

**“The Impact of Military Injuries on Social Participation,  
Quality of Life, and the Appearance of Symptoms of  
Psychological Distress among Jordanian Soldiers”**

By

**Gusoon Esmaeel Shadaha AL-taamraha**

Supervisor

**Prof. Dr. Suhair Husni Al-Ghabeesh**

This Thesis was Submitted in Partial Fulfillment of the Requirements  
for the Master's Degree in Clinical Nursing/ Adult

Faculty of nursing

January, 2023

Military trauma has a significant impact on lives of soldiers, affecting many aspects of their lives. However, not many studies are being done on this aspect in our society. Thus, this cross-sectional, correlational design was used to determine the impact of military injury on social participation, quality of life, and the appearance of symptoms of psychological distress among Jordanian Soldiers. A convenience sample of 145 soldiers filled the questionnaires of social participation, quality of life and psychological distress, enumerating many types of injuries found in the departments of the Hashemite Commission for Military Injured in AL-Karak, Amman and Irbid. The result found that

the Jordanian soldiers have low level of social participation, moderate level of quality of life with high level of disassociation. Also, all participants show symptoms of post-traumatic stress disorders related to the injury. Further research needs in this topic to assess farther injury impact on soldiers' life.

**Key words:** military injury, social participation, quality of life, psychological distress

