



جامعة الزيتونة الأردنية  
Al-Zaytoonah University of Jordan  
كلية التمريض  
Faculty of Nursing



"التمريض جوهر الحياة"  
"Nursing is the Essence of Life"

"عراقة وجودة"  
"Tradition and Quality"

Study Plan for Bachelor program - Study Plan Development and Updating Procedures/  
Nursing Department

QF03/0407-4.0E

Course Plan for (Nursing) No. (2026/2025)

Approved by the Deans Council by decision (15/19/2024-2025) dated (26/08/2025)

(132) Credit Hours

Study system / hybrid program

Type of specialty

☐ Humanitarian

☐ Scientific /  
technical

☒ Medical  
Sciences

| Teaching style                                            | Percentage of study plan hours / number | Model used (synchronous: asynchronous) |
|-----------------------------------------------------------|-----------------------------------------|----------------------------------------|
| Complete e-learning courses                               | 20% Maximum / number(27) credit hours   | 2:1                                    |
| Blended learning courses (for scientific and medical)     | 30% Maximum / number (41) credit hours  | 2:1                                    |
| Traditional learning courses (for scientific and medical) | 50% / number (64) credit hours          | 2:0                                    |

**Important note:** The teaching patterns of the subjects are distributed at all academic levels in the program.

**Program vision:** Building specialized competencies in the field of nursing, provided with knowledge, skills, leadership, creative, and entrepreneurial competencies necessary to compete in the local, regional, and global labor market through using teaching and learning strategies and modern technology.

**Program mission and objectives:**

1. Instruct students to apply knowledge, skills, and scientific competencies when providing nursing care and contributing to the development of the nursing profession according to the national qualifications' framework.
2. Enable the student to master practical and applied skills related to the nursing profession based on evidence-based practice and the use of modern technology in employing these skills.
3. Promote students' ability to self-learning, creativity, and leadership in light of globalization and global transformations through the implementation of various teaching and learning strategies.

Program learning outcomes based on National Qualification Framework (NQF) (MK= Main Knowledge, MS= Main Skills, MC= Main Competences)

| NQF-MK (Knowledge)   |                                                                                                                                                                                                                        |
|----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| NQF-MK<br>PLO1-MK1   | Comprehend the basic nursing knowledge needed to provide a safe and effective care environment, and comprehensive nursing care based on research and scientific evidence.                                              |
| NQF-MS (Skills)      |                                                                                                                                                                                                                        |
| NQF-MS1<br>PLO2-MS1  | Provide high quality comprehensive nursing care in accordance with the legal, ethical and professional standards of practice.                                                                                          |
| NQF-MS2<br>PLO3-MS2  | Master critical thinking, problem-solving, reasoning and clinical judgment skills to provide comprehensive nursing care and adopt these skills to enhance lifelong professional development.                           |
| NQF-C (Competencies) |                                                                                                                                                                                                                        |
| NQF-MC1<br>PLO4-MC1  | Show the ability to communicate and develop effective strategies to promote and maintain health and prevent diseases, while considering social and cultural diversity.                                                 |
| NQF-MC2<br>PLO5-MC2  | Demonstrate the ability to maintain the physiological integrity of patients while providing high quality nursing care.                                                                                                 |
| NQF-MC3<br>PLO6-MC3  | Demonstrate the ability to maintain the psychological and social integrity of patients and to communicate effectively with clients and healthcare professionals while considering cultural diversity.                  |
| NQF-MC4<br>PLO7-MC4  | Assume responsibility for the development of professional nursing roles that commensurate with global health issues such as pandemics and challenging threats and their impact on the economics of healthcare systems. |



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| Teaching style                                               |       |                      | Course No. | Course name                          | Credit hour | Theory Hours | Practical Hours | Prerequisite<br>Co-requisite | Indicative |      |
|--------------------------------------------------------------|-------|----------------------|------------|--------------------------------------|-------------|--------------|-----------------|------------------------------|------------|------|
| electronic                                                   | Fully | Blended              |            |                                      |             |              |                 |                              | Semester   | year |
|                                                              |       | Traditional learning |            |                                      |             |              |                 |                              |            |      |
| <b>1. Requirements (27) Credit Hours</b>                     |       |                      |            |                                      |             |              |                 |                              |            |      |
| <b>1.1 Mandatory requirement (21 credit hour)</b>            |       |                      |            |                                      |             |              |                 |                              |            |      |
| .                                                            |       |                      | 0420101    | Military Sciences                    | 3           | 3            | 0               |                              | 1          | 1    |
| .                                                            |       |                      | 0420151    | National Education                   | 3           | 3            | 0               |                              | 2          | 1    |
| .                                                            |       |                      | 0420271    | Life skills                          | 3           | 3            | 0               |                              | 1          | 2    |
| .                                                            |       |                      | 0420115    | Communication skills in Arabic       | 3           | 3            | 0               | Remedial Arabic Language     | 1          | 1    |
| .                                                            |       |                      | 0420123    | Communication skills in English      | 3           | 3            | 0               | Remedial English Language    | 2          | 1    |
| .                                                            |       |                      | 0420261    | Entrepreneurship and innovation      | 3           | 3            | 0               |                              | 2          | 2    |
| .                                                            |       |                      | 0420241    | Leadership and social responsibility | 3           | 3            | 0               |                              | 1          | 2    |
| <b>1.2 University elective requirements (06 credit hour)</b> |       |                      |            |                                      |             |              |                 |                              |            |      |
| .                                                            |       |                      | 0420142    | Human Civilization                   | 3           | 3            | 0               |                              | 1          | 1    |
| .                                                            |       |                      | 0420253    | Development and environment          | 3           | 3            | 0               |                              | 1          | 2    |
| .                                                            |       |                      | 0420172    | Digital skills                       | 3           | 3            | 0               | Remedial computer skills     | 2          | 1    |
| .                                                            |       |                      | 0420201    | First aid                            | 3           | 3            | 0               |                              | 2          | 2    |
| .                                                            |       |                      | 0420134    | Sports and health                    | 3           | 3            | 0               |                              | 1          | 1    |
| .                                                            |       |                      | 0420212    | Islamic culture                      | 3           | 3            | 0               |                              | 1          | 2    |
| .                                                            |       |                      | 0420392    | Principals of Psychology             | 3           | 3            | 0               |                              | 1          | 3    |
| .                                                            |       |                      | 0420341    | Principals of German Language        | 3           | 3            | 0               |                              | 2          | 3    |
| .                                                            |       |                      | 0420155    | Law in life                          | 3           | 3            | 0               |                              | 1          | 2    |

| Teaching style                                    |       |                      | Course No. | Course name                     | Credit hour | Theory Hours | Practical Hours | Prerequisite<br>Co-requisite | Indicative |      |
|---------------------------------------------------|-------|----------------------|------------|---------------------------------|-------------|--------------|-----------------|------------------------------|------------|------|
| electronic                                        | Fully | Blended              |            |                                 |             |              |                 |                              | Semester   | year |
|                                                   |       | Traditional learning |            |                                 |             |              |                 |                              |            |      |
| <b>2. Faculty Requirements (20 ) Credit Hours</b> |       |                      |            |                                 |             |              |                 |                              |            |      |
|                                                   | .     |                      | 0420819    | General Chemistry               | 3           | 3            | 0               | None                         | 1          | 1    |
|                                                   | .     |                      | 0420817    | Biology                         | 3           | 3            | 0               | None                         | 1          | 1    |
|                                                   | .     |                      | 0201163    | Biochemistry for Nurses         | 2           | 2            | 0               | General chemistry            | 2          | 1    |
|                                                   | .     |                      | 0201261    | Pathophysiology for Nurses      | 3           | 3            | 0               | Physiology for nurses        | 1          | 2    |
|                                                   | .     |                      | 0201264    | Microbiology for Nurses         | 3           | 3            | 0               | Biology                      | 2          | 2    |
|                                                   | .     |                      | 0301435    | Health Education                | 3           | 3            | 0               | None                         | 1          | 4    |
|                                                   | .     |                      | 0301436    | Nutrition in Health and Illness | 3           | 3            | 0               | Biochemistry for Nurses      | 2          | 3    |



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|                                                     |   |         |                                |   |   |   |                       |   |   |
|-----------------------------------------------------|---|---------|--------------------------------|---|---|---|-----------------------|---|---|
|                                                     | • | 0301439 | Quality in Health Care         | 3 | 3 | 0 | None                  |   |   |
|                                                     | • | 0301404 | Geriatric Care                 | 3 | 3 | 0 | None                  | 1 | 4 |
|                                                     | • | 0301453 | Epidemiology and Biostatistics | 3 | 3 | 0 | None                  | 1 | 4 |
| <b>3.3 Supporting requirements (8) credit hours</b> |   |         |                                |   |   |   |                       |   |   |
|                                                     | • | 0201162 | Physiology for Nurses          | 3 | 3 | 0 | Anatomy for Nurses    | 2 | 1 |
|                                                     | • | 0201161 | Anatomy for Nurses             | 3 | 3 | 0 | Biology               | 2 | 1 |
|                                                     | • | 0201262 | Pharmacology for Nurses        | 3 | 3 | 0 | Physiology for Nurses | 1 | 2 |

❖ \* Co-requisite