Attitudes of Emergency Department Nurses towards Self-Harm Patients in Amman city: A Descriptive Study

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Abstract

Aim: The purpose of this study was to assess the attitudes of nurses in the Emergency Department (ED) towards individuals with Deliberate Self-harmed Harm (DSH), including its association with other factors such as age, academic qualifications, length of experience, and self-harmed education.

Methods: A cross-sectional design was applied. Nurses from five EDs at two health care sectors located in Amman, Jordan, participated in the study and completed the Attitudes towards s Deliberate Self- Harm Questionnaire (ADSHQ).

Results: A total of 200 ED nurses joined the study. ED nurses exhibited a positive attitude towards patients with self-harmed harm. Nurses working in private hospitals scored significantly higher attitudes compared to nurses in government hospitals. Male nurses scored significantly higher than female nurses in the overall attitudes score.
Conclusion: While emergency nurses revealed a positive attitude towards self-harm patients, providing a specific education program would improve ED nurse’s ability to deal effectively with those patients.

Keywords: Attitudes; Emergency Department; Self-harm; Nurse.