, ✓ Questions and Answers ✓ Group Discussion	www.kindrednursingcenter

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8	**Safety & hygiene (hand hygiene, PPE); Infection control** **National safety goals.**	✓ Lecture, ✓ Questions and Answers, ✓ Group Discussion,	**Chapter 32+33** P.P. 727-803
9	**Mid –term exam**		
10	o **Nursing ethics & responsibilities; Advocacy; Legal aspects; informed consent, incident report** o **Legal responsibilities of the students.** o **Selected ethical aspects in nursing practice: value, ethics, morality, and autonomy.** o **Documentation & record-keeping**	✓ Lecture ✓ Questions and Answers ✓ Group Discussion	**Chapter 3+4** P 65-107 http://jnmc.jo/

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11	**Introduction to Professional communication** **Communication process, barriers, and importance.**	✓ Lecture, ✓ Questions and Answers, ✓ Group Discussion, ✓ Collaborative Learning	Boggs, K.
12	**Models & types of communication (verbal, nonverbal, written, technological)**	✓ Lecture, ✓ Questions and Answers, ✓ Group Discussion, ✓ Problem Solving,	Boggs, K.
13	**Therapeutic vs. non-therapeutic communication; Active listening, feedback, questioning skills**	✓ Lecture, ✓ Questions and Answers, ✓ Group Discussion, ✓ Problem Solving, ✓ Small Groups, ✓ Collaborative Learning	Boggs, K.
14	**Communication with special groups (children, elderly, sensory deficits)**	✓ Lecture, ✓ Questions and Answers, ✓ Group Discussion,	Boggs, K.
15	**Communication in stressful situations** **Introduction to health Informatics and artificial intelligence in Nursing**	✓ Lecture, ✓ Questions and Answers, ✓ Collaborative Learning	Boggs, K.
16	**Final Exam**		

* **Learning styles: Lecture, flipped learning, learning through projects, learning through problem solving, participatory learning ... etc.**

** **Reference: Pages in a book, database, recorded lecture, content on the e-learning platform, video, website ... etc.**

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Course Intended Learning Outcomes Matrix

Course Name: Principles of Nursing and Professional Communication

Course Number: 0301106

PILO #1: Comprehend the basic nursing knowledge needed to provide a safe and effective care environment, and comprehensive nursing care based on research and scientific evidence.

CILOS	. Define the basic concepts related to nursing. . Describe the principles of safety, quality, and patient centered care. . Identify the professional roles and ethical responsibilities of nurses within healthcare systems. , Recognize the role of health informatics and artificial intelligence in supporting the nursing practice.

PILO #4: Show the ability to communicate and develop effective strategies to promote and maintain health and prevent diseases, while considering social and cultural diversity.

CILOS	- Identify basic therapeutic communication skills in culturally diverse healthcare contexts - Describe effective communication strategies using different models.

PILO #5: Demonstrate the ability to maintain the physiological integrity of patients while providing high quality nursing care.

CILOS	- Describe basic nursing interventions that promote hygiene, infection control, and patient comfort.

		PILO	PILO1				PILO4		PILO5
		CILO	1	2	3	4	1	2	1
1	Course orientation; Definition of nursing; Overview of communication		X	X	X		X	X	X
2	Health, wellness, illness, and health promotion; Stress and coping		X	X					X
3	Historical development of nursing o Historical overview of nursing o Factors influencing the development of nursing practice		X	X	X				
4	Nursing roles & functions; Professionalism; Healthcare systems and delivery o Types of health care o Levels of health care o Health Care Institutions Health Care Team		X	X	X				

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5	Nursing licensure (national, regional, international) Faculty mission & professional standards		X	X	X				
6+7	Medical terminology		X	X	X		X	X	
8	Safety & hygiene (hand hygiene, PPE); Infection control National safety goals.		X	X	X	X			X
9	Mid –term exam		X	X	X		X	X	X
10	o Nursing ethics & responsibilities; Advocacy; Legal aspects; informed consent, incident report o Legal responsibilities of the students. o Selected ethical aspects in nursing practice: value, ethics, morality, and autonomy. o Documentation & record-keeping		X	X	X	X	X	X	
11	Introduction to Professional communication Communication process, barriers, and importance		X	X	X		X	X	X
12	Models & types of communication (verbal, nonverbal, written, technological)		X	X	X		X	X	
13	Therapeutic vs. non-therapeutic communication; Active listening, feedback, questioning skills				X		X	X	
14	Communication with special groups (children, elderly, sensory deficits)		X	X	X	X	X	X	
15	Communication in stressful situations Evidence-based communication in nursing practice Introduction to health Informatics and artificial intelligence in Nursing			X	X	X	X	X	
16	FINAL								
مقرر المساق:			رئيس القسم: د. خلدون عبيدات						

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	Learning Methods Matrix					
	Course Name: Principles of nursing and professional communication					
	Course Number: 0301103					
	Learning methods: Interactive Lecture, Discussion, Case study, Problem solving, evidence-based reviews.					
Week	Course contents	Course Teaching methods				
		Lecture	**Questions and Answers**	**Group Discussion**	**Problem Solving**	**Small Groups**	**Collaborative Learning**
1	Course orientation; Definition of nursing; Overview of communication	X	X	X			
2	Health, wellness, illness, and health promotion; Stress and coping	X	X	X			
3	Historical development of nursing o Historical overview of nursing Factors influencing the development of nursing practice	X	X	X			
4	Nursing roles & functions; Professionalism	X	X	X			
5	Nursing licensure (national, regional, international) Healthcare systems and delivery o Types of health care o Levels of health care o Health Care Institutions o Health Care Team Faculty mission & professional standards	X	X	X			
6+7	Medical terminology	X	X	X			
8	Safety & hygiene (hand hygiene, PPE); Infection control National safety goals.	X	X	X			
10	Nursing ethics & responsibilities; Advocacy; Legal aspects; informed consent, incident report Legal responsibilities of the students. o Selected ethical aspects in	X	X	X		X	

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	nursing practice: value, ethics, morality, and autonomy. Documentation & record-keeping					
11	Introduction to Professional communication Communication process, barriers, and importance	X	X	X		X
12	Models & types of communication (verbal, nonverbal, written, technological)	X	X	X	X	
13	Therapeutic vs. non-therapeutic communication; Active listening, feedback, questioning skills	X	X	X	X	X	X
14	Communication with special groups (children, elderly, sensory deficits)	X	X	X		
15	Communication in stressful situations Introduction to health Informatics and artificial intelligence in Nursing	X	X			X
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