

CURRICULUM VITAE



Mohammad Aref Abu Sabra

Faculty: nursing

University, City, Jordan: Al-Zaytoonah Private University of Jordan

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1. Personal Data

Date of Birth: 30 /2/1986

Nationality: Jordanian

2. Education

- PhD 2021, Jordan of University, Amman, Jordan.
- M.Sc. (psychiatric and mental health nurse) 2014, Jordan of University, Amman, Jordan.
- B.Sc. (General Nurse) 2009, al-Z
- aytoonah university, Amman, Jordan.

3. Ph.D. Dissertation:

Testing Efficacy Of Relapse Prevention Intervention On The Ability Of Patients And Their Families To Self-Assess And Manage Early Warning Signs Of Relapse



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And Impact on Relapse Rate Among Patients Diagnosed With Schizophrenia In Jordan

4. **Employment**

Academic Positions

Assistant professor, faculty nursing , Al-zaytoonah university , Amman , Jordan from 2021 to until now

Lecturer , faculty nursing , Al-zaytoonah university , Amman , Jordan from 2015 to 2021

Clinical instructor, faculty nursing , Al-zaytoonah university , Amman , Jordan from 2009 to 2015

ICU staff , Philadelphia hospital, Amman , Jordan from 2010 _ 2013

ICU staff , Red crescent hospital, Amman , Jordan from 2009 – 2010

ICU staff, Arab medical center, Amman, Jordan from 2008 – 2009

Administrative Positions

- Director, Center for academic development , alzaytoonah university , Amman , Jordan, 2018 – until now

5. **Research Interests :**

Psychiatric and mental health nursing

6. **Membership in Scientific Societies and Associations :**

2009 – Till now Member at Jordan Nurses & midwives council

7. **Honors and Awards**

CNS (clinical nurse specialist) in psychiatric and mental health nurse

8. **Fellowships and Scholarships**

Not found

9. **Teaching Experience**



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- Undergraduate Courses

1. Psychiatric & Mental Health Nursing theory & practicum
2. Adult practicum
3. Introduction of nursing
4. First aids
5. Physical examination theory & practicum
6. Therapeutic communication
7. Nutrition fundamentals
8. Clinical training
- 9, administration practicum

10. Supervision of Graduate Research

Not found

11. Membership of Committees

Al-zaytoonah University in 3 committees

12. Professional and Scientific Meetings

- Oct 2021 : interactive learning; foundations, principles and its application
 Sep 2020: Applied basic statistics assisted with SPSS software
 October 2018 : Testing constriction and analysis of its results
 Sep 2018 “E- learning training course “
 Oct 2017 Using and Managing E-learning systems
 May 2017“ICDL”
 Feb 2016_ " training of trainer: TOT”
 Sep2013_ "pain management in cancer: achievement and challenges”
 May2013_ "سلامة المريض: نظرة اكااديمية وعلمية والملتقى الابداعي الثاني لطلبة كليات التمريض الاردنية”
 Apr2013_ "psychological need of patient in general hospitals”
 Apr2013_ " The Tipping Point: creative solutions to health and nursing challenges”
 Feb2013_ "Improving clinical teaching through mentorship and preceptors”
 Sep2012_ "Test Construction”
 Sep2012_ "Clinical teaching in nursing”
 Mar 2012_ "" الانجازات الابداعية لطلبة التمريض في مجال البحث العلمي والتعليم والممارسة العملية”
 May2011_ "" جودة التعليم التمريضي الجامعي: الطريق الى تحسين المؤسسات الصحية”
 Dec2010_ "الضغوطات وكيفية التعامل معها خلال فترة الامتحانات”
 Apr2010_ "Clinical teaching in nursing: Achieving Quality”
 Jan 2010 – "Future Direction for palliative care in nursing curricula”
 Jun 2009 _ "quality Awareness lecture”
 Feb2009_ "شهادة انجاز: مشروع العمر”



13. Participation in or organization of curricular and/or extra-curricular activities

January 2013	Alzaytoonah University	Free health screening day at Albaqaa- Amman
December 2012	Alzaytoonah University	Free health screening day at Albaqaa- Amman
December 2011	Alzaytoonah University	Free health screening day at Al-Husein camp- Amman
May 2011	Alzaytoonah University	Recommendation committee at the college of nursing scientific day
Aprill 2014	Alzaytoonah University	Free health screening day at Aljaber village
May 2014	Alzaytoonah University	Free health screening day at alquesma
June 2014	Alzaytoonah University	Free health screening day alqreaqra
May 2015	Alzaytoonah University	Free health screening day at alkarak
Nov 2015	Alzaytoonah University	ورشنة عمل اسعافات الاوليه في مدرسة الاميرة هيا لواء ناعور
Dec 2015	Alzaytoonah University	Free health screening day at jabal alnuzha
Jan 2016	Alzaytoonah University	يوم صحي صحتك بالدنيا
Nov 2018	Alzaytoonah University	المشتركة ببيوم التغير بالمركز الوطني للصحة النفسية
Nov 2019	Alzaytoonah University	المشتركة ببيوم التغير بالمركز الوطني للصحة النفسية

14. Publications

- 1) The Impact of Using Relapse Prevention Intervention on Maintaining Remission and Minimizing Relapse Rate among Patients with Schizophrenia: A Scoping Review," (JPN-2021-170R1), has been accepted for publication as a (n) Feature Article in the Journal of Psychosocial Nursing and Mental Health Services.25-8-2021.



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- 2) The Effectiveness of Relapse Prevention Intervention on the Ability of Patients and Their Families to Prevent Psychotic symptoms of Relapse among Patients with Schizophrenia: Systematic Literature Review June 2021- Medico-Legal Update 21(3):392-402.
- 3) The Effectiveness of Nursing Delivered Interventions on Readmission Rate among Patients Post Coronary Artery Bypass Graft Surgery; a Systematic Review June 2021- Medico-Legal Update 21(3):292-298.
- 4) Alzheimer disease health-related information on YouTube: A video reviewing study, Journal of Nursing Education and Practice Accepted: May 26, 2016
Online Published: June 14, 2016
- 5) Attitude and proposed solutions toward university violence from Al-Zaytoonah University of Jordan students' point of view: A survey study " in review "