



Factors Influencing Compassion-Fatigue and Compassion-Satisfaction among Emergency Department Nurses in Jordan

By

Hana Ibrahim Salem

Advised by

Dr. Maha. M. Subih

Abstract

This study aimed to determine the demographic, health-related and work-related factors that associated with compassion-fatigue and compassion-satisfaction and to examine the relationship between compassion-satisfaction and compassion-fatigue with its two dimensions (burnout and secondary traumatic stress) among emergency department nurses in Jordan. A cross-sectional, descriptive-correlational design was used. Professional Quality of Life Scale Version 5, demographic, and health and work-related factors were used to collect the data. A total of 203 registered nurses were recruited from emergency departments in three health sectors (governmental, educational, and private) in Jordan. The mean scores for compassion-satisfaction was 32.8 ($SD=6.1$), burnout was 28.5 ($SD= 4.03$), and secondary traumatic Stress was 29.7 ($SD=5.1$). Educational level was correlated with compassion-satisfaction, and co-morbidity diseases were correlated with secondary traumatic stress. Finally, compassion-satisfaction was negatively correlated with burnout. These study findings may help healthcare professionals and policy makers develop interventions to minimize compassion-fatigue and improve compassion-satisfaction.

Keywords: burnout, compassion-fatigue, compassion-satisfaction, emergency nurses, secondary traumatic stress