



جامعة الزيتونة الأردنية
Al-Zaytoonah University of Jordan
كلية التمريض
Faculty of



"Life" "التمريض جوهر الحياة"
"Nursing is the Essence of

"عراقة وجودة"
"Tradition and Quality"

QF03/0408-4.0E	Course Plan for Bachelor program - Study Plan Development and Updating Procedures/ Nursing Department
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Study plan No.	2025-2026		University Specialization		Nursing	
Course No.	0301322		Course name		Gynecology & Maternity Nursing (practices)	
Credit Hours	3		Prerequisite Co-requisite		Gynecology & Maternity Nursing (theory)	
Level of the course	3rd years		Language of instruction		English	
Course type	Mandatory university requirements	University elective requirements	Faculty mandatory requirements	Support course family requirements	✓ Mandatory requirements	Elective requirements
Teaching style	<input type="checkbox"/> Full online learning		<input type="checkbox"/> Blended learning		✓ Traditional learning	
Teaching model	<input type="checkbox"/> 1Synchronous: 1asynchronous		<input type="checkbox"/> 1 face to face : 1synchronous		✓ 2 Traditional	

Faculty member and study divisions' information (to be filled in each semester by the subject instructor)

Faculty, member and staff divisions information (to be filled in each semester by the subject instructor)						
Section	Name	Academic rank	Office No.	Phone No.	Office hours	E-mail
	Other instructors	Academic rank	Office No.	Phone No.	Office hours	E-mail
Division number		Time	Place	Number of students		Teaching style
						Approved model



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Brief description

This course is designed to help students to utilize knowledge, skills, and attitudes gained from maternity health nursing-theory course and apply them in clinical areas. The students are expected to understand the problems experienced by the child bearing woman. In addition, this course will provide the students with opportunity to interact and communicate effectively with child bearing women in the context of their families in antenatal, intra-partum and postpartum settings. The Students will utilize nursing process in implementing appropriate nursing intervention for each child bearing woman in the antenatal, intra-natal and postpartum period based on scientific knowledge and evidence base practice. Furthermore, the student will practice family centered care regarding family planning and childbearing.

Learning resources

Course book information (Title, author, date of issue, publisher ... etc)	Suzan, S. R. (2021). Essentials of Maternity, newborn, and Women's Health Nursing. Fifth edition. Walters Kluwer.			
Supportive learning resources (Books, databases, periodicals, software, applications, others)	<ol style="list-style-type: none"> 1. Suzan, S. R., Terri, K., & Suzan, C. (2021). Maternity and Pediatric Nursing. Fourth Edition. Walters Kluwer 2. Annamma, J. (2019). Maternal & Neonatal Nursing care Plans. Second Edition. The Health Sciences Publisher, New Delhi, London 3. Amy M., O., (2019). Maternity, Newborn, and Women's Health Nursing, A case-Based Approach. Walters Kluwer 4. Nisha Clement. (2018). Textbook of Midwifery and Gynecological Nursing. MEDTECH 5. Kerri, D., S. & Frances, E., L., D. (2017). Women's Gynecologic Health. Third Edition. Jpnas & Bartlett Learning. 6. Susan, Scott, Ricci, Terrikyle and Susan Carman. (2017). Maternity and Pediatric Nursing. 3rd. edition. Walters Kluwer. 7. Jordanian Nursing Council. (2016). National Standards and Core Competencies for Registered Nurse. Amman, Jordan 			
Supporting websites	https://www.khanacademy.org/science/health-and-medicine/human-anatomy-and-physiology/pregnancy/v/pregnancy-physiology-i https://www.khanacademy.org/science/health-and-medicine/human-anatomy-and-physiology/pregnancy/v/preeclampsia https://www.khanacademy.org/science/in-in-class-12-biology-india/xc09ed98f7a9e671b:in-in-human-reproduction/xc09ed98f7a9e671b:in-in-parturition-and-lactation/v/labor-parturition WWW.WHO.INT			
The physical environment for teaching	Class room	✓ labs	Virtual educational platform	✓ Others



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Necessary equipment and software	<ul style="list-style-type: none"> • Web sites and Internet. • Data-show
Supporting people with special needs	_____



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PILO #2: Provide high quality comprehensive nursing care in accordance with the legal, ethical and professional standards of practice.

Course Intended Learning Outcomes (CILO)	<ol style="list-style-type: none"> Shows evidence-base knowledge from maternal health, nursing, reproductive anatomy and physiology, communication, ethical standers of nursing care and culture value system to provide individualized care for mothers and their newborns considering all heath dimensions, actual and potential health problems or collaborative problems to achieve safe motherhood. Prepares students with evidence-based, critical thinking, and analytical skills to be able to assess, plan, evaluate and document to achieve the desired outcome of the effective comprehensive women-centered nursing care plan in terms of contextual legislation
Concept based competency1: (Safe and Effective Care Environment)	Professional and Core Values, Professional Growth and Development, Accountability and Responsibility, Advocacy, Client rights, Collaboration, Continuity of Care, Referrals, Concept of management, Case manager, Performance and Quality Improvement, Injury prevention, Use safety devices, Handling hazardous and infection material, safety, Standard precautions/ transmission-based precautions/ surgical asepsis, Member of the Nursing Profession, Evidence-Based Practice, Caring and Spirituality.
Relevant Competency (JNC)	Standard 1 (core competencies 1,2,3,4,5,6), Standard 3 (core competencies 1,2,3,4), Standard 4 (core competencies 1,2,3,4), Standard 5 (core competencies 1,2), Standard 6 (core competencies 1,2,3).
National framework	MS1
Weight	30%
Learning Methods	Lecture, discussion and activities, case study scenarios, skills demonstration and re-demonstration, online learning platforms
Evaluation Methods	Clinical evaluation, ongoing clinical evaluation, final practicum exam



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PILO # 3: Master critical thinking, problem-solving, reasoning and clinical judgment skills to provide comprehensive nursing care and adopt these skills to enhance lifelong professional development

Course Intended Learning Outcomes (CILO)

1. Imitates students to apply the gained nursing skills, including physiological, psychological, social, managerial, and leadership to ensure presenting safe and secure to the mother, newborns, and their families
2. Reacts and manage care for low and high-risk cases according to an accurately documented plane considering clients' confidentiality

Concept based competency 3: (Physiological Integrity)

A. Basic care and comfort (Assistive devices, Elimination, Mobility and Immobility, Non pharmacological comfort interventions, Nutrition and oral hydration, Personal hygiene, Rest and Sleep, Critical Thinking, Nursing Process / Clinical Competence).

B. Pharmacological & Parenteral Therapies (Adverse effects, contradictions, side effects, and interactions of medications, Blood and blood products, Central venous access devices, Medication administration, Dosage calculations, Parenteral and intravenous therapies, Expected actions and outcomes, Pharmacological pain management, Total parenteral nutrition).

C. Reduction of Risk Potential (Changes and abnormalities in vital signs, Laboratory values, Diagnostic tests, Potential for alterations in body systems, System-specific assessments, Therapeutic procedures).

D. Physiological Adaptation (Fluids and electrolyte imbalances, Hemodynamic, Illness management, Medical emergencies).

Relevant Competency (JNC)

Standard (7.1, 7.2, 7.3, 7.4, 7.5).

National framework

MS2

Weight

10%

Learning Methods

Discussion and activities, case study scenarios, skills demonstration and re-demonstration, stimulation lab, online learning platforms

Evaluation Methods

Clinical evaluation, ongoing clinical evaluation, final practicum exam, nursing care plan



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PILO #4: Show the ability to communicate and develop effective strategies to promote and maintain health and prevent diseases, while considering social and cultural diversity.	
Course Intended Learning Outcomes	<ol style="list-style-type: none"> 1. Fixes the current maternal and newborns health-research, recent, secreting, diagnostic and managing technology, available resources and facilities, gained management and leadership skills to insure safe motherhood, effectiveness, availability, cost benefits, efficacies, source allocation, needs and impacts, on order to plan and provide a quality, safe, secure, effective and financially responsible individualized maternal nursing services. 2. Measures accurately and effectively the progression of the mothers- either antenatal, intrapartum or post partum towards planned outcomes.
Concept based competency 2: (Health Promotion/ Prevention and Maintenance)	Techniques of physical assessment, self-care lifestyle choices, Health Risk Behaviors, Health Screening, Health promotion and disease prevention, Developmental stages and transition, Aging process, Home safety.
Relevant Competency (JNC)	Standard (7.1, 7.2, 7.3, 7.4, 7.5).
National framework	MC1
Weight	30%
Learning Methods	Discussion and activities, case study scenarios, skills demonstration and re-demonstration, self-instruction, online learning platforms
Evaluation Methods	Clinical evaluation, ongoing clinical evaluation, final practicum exam, seminar presentation, health education



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PILO # 5: Demonstrate the ability to maintain the physiological integrity of patients while providing high quality nursing care.

Course Intended Learning Outcomes (CILO)	<ol style="list-style-type: none"> Fixes students to apply national and global professional and ethical standards, in providing advocacy for individuals, families, and groups with acknowledgment and awareness of their dignity, culture, and values. Display the gained skills related to resilience, communication, coordination and collaboration in all interactions with peers, individuals, families, groups, and healthcare team, keeping all relationship goal- directed and professionally bounded for the aim of demonstrating a quality nursing practice, achieving therapeutic relationships, and providing a quality women healthcare. Grinds effective mechanisms for designing, implementation and evaluation of professional development programs to enhance the quality of the nursing profession and provided maternal care in all systems and phases.
Concept based competency 3: (Physiological Integrity)	<p>A. Basic care and comfort (Assistive devices, Elimination, Mobility and Immobility, Non pharmacological comfort interventions, Nutrition and oral hydration, Personal hygiene, Rest and Sleep, Critical Thinking, Nursing Process / Clinical Competence).</p> <p>B. Pharmacological & Parenteral Therapies (Adverse effects, contradictions, side effects, and interactions of medications, Blood and blood products, Central venous access devices, Medication administration, Dosage calculations, Parenteral and intravenous therapies, Expected actions and outcomes, Pharmacological pain management, Total parenteral nutrition).</p> <p>C. Reduction of Risk Potential (Changes and abnormalities in vital signs, Laboratory values, Diagnostic tests, Potential for alterations in body systems, System-specific assessments, Therapeutic procedures).</p> <p>D. Physiological Adaptation (Fluids and electrolyte imbalances, Hemodynamic, Illness management, Medical emergencies).</p>
Relevant Competency (JNC)	Standard (7.1, 7.2, 7.3, 7.4, 7.5).
National framework	MC2
Weight	30%
Learning Methods	Discussion and activities, case study scenarios, skills demonstration and re-demonstration, collaborative learning, online learning platforms
Evaluation Methods	Clinical evaluation, ongoing clinical evaluation, final practicum exam, nursing care plan



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Mechanisms for direct evaluation of learning outcomes

Type of assessment / learning style	Fully electronic learning	Blended learning	Traditional Learning (Theory Learning)	Traditional Learning (Practical Learning)	
Semester evaluation 60%				30%	Midterm clinical exam
				10%	Ongoing clinical Evaluation
				10%	Nursing Care Plan
				5%	Seminar presentation
				5%	Health education
Asynchronous interactive activities	0				
Final exam 40%				30%	Final Clinical Exam
				10%	Final Written Exam



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Evaluation Methods:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

Evaluation Activity/ Purpose	Covered PILO & CILO(s)	Mark	Topic(s)	Period (Week)	Platform
Clinical evaluation	2+3+4+5	30%		6 th week to 12 th week	Clinical areas
Ongoing clinical Evaluation	2+3+4+5	10%		1 st week 16 th week	
Nursing care plan	3+5	10%	According to type of units	9 th week to 10 th week	
Seminar presentation	4	5%	According to schedule	4 th week	
Health education	4	5%	According to schedule	9 th week to 10 th week	
Final	2+3+4+5	40%	All topics	15 th week to 16 th week	



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Note 1: Asynchronous interactive activities are activities, tasks, projects, assignments, research, studies, projects, and work within student groups ... etc, which the student carries out on his own, through the virtual platform without a direct encounter with the subject teacher.

Note 2: According to the Regulations of granting Master's degree at Al-Zaytoonah University of Jordan, 40% of final evaluation goes for the final exam, and 60% for the semester work (examinations, reports, research or any scientific activity assigned to the student).

Schedule of simultaneous / face-to-face encounters and their topics

Week	Subject	learning methods*	Reference **
1+ 2	<ul style="list-style-type: none"> Orientation to the course syllabus, papers, and evaluation criteria. Prepare their clinical file included all papers Orientation to different terminology related to maternity nursing Revision of female& male reproductive system 	✓ Clinical Lab.	Suzan, S. R
3	<ul style="list-style-type: none"> Gynecological and maternal health assessment of a pregnant woman (based on the nursing care plan) Nursing process for pregnant woman 	✓ Clinical setting	Suzan, S. R
4	<ul style="list-style-type: none"> Seminar presentation 	✓ Clinical setting	Suzan, S. R
5	<ul style="list-style-type: none"> Demonstration of abdominal assessment of pregnant woman using Leopold's maneuver 	✓ Clinical setting	Suzan, S. R
6	<ul style="list-style-type: none"> Clinical procedure evaluation 	✓ Clinical setting	Suzan, S. R
7	<ul style="list-style-type: none"> Redemonstrations of abdominal assessment of pregnant woman using Leopold's maneuver using check list 	✓ Clinical setting	Suzan, S. R
8	<ul style="list-style-type: none"> Demonstrate the breast assessment and care of pregnant woman Re demonstration of the breast examination and care of pregnant woman using the check list 	✓ Clinical setting	Suzan, S. R
9-10	<ul style="list-style-type: none"> Health education presentation Nursing care plan 	✓ Clinical setting	Suzan, S. R



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11	<ul style="list-style-type: none"> Demonstrate the uterine contraction and fetal heart monitoring Redemonstrations of uterine contraction and fetal heart monitoring 	✓ Clinical setting	Suzan, S. R
12	<ul style="list-style-type: none"> Demonstrate first and second stage of childbirth. Observe childbirth video 	✓ Clinical setting	Suzan, S. R
13	<ul style="list-style-type: none"> Video film about immediate newborn adjustment to extra uterine environment 	✓ Clinical setting	Suzan, S. R
14	<ul style="list-style-type: none"> Demonstrate uterine massage and lochia assessment Re demonstration of the uterine massage and lochia assessment 	✓ Clinical setting	Suzan, S. R
15	Final Exam	✓ Clinical setting	
16	Final Exam	✓ Clinical Lab	

* Learning styles: Lecture, flipped learning, learning through projects, learning through problem solving, participatory learning ... etc.

** Reference: Pages in a book, database, recorded lecture, content on the e-learning platform, video, website ... etc.



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Course Intended Learning Outcomes Matrix	
Course Name	Gynecology & Maternity Nursing (practices)
Course Number	0301322
PILO #2: Provide high quality comprehensive nursing care in accordance with the legal, ethical and professional standards of practice.	
CILO	<ol style="list-style-type: none"> Shows evidence-base knowledge from maternal health, nursing, reproductive anatomy and physiology, communication, ethical standers of nursing care and culture value system to provide individualized care for mothers and their newborns considering all heath dimensions, actual and potential health problems or collaborative problems to achieve safe motherhood. Prepares students with evidence-based, critical thinking, and analytical skills to be able to assess, plan, evaluate and document to achieve the desired outcome of the effective comprehensive women-centered nursing care plan in terms of contextual legislation
PILO # 3: Master critical thinking, problem-solving, reasoning and clinical judgment skills to provide comprehensive nursing care and adopt these skills to enhance lifelong professional development	
CILO	<ol style="list-style-type: none"> Imitates students to apply the gained nursing skills, including physiological, psychological, social, managerial, and leadership to ensure presenting safe and secure to the mother, newborns, and their families Reacts and manage care for low and high-risk cases according to an accurately documented plane considering clients' confidentiality
PILO #4: Show the ability to communicate and develop effective strategies to promote and maintain health and prevent diseases, while considering social and cultural diversity.	
CILO	<ol style="list-style-type: none"> Fixes the current maternal and newborns health-research, recent, secreting, diagnostic and managing technology, available resources and facilities, gained management and leadership skills to insure safe motherhood, effectiveness, availability, cost benefits, efficacies, source allocation, needs and impacts, on order to plan and provide a quality, safe, secure, effective and financially responsible individualized maternal nursing services. Measures accurately and effectively the progression of the mothers- either antenatal, intrapartum or post partum towards planned outcomes.
PILO # 5: Demonstrate the ability to maintain the physiological integrity of patients while providing high quality nursing care.	
CILO	<ol style="list-style-type: none"> Fixes students to apply national and global professional and ethical standards, in providing advocacy for individuals, families, and groups with acknowledgment and awareness of their dignity, culture, and values. Display the gained skills related to resilience, communication, coordination and collaboration in all interactions with peers, individuals, families, groups, and healthcare team, keeping all relationship goal- directed and professionally bounded for the aim of demonstrating a quality nursing practice, achieving therapeutic relationships, and providing a quality women healthcare.



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3. Grinds effective mechanisms for designing, implementation and evaluation of professional development programs to enhance the quality of the nursing profession and provided maternal care in all systems and phases.

Week	Course contents		Intended Learning Outcomes										
		PILOS			PILO 2		PILO 3		PILO 4		PILO 5		
		CILOS			1	2	1	2	1	2	1	2	3
1+2	<ul style="list-style-type: none">Orientation to the course syllabus, papers, and evaluation criteria.Prepare their clinical file included all papers Orientation to different terminology related to maternity nursingRevision of female& male reproductive system	X											
3	<ul style="list-style-type: none">Gynecological and maternal health assessment of a pregnant woman (based on the nursing care plan)Nursing process for pregnant woman	X	X	X	X	X		X	X	X			
4	<ul style="list-style-type: none">Seminar presentation, Health education presentation												
5	<ul style="list-style-type: none">Demonstration of abdominal assessment of pregnant woman using Leopold's maneuver	X	X	X		X		X	X				
6	<ul style="list-style-type: none">Clinical procedure evaluation												
7	<ul style="list-style-type: none">Re demonstration of abdominal assessment of pregnant woman using Leopold's maneuver using check list	X	X		X		X						
8	<ul style="list-style-type: none">Demonstrate the breast assessment and care of pregnant womanRe demonstration of the breast examination and care of pregnant woman using the check list	X	X	X	X		X	X	X				
9-10	<ul style="list-style-type: none">Health education presentationNursing care plan												



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11	<ul style="list-style-type: none"> Demonstrate the uterine contraction and fetal heart monitoring Re demonstration of uterine contraction and fetal heart monitoring 	X	X	X	X	X	X	X	X	
12	<ul style="list-style-type: none"> Demonstrate first and second stage of childbirth. (Observe childbirth video) 	X	X	X		X		X	X	X
13	<ul style="list-style-type: none"> Video film about immediate newborn adjustment to extra uterine environment and application of newly developed technology 	X		X	X	X	X			X
14	<ul style="list-style-type: none"> Demonstrate uterine massage and lochia Assessment Re demonstration of the uterine massage and lochia assessment 	X	X	X	X		X	X	X	
15- 16	Final Exam									
رئيس القسم:								مقرر المساق:		



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Learning Methods Matrix									
Course Name: Gynecology & Maternity Nursing (practices)									
Course Number: 0301322									
Learning methods: Discussion and activities, case study scenarios, skills demonstration									
Week	Course contents	Course Teaching methods							
		Discussion and activities	Lecture	case study scenarios	Online learning platforms	skills demonstration	Stimulation lab	Self-instruction	Collaborative learning
1+2	<ul style="list-style-type: none"> Orientation to the course syllabus, papers, and evaluation criteria. Prepare their clinical file included all papers Orientation to different terminology related to maternity nursing Revision of female & male reproductive system 	X	X		X	X			X
3	<ul style="list-style-type: none"> Gynecological and maternal health assessment of a pregnant woman (based on the nursing care plan) Nursing process for pregnant woman 	X		X	X	X			X
4	<ul style="list-style-type: none"> Seminar presentation 								



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5	<ul style="list-style-type: none"> Demonstration of abdominal assessment of pregnant woman using Leopold's maneuver 	X		X	X		X		
6	Clinical procedure evaluation								



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7	<ul style="list-style-type: none"> Re demonstration of abdominal assessment of pregnant woman using Leopold's maneuver using check list 	X	X				X	X	
8	<ul style="list-style-type: none"> Demonstrate the breast assessment and care of pregnant woman Re demonstration of the breast examination and care of pregnant woman using the check list 	X	X	X		X	X	X	
9+10	<ul style="list-style-type: none"> Health education presentation Nursing care plan 								
11	<ul style="list-style-type: none"> Demonstrate the uterine contraction and fetal heart monitoring Re demonstration of uterine contraction and fetal heart monitoring 	X	X	X		X	X	X	
12	<ul style="list-style-type: none"> Demonstrate first and second stage of childbirth. Observe childbirth video 		X	X			X		
13	<ul style="list-style-type: none"> Video film about immediate newborn adjustment to extra uterine environment and application of newly developed technology 	X	X				X	X	X
14	<ul style="list-style-type: none"> Demonstrate uterine massage and lochia assessment Redemonstrations of the uterine massage and lochia assessment 	X	X	X		X	X	X	
15+16	Final Exam								
<p style="text-align: right;">مقرر المساق: رئيس القسم:</p>									