

# **Jordanian Critical Care Nurses' Attitudes and Roles Regarding Breaking Bad News: A cross Sectional Study**

By

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## **Abstract**

**Aim:** This study examining Jordanian critical care nurses' attitudes, roles, experience, education, and barriers regarding breaking the bad news.

**Methods:** A descriptive, cross-sectional design was used in this study. A convenience sample of 210 nurses was recruited from Al-Bashir Hospital in Amman, using self-reported questionnaires.

**Results:** The results of the current study showed that most of the Jordanian critical care nurses contributed to breaking bad news and they were involved in different roles in this process and they had a positive attitude regarding breaking bad news. In this study (75.2%) of the participants reported that they did not receive any specific training regarding breaking bad news. Nurses face many barriers when breaking bad news, the higher barrier in breaking bad news was training.

**Conclusion:** directions for breaking bad news should cover the whole process of doing this and recognize the challenges nurses face in critical care areas. Developments in education and support are required that reflect the challenges that nurses encounter during breaking bad news process.

**Keywords:** Jordan, Critical Care Nurse, Attitude, Role, Breaking Bad News.