



"عراقة وجودة"
"Tradition and Quality"



جامعة الزيتونة الأردنية
Al-Zaytoonah University of Jordan
كلية التمريض
Faculty of Nursing



"التمريض جوهر الحياة"
"Nursing is the Essence of Life"

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QF03/0408-4.0E	Course Plan for Bachelor program - Study Plan Development and Updating Procedures/ Nursing Department
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Brief description

This course is designed to introduce the beginning-nursing students to the field of nursing practice. Focus is on the application of nursing concepts and skills related to caring in the hospital setting. Clinical experience focuses on the basic care of the adult client with health alteration problems. The nursing process and critical thinking are utilized as a framework to identify and provide nursing care. Emphasis is placed on developing skills needed to assess, implement and monitor selected nursing interventions and technologies. Therapeutic communication, legal and ethical issues, professional commitment are also emphasized. Clinical areas include medical ward-surgical ward-hematology ward-endoscopy unit- operation room.

Learning resources

Course book information (Title, author, date of issue, publisher ... etc)	1. Brunner & Suddarth's Textbook of Medical-Surgical Nursing. 2022. 15 th edition. Wolters Klower. USA.
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Supportive learning resources (Books, databases, periodicals, software, applications, others)	<ol style="list-style-type: none"> 1. Lynn, P. (2022). Taylor's clinical nursing skills: A nursing process approach (6th ed.). Wolters Kluwer. USA 2. Berman, A., Snyder, S., & Frandsen, G. (2020). Fundamentals of nursing: Concepts, process, and practice (11th ed.). Pearson. 3. Perry, A. G., Potter, P. A., & Ostendorf, W. (2019). Nursing Interventions & Clinical Skills, 7th ed. Elsevier Health Sciences 4. Kozier B., Erb G. (2021). Fundamentals of Nursing; Concepts, Process, and Practice. Berman A., Snyder S, Frandsen, G. (11th ed), Japan, Pearson Education international. 			
Supporting websites			
The physical environment for teaching	<input type="checkbox"/> Class room	<input checked="" type="checkbox"/> labs	<input type="checkbox"/> Virtual educational platform	<input checked="" type="checkbox"/> Others
Necessary equipment and software	<ul style="list-style-type: none"> • Web sites and Internet. • Data-show 			
Supporting people with special needs	-----			
For technical support	Contact the e-learning center and open resources First floor – faculty of science and information technology Dr. khaled jaber Tel: 064291511. Ext. 425 e-mail: k.jaber@zuj.edu.jo			

Course Intended Learning Outcomes (CILOs):

Upon successful completion of this course, students will be able to achieve the following Program and Course Intended Learning Outcomes



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PILO #2: Provide high quality comprehensive nursing care in accordance with the legal, ethical and professional standards of practice.	
Course Intended Learning Outcomes (CILO)	<ol style="list-style-type: none"> 1. Follow guidelines and protocols based on national and international standers in medical and surgical wards 2. Apply essential nursing competencies in medical and surgical wards while adhering to safety protocols, preventive strategies, and relevant legal, ethical, and professional standards.
Concept based competency1: (Safe and Effective Care Environment)	Professional and Core Values, Professional Growth and Development, Accountability and Responsibility, Advocacy, Client rights, Collaboration, Continuity of Care, Referrals, Concept of management, Case manager, Performance and Quality Improvement, Injury prevention, use safety devices, handling hazardous and infection material, safety, Standard precautions/ transmission-based precautions/ surgical asepsis, Member of the Nursing Profession, Evidence-Based Practice, Caring and Spirituality.
Relevant Competency (JNC)	Standard 1 (core competencies 1,2,3,4,5,6), Standard 3 (core competencies 1,2,3,4), Standard 4 (core competencies 1,2,3,4), Standard 5 (core competencies 1,2), Standard 6 (core competencies 1,2,3).
National framework	MS1
Weight	40%
Learning Methods	Interactive lecturing, case study scenarios, Group discussion, Demonstration
Evaluation Methods	Written exam, Clinical evaluation, Care plan

PILO # 3: Master critical thinking, problem-solving, reasoning and clinical judgment skills to provide comprehensive nursing care and adopt these skills to enhance lifelong professional development



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Course Intended Learning Outcomes (CILO)	<ol style="list-style-type: none"> 1. Apply critical thinking, clinical judgment, and problem-solving strategies in the assessment, planning, and evaluation of health conditions for patients in medical and surgical wards. 2. Develop self-directed learning skills while formulating and implementing nursing care plans for clients in medical and surgical settings.
Concept based competency 5: (Physiological Integrity)	<p>A. Basic care and comfort (Assistive devices, Elimination, Mobility and Immobility, Nonpharmacological comfort interventions, Nutrition and oral hydration, Personal hygiene, Rest and Sleep, Critical Thinking, Nursing Process / Clinical Competence).</p> <p>B. Pharmacological & Parenteral Therapies (Adverse effects, contradictions, side effects, and interactions of medications, Blood and blood products, Central venous access devices, Medication administration, Dosage calculations, Parenteral and intravenous therapies, Expected actions and outcomes, Pharmacological pain management, Total parenteral nutrition).</p> <p>C. Reduction of Risk Potential (Changes and abnormalities in vital signs, Laboratory values, Diagnostic tests, Potential for alterations in body systems, System-specific assessments, Therapeutic procedures).</p> <p>D. Physiological Adaptation (Fluids and electrolyte imbalances, Hemodynamic, Illness management, medical emergencies).</p>
Relevant Competency (JNC)	Standard (7.1, 7.2, 7.3, 7.4, 7.5).
National framework	MS2.
Weight	20%
Learning Methods	Interactive lecturing, case study scenarios, Group discussion, Demonstration
Evaluation Methods	Written exam ,Clinical evaluation, Care plan, Seminars

PILO # 5: Demonstrate the ability to maintain the physiological integrity of patients while providing high quality nursing care.



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Course Intended Learning Outcomes (CILO)	<ol style="list-style-type: none"> 1. Provide comfort and assistance in the performance of activities of daily living based on evidence-based practice 2. Demonstrate safe administration of medications and parenteral therapies in accordance with evidence-based guidelines. 3. Implement strategies to minimize the risk of complications or health problems related to patients' conditions, treatments, or procedures using evidence-based approaches.
Concept-based competency 3: (Physiological Integrity)	<p>A. Basic care and comfort (Assistive devices, Elimination, Mobility and Immobility, Nonpharmacological comfort interventions, Nutrition and oral hydration, Personal hygiene, Rest and Sleep, Critical Thinking, Nursing Process / Clinical Competence).</p> <p>B. Pharmacological & Parenteral Therapies (Adverse effects, contradictions, side effects, and interactions of medications, Blood and blood products, Central venous access devices, Medication administration, Dosage calculations, Parenteral and intravenous therapies, Expected actions and outcomes, Pharmacological pain management, Total parenteral nutrition).</p> <p>C. Reduction of Risk Potential (Changes and abnormalities in vital signs, Laboratory values, Diagnostic tests, Potential for alterations in body systems, System-specific assessments, Therapeutic procedures).</p> <p>D. Physiological Adaptation (Fluids and electrolyte imbalances, Hemodynamic, Illness management, medical emergencies).</p>
Relevant Competency (JNC)	Standard (7.1, 7.2, 7.3, 7.4, 7.5).
National framework	MC2
Weight	40%
Learning Methods	<input type="checkbox"/> Interactive lecturing <input type="checkbox"/> Discussion and activities <input type="checkbox"/> Audio-Visual aids
Evaluation Methods	Written exam, Clinical evaluation, Care plan, Seminar



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Mechanisms for direct evaluation of learning outcomes

Type of assessment / learning style	Fully electronic learning	Blended learning	Traditional Learning (Theory Learning)	Traditional Learning (Practical Learning)	
Midterm evaluation				30%	Midterm
Ongoing evaluation				10%	1 st evaluation + 2 nd evaluation
Participation / practical applications				10%	Seminar
				10%	Nursing Care Plan
Asynchronous interactive activities	0				
Final exam				10%	Final written exam
				30%	Clinical Exam



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Evaluation Methods:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

Evaluation Activity/Purpose	Covered PILO & CILO(s)	Mark	Topic(s)	Period (Week)	Platform
Nursing Care plan	All 1-7	10%	According to type of units (medical, surgical, hematology)	7 th week	Clinical areas
Clinical evaluation	All 1-7	40%		5 th , Week and 8 th week	
Seminar	All 1-7	10%	Selected topic	3 rd -14 th week	
Final	All 1-7	40%	All	15th to 16th week	

Note 1: Asynchronous interactive activities are activities, tasks, projects, assignments, research, studies, projects, and work within student groups ... etc, which the student carries out on his own, through the virtual platform without a direct encounter with the subject teacher.

Note 2: According to the Regulations of granting master's degree at Al-Zaytoonah University of Jordan, 40% of final evaluation goes for the final exam, and 60% for the semester work (examinations, reports, research or any scientific activity assigned to the student).

Schedule of simultaneous / face-to-face encounters and their topics

Week	Subject	learning methods*	Reference **
1	Orientation		
2	Clinical procedures	Demonstration in nursing lab	Remonstrations of specific skills in labs
3	Vital signs	Clinical Setting	Kozier
4	Bed making	Clinical Setting	Kozier
5	1st clinical evaluation	Clinical Setting	



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6	Skin +drain care, ostomy care	Clinical Setting	Brunner
7	Pre and post-operative care	Clinical Setting	Brunner
8	2nd clinical evaluation	Clinical Setting	
9	Dressing	Clinical Setting	Kozier
10	Blood specimen collection	Clinical Setting	Kozier
11	Drug Calculation, preparation & administration	Clinical Setting	Brunner
	O2 therapy	Clinical Setting	Kozier
12	Foley's catheter care	Clinical Setting	Kozier
13	IV fluid and IV care and application of the newly developed technology	Clinical Setting	Kozier
14&15	Final Exam	Clinical Setting	

* Learning styles: Lecture, flipped learning, learning through projects, learning through problem solving, participatory learning ... etc.

** Reference: Pages in a book, database, recorded lecture, content on the e-learning platform, video, website ... etc.

Course Intended Learning Outcomes Matrix	
Course Name: Adult Nursing1/ Practice	
Course Number: 0301216	
PILO #2: Provide high quality comprehensive nursing care in accordance with the legal, ethical and professional standards of practice.	
CILOS	1. Follow guidelines and protocols based on national and international standers in medical and surgical wards 2. Apply essential nursing competencies in medical and surgical wards while adhering to safety protocols, preventive strategies, and relevant legal, ethical, and professional standards.
PILO # 3: Master critical thinking, problem-solving, reasoning and clinical judgment skills to provide comprehensive nursing care and adopt these skills to enhance lifelong professional development	
CILOS	1. Apply critical thinking, clinical judgment, and problem-solving strategies in the assessment, planning, and evaluation of health conditions for patients in medical and surgical wards. 2. Develop self-directed learning skills while formulating and implementing nursing care plans for clients in medical and surgical settings.



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PILO # 5: Demonstrate the ability to maintain the physiological integrity of patients while providing high quality nursing care.

CILOS	<ol style="list-style-type: none"> 1. Provide comfort and assistance in the performance of activities of daily living based on evidence-based practice 2. Demonstrate safe administration of medications and parenteral therapies in accordance with evidence-based guidelines. 3. Implement strategies to minimize the risk of complications or health problems related to patients' conditions, treatments, or procedures using evidence-based approaches.
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Course contents	PILOS	PILO2		PILO3		PILO5		
	CILOS	1	2	1	2	1	2	3
Orientation								
Clinical procedures		X	X					
Vital signs		X	X					
Bed making		X	X				X	
Skin +drain care				X	X		X	X
Pre and post-operative care				X	X		X	X
Dressing		X	X					X
Ostomy care				X	X		X	X
Blood specimen collection		X	X					



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Drug Calculation, preparation & administration					X		X
Foley's catheter care			X	X		X	X
IV fluid and IV care			X	X	X		X
رئيس القسم:				مدرس المادة:			

Course contents				
	Interactive lecturing	Group Discussion	Demonstration	case study scenarios
Orientation	X			
Clinical procedures			X	
Vital signs			X	
Bed making			X	
Skin +drain care	X		X	
Pre and post-operative care	X			X
Dressing			X	
Ostomy care	X			X
Blood specimen collection			X	
Drug Calculation, preparation & administration	X	X		
Foley's catheter care			X	



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IV fluid and IV care	X		X	
رئيس القسم:		مدرس المساق:		