



Jordanian Al-Zaytoonah University
Al-Zaytoonah University of Jordan
College of Nursing.
Faculty of Nursing



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Brief description of study subjects – Procedures for preparing and updating the study plan/section.Nursing	QF03/0409-3.0
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Study Plan Number (2026-2025)	Nursing	section	Nursing	College
		Accreditation Date	30	Number of Subjects

Prerequisite	Credit Hours	Course Name	Item Number
*Management and Leadership (Theoretical) and field training	3	Management and Leadership in Nursing / Practice	0301430
This course will provide students with the opportunity to explore the role of nursing departments within healthcare organizations. Students will also have the opportunity to apply management elements and professional, legal, ethical and organizational guidelines for nursing services management and centralize nursing services, structure, functions, policies, procedures and protocols within hospital policies in the context of quality guidelines.			

Prerequisite	Number of Credit Hours	Course Name	Item Number
-	3	Management and Leadership in Nursing / Theory	0301433
This course is designed based on the administrative process, as it aims to provide nursing students with theoretical information that matches the ever-changing health services. The course is designed to teach students the process of management and leadership to provide them with the necessary experiences to apply them through active classroom participation and dialogue. The administrative process includes: planning, organizing, directing, and controlling which enables students to anticipate and adopt the appropriate environment and leadership roles. This course is a strong support for students through participatory and dialogue to adopt the appropriate conditions for their work environment.			

Prerequisite	Number of Credit Hours	Course Name	Item Number
*Adult Nursing 1 Theoretical	3	Adult Nursing 1 / Practice	0301216
This course is designed to introduce junior nursing students to the field of nursing practice. The focus is on applying nursing concepts and care-related skills in the hospital setting. Clinical expertise focuses on the primary care of an adult client with health change issues. The nursing process and critical thinking are used as a framework for identifying and delivering nursing care. Emphasis is placed on developing the skills needed to evaluate, implement, and monitor selected nursing interventions and techniques. Therapeutic communication, legal and ethical issues, and professional commitment are also emphasized.			



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---	----------------------

Prerequisite	Number of Credit Hours	Course Name	Item Number
Fundamentals of Nursing/ Practical	3	Adult Nursing 1 / Theory	0301215
This course provides nursing students with the knowledge base related to the curriculum's knowledge framework, which emphasizes the holistic human, the environment, and nursing as an interactive system. The course focuses on biological, psychological, social, and spiritual behaviors as necessary health indicators to meet the needs of adult individuals experiencing shared health changes in a safe, legal, and ethical manner. The role of the nurse as a member of the healthcare team is emphasized. Nursing care is provided as a systematic approach to nursing care.			

Prerequisite	Number of Credit Hours	Course Name	Item Number
Adult Nursing 1 / Theoretical	3	Adult Nursing 2 /Theory	0301217
This course further develops the attributes of care and processes related to nursing care for adult patients with complex acute, critical, and chronic health conditions through the use of case methodology and integrated learning strategies with critical thinking processes to develop differential diagnoses, interventions, and appropriate health procedures.			

Prerequisite	Number of Credit Hours	Course Name	Item Number
*Advanced Adult Nursing/ Theoretical	3	Advanced Adult Nursing/ Practice	0301219
This course is given to second-year students. The course aims to provide nursing students with advanced nursing skills and competencies to provide nursing care to patients with acute and/critical conditions through the application of the nursing process that aims to meet the physiological, psychological, social, and safety needs of critically ill patients in specialized care units. This course includes training in the following clinical units: Intensive Care Unit - Coronary Care Unit - and Emergency Department.			

Prerequisite	Number of Credit Hours	Course Name	Item Number
Adult Nursing 2/ Theoretical	3	Advanced Adult Nursing /Theory	0301218
This course equips nursing students with basic knowledge related to the needs of patients in critical care units. It emphasizes comprehensive care for critically ill patients, who require specialized skills using the steps of the nursing process. This course focuses on biological, psychological, social, and spiritual needs as health indicators necessary to meet the needs of adult individuals experiencing			



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---	----------------------

health changes in a safe, legal, and ethical manner, emphasizing the role of the nurse as a member of the healthcare team.

Prerequisite	Number of Credit Hours	Course Name	Item Number
Graduation Semester	4	Clinical Training	0301425
<p>This course builds on all the competencies of the previous courses, and prepares the nursing student to practice the knowledge and skills acquired. Students have the opportunity to apply critical thinking, decision-making, leadership, collaboration, coaching, and research skills in the context of advanced practice. The focus is on integrating and applying knowledge and skills from previous courses to demonstrate the ability to design, provide, manage, and coordinate care. Training takes place in different areas of healthcare preparation to facilitate the transition of the role from student to a nurse. On practices related to the safe care environment, such as medication management and surveillance and infection control in the care of patients with health changes, core concepts such as nursing process, care, communication, documentation, cultural awareness, self-care, and education and learning will be used. Students will be able to integrate scientific knowledge and evidence-based practice finding.</p>			

Prerequisite	Number of Credit Hours	Course Name	Item Number
-	3	Principles of Nursing and Professional Communication	0301106
<p>This course introduces first-year nursing students to the fundamentals of the nursing profession and the principles of professional and therapeutic communication. It also provides knowledge of the history, values, roles, and responsibilities of nursing, as well as basic skills in professional communication with patients, their families, and healthcare teams. The course focuses on professionalism, ethics, care, wellness, health promotion, and cultural sensitivity, while developing communication skills, such as active listening, asking questions, feedback, and interpersonal relationships, which are essential skills for delivering safe, effective, and evidence-based nursing care.</p>			

Prerequisite	Number of Credit Hours	Course Name	Item Number
*Community / Theoretical Nursing	3	Community Nursing/ Practice	0301432
<p>This course develops the specialized nursing skills and competencies of nursing students related to the assessment, monitoring, and diagnosis of the health status of individuals, families, and communities. The course provides students with opportunities to practice community-related interventions in different community health settings and focuses on applying community health nursing roles in different settings. The focus will be on introducing the student to the role of community health nursing in health promotion, disease prevention, health maintenance, and primary health care activities. The course promotes critical thinking skills and problem-solving abilities by</p>			



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---	----------------------

using the nursing process as a theoretical framework in different community settings with a greater focus on health issues in Jordan.

Prerequisite	Number of Credit Hours	Course Name	Item Number
Obstetrics & Gynecology Nursing / Practical Pediatric & Neonatal Nursing / Practical	3	Community Nursing /Theory	0301431

This course equips students with the essential knowledge required to enable them to provide nursing care to all people in a different community setting, ranging from infant to preschoolers, school-age children, adolescents, adults, and the elderly. The focus will be on individuals, families, groups, and the entire community. In addition to the concepts of wellness and disease, this course covers levels of prevention, primary health care, and health promotion concepts and principles. This course prepares students for the required knowledge, and the intended attitudes and skills required to practice the Community Health Nursing course. All the roles of community nursing; specifically leader, health educator, advocate and collaborator, will be highlighted. This course promotes critical thinking skills and problem-solving abilities by using the nursing process as a theoretical framework in different community settings with a greater focus on Jordanian health issues and problems.

Prerequisite	Number of Credit Hours	Course Name	Item Number
*Advanced Adult Nursing/ Theoretical	3	Emergency Care	0301201

This course focuses on theoretical knowledge about emergency nursing which is an essential component of the healthcare delivery system. This course is designed to give students the opportunity to gain a deep understanding of the nature of emergency nursing and the role of the nurse in meeting the different needs of the patient. It equips students with the knowledge that will help them provide effective nursing care during emergencies and disasters both in pre-hospital and in-hospital settings as well as in disaster situations. This course will include three main parts: the basics of emergency nursing care, first aid, emergency nursing care for trauma in different body systems, first aid, and emergency nursing care for specific medical emergencies. Emphasis is placed on critical thinking and problem-solving.

Prerequisite	Number of Credit Hours	Course Name	Item Number
-	3	Epidemiology and Biostatistics	0301453

This course is an introduction to epidemiology, biostatistics, and the concepts and methods used to assess the distribution and determinants of health and disease in a population. This course focuses on the basic principles and methods of data analysis and understanding health-related indicators for the



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---	----------------------

population and health management. In addition, students will be prepared to serve as members of the research team.

Prerequisite	Number of Credit Hours	Course Name	Item Number
*Fundamentals of Nursing/Theory	3	Fundamentals of Nursing / Practice	0301112
This first clinical practical course provides junior nursing students with opportunities to develop the clinical competencies needed to meet the needs of individuals in a safe, legal, and ethical manner. It provides them with a non-threatening environment in which they apply nursing knowledge and master basic nursing skills accurately and safely through practice, repractice, and training in a nursing simulation lab. This course introduces the student to the role of the nurse as a caregiver, leader, and change agent. This is achieved through competencies that reflect meeting the overall human needs of the individual, which include the principles of care, critical thinking, decision-making, and professional commitment.			

Prerequisite	Number of Credit Hours	Course Name	Item Number
Anatomy of Nursing	3	Fundamentals of Nursing / Theory	0301111
This course is a core course in the nursing curriculum and is required for all nursing students studying for a bachelor's degree in nursing. Students learn the basic concepts of the art and science of nursing. Concepts related to the physiological, psychosocial, and spiritual health needs of the individual have been integrated. The legal and ethical roles of the professional nurse are emphasized. The course aims to provide students with a solid foundation from which they can build their technical and personal experiences. It is organized to facilitate the acquisition of the professional knowledge and values necessary for basic nursing care. It introduces the concept of care as it relates to nursing practice. Basic nursing concepts are presented as essential to the delivery of comprehensive care and a supporting structure for nursing practice. The Certified Nursing and Diagnosis (NANDA) process provides a framework for care and applies the set of knowledge gained throughout this course			

Prerequisite	Number of Credit Hours	Course Name	Item Number
-	3	Geriatric Care	0301404
This course aims to introduce students to geriatric health care. This course provides students with an introduction to the field of elder care and its physical, psychological, and social effects. Emphasis is placed on changes associated with aging and diseases common among the elderly. This course emphasizes the needs of the elderly and the methods of health care that must be provided to them in terms of the types and content of care. It will also help students learn about the healthcare services provided to the elderly.			



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---	----------------------

Prerequisite	Number of Credit Hours	Course Name	Item Number
Pediatric and Neonatal Nursing/Theoretical	3	Growth and Development from Nursing Perspective	0301325
<p>This course is designed to provide nursing students with the information to study human growth and theories of human evolution during the lifespan to work on applying them when providing nursing care to all patients and at all stages of growth and development. Focusing on understanding the basic principles of physical growth and development, motor development, psychosocial development, sexual, and cognitive development in humans and promoting wellness. It also provides students with the knowledge and skills that help them understand and appreciate the unique health needs of individuals based on growth and development from a nursing perspective.</p>			

Prerequisite	Number of Credit Hours	Course Name	Item Number
*Clinical/theoretical evaluation	3	Physical Assessment / Practice	0301204
<p>This clinical course of study coincides with the theoretical course of physical Assessment. It helps students develop motor clinical assessment and communication skills in conducting health assessment. It focuses on interviewing skills, systematic performance analysis, and documenting the health assessment process and outcomes of healthy and sick adult patients with an emphasis on the legal and ethical aspects of nursing. The clinical laboratory helps to safely apply their knowledge and skills in physical assessment</p>			

Prerequisite	Number of Credit Hours	Course Name	Item Number
Anatomy of Nursing	3	Physical Assessment / Theory	0301203
<p>This course provides nursing students with the basic principles and knowledge needed to systematically assess the health status of adults and use critical thinking skills to identify actual or potential changes in health. The focus is on health assessment and health promotion activities with healthy individuals, as well as on the physical, developmental, psychological, social, and cultural dimension of the patient's health. Emphasis will be placed on interviewing and communication skills in taking health history and distinguishing between normal and abnormal physical outcomes. The process of diagnostic thinking related to adult health will be applied to recognize common health issues when performing a physical exam from head to toe.</p>			

Prerequisite	Number of Credit Hours	Course Name	Item Number
-	3	Health Education	0301435
<p>This course is designed to prepare nursing students for their educational role that is commensurate with the continuous change in healthcare and the emergence of the technological era that supports</p>			



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QF03/0409-3.0

increased access to health information. This course focuses on the teaching and learning process to place a primary focus on patients (individuals, families, groups, and society) as active participants, nursing students as a source of information, and follow-ups of patient cases. It also helps students apply the principles of learning theories and teaching strategies into plans and programs that are designed for specific populations in a particular area. Students will be able to identify patients' educational needs, organize the teaching and learning process, and positively participate in the preparation of the patient's educational plan. Reinforcement is the output that serves as the basis for evaluating the teaching and learning experience and improvement in a patient's healthcare.

Prerequisite	Number of Credit Hours	Course Name	Item Number
*Obstetrics and Gynecology Nursing	3	Gynecology and Maternity Nursing / Practice	0301322
This course is designed to help students leverage the knowledge and skills gained from maternal health nursing and apply it to clinical fields. Students are expected to understand the problems that women experience during the reproductive cycle. In addition, it will provide students with an opportunity to interact and communicate effectively with women in the reproductive stages in the context of family care. Students will apply the nursing process when providing nursing care before, during, and after childbirth based on scientific knowledge and evidence, in addition to providing family-centered nursing care in relation to family planning and reproductive health.			

Prerequisite	Number of Credit Hours	Course Name	Item Number
Advanced/Practical Adult Nursing	3	Gynecology and Maternity Nursing/ Theory	0301321
This family-centered course is designed when providing nursing care to women during childbearing and includes a focus on health problems during pregnancy, childbirth, and after childbirth and health problems that may affect the health of pregnant women and the fetus. The concept of counselling in family planning will be clarified. Evidence-based knowledge will also be provided to care for newborns and postpartum women and meet their needs, in addition to providing students with knowledge that includes health problems affecting women during childbearing using critical thinking to achieve optimal care.			

Prerequisite	Number of Credit Hours	Course Name	Item Number
-	3	Oncology Nursing	0301202
This course provides students with the necessary knowledge to provide health care to oncology patients. It introduces how to activate the special nursing process for the care of acute and chronic cases and how to use creative thinking to provide the necessary procedures and treatments. This course reinforces the role of the legal nursing and the nursing process to provide comprehensive oncology care.			



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---	----------------------

Prerequisite	Number of Credit Hours	Course Name	Item Number
Pediatric & Neonatal Nursing / Theoretical	3	Pediatric & Neonatal Nursing / Practice	0301324
<p>This course provides students with different experiences and training opportunities geared towards the care of a healthy and sick child at various levels of development. It also applies theoretical knowledge and skills based on professional practice based on scientific evidence. The application in this course also focuses on the use of a critical thinking approach in problem-solving and demonstrating a comprehensive health assessment taking into account the physiological, cognitive, emotional, social, and spiritual care needs of the child and his or her family when providing nursing care. Students will also be trained in a variety of clinical settings such as maternal and child health centers. Also, students are expected to maintain ethical principles and professional standards while providing family-centered pediatric nursing care.</p>			

Prerequisite	Number of Credit Hours	Course Name	Item Number
Advanced/Practical Adult Nursing	3	Pediatric & Neonatal Nursing / Theory	0301323
<p>This course focuses on applying knowledge and problem-solving techniques using critical thinking during nursing care delivery to promote, protect and maintain the health of the child at various levels of development (newborn – adolescent) while taking into account the role of the family in supporting this healthcare. It also emphasizes the importance of the concepts of growth, development and health and their role in providing nursing care to children according to disease conditions while maintaining professional ethics.</p>			

Prerequisite	Number of Credit Hours	Course Name	Item Number
*Psychiatric Nursing / Theoretical	3	Psychiatric Nursing / Practice	0301342
<p>This course is designed to help students leverage the knowledge, skills, and attitudes gained from mental health in terms of nursing and theory and apply them to clinical fields. Students will be able to explore and gain insight into the problems faced by mentally ill patients. This course will provide students with the opportunity to interact and communicate effectively with the mentally ill and their families in mental health care settings. Students will be able to integrate scientific knowledge and evidence-based practice finding.</p>			

Prerequisite	Number of Credit Hours	Course Name	Item Number
Advanced/Practical Adult Nursing	3	Psychiatric Nursing / Theory	0301341



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---	----------------------

In this course, the student will be introduced to the basic theoretical concepts of psychiatric nursing and equip the student with the knowledge to apply selected theories, concepts, and evidence-based care for mental disorders of patients throughout their lifetime. Students will be able to explore ongoing topics of lifelong growth and development, therapeutic communication, social and cultural dimensions, legal and ethical norms as well as discuss integrative health therapies, current trends, and issues related to therapeutic modalities (psychopharmacology, psychotherapy, counseling, and physical therapy). The student will be able to apply the nursing process in the context of mental health nursing practice to make informed decisions in the implementation of clinical responsibilities.

Prerequisite	Number of Credit Hours	Course Name	Item Number
-	3	Quality in Healthcare	0301439
This course provides students with the knowledge and skills necessary to develop a qualitative quality management program in health institutions. The course focuses on monitoring institutional performance, and the use of policies and quality improvement tools that promote the concept of quality and patient safety in healthcare institutions. The course also provides students with theoretical information, principles and tools for quality management and improvement in health and nursing systems. Through the course, the students will be provided with the concepts of quality, quality management, continuous improvement in quality and other concepts relevant to the field of nursing and the health system. Students will be able to discuss various topics including: quality improvement approaches, reliability, standards, quality tools, quality measurement, quality indicators, improvement of performance excellence standards, and accreditation standards for hospitals and health centers.			

Prerequisite	Number of Credit Hours	Course Name	Item Number
-	3	Research in Nursing	0301444
This course aims to improve the quality of care and promote the health of the individual. This course introduces students to the steps of scientific research followed in the field of nursing in both quantitative and qualitative research methods, starting with identifying the research problem, reviewing the literature, and formulating hypotheses. This course also gives students the ability to choose the right design, recruit the right sample and choose the appropriate data collection method. In this course, students will receive training in analyzing the results and interpreting the results based on previous international, regional and local literature and then making conclusions and recommendations. This course also introduces students to how to retrieve scientific literature using scientific journals and reliable scientific research sites on the Internet.			

Prerequisite	Number of Credit Hours	Course Name	Item Number
Biochemistry for Nursing	3	Nutrition in Health and Illness	0301436
This course serves as an introduction to the interrelationships between nutrition, food, and the environment and their impact on the health status of individuals. Emphasis is placed on the multiple			



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factors that affect food intake and nutritional processes and affect optimal physiological performance. During this course, the role and function of nursing in promoting health and wellness throughout the life cycle will be discussed.

	Accreditation Date		Approved by the Head of the Department
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