

# **The Impact of an Educational Program on Nurses' Knowledge, Attitude and Skills Regarding Evidence-Based Practice**

**By**

**Alaa Nashat Ali Saad**

**Supervision**

**Dr. Andaleeb M. Abu Kamel**

## **Abstract**

The Evidence-Based Practice (EBP) enhance the nursing profession, improves patient outcomes and quality of care. For that, improving nurses' competencies in using evidences in their practice is crucial in nursing education. Moreover, it requires to investigate the effectiveness of an educational program on nurse's knowledge, attitude, and skills regarding EBP.

The present study aimed to investigate the impact of an educational program on nurses' knowledge, attitude and skills regarding EBP. Quasi experimental design for one group was used, and the data was collected from (41) nurses that working in two private hospitals in Amman. The participants filled the Evidence Based Practice Competence Questionnaire (EBP-COQ) as a pre-test, then they enrolled in a one-day workshop regarding EBP, finally, again participants filled the EBP-COQ as post-test. There was a significant improvement in nurse's knowledge, attitude and skills regarding EBP after the educational program.

**Keywords:** Evidence Based Practice, Nurses, Experimental, Education Program.