



"التمريض جوهر الحياة"
"Nursing is the
Essence of Life"

جامعة الزيتونة الأردنية
Al-Zaytoonah University of Jordan
كلية التمريض
Faculty of Nursing



"عراقة وجودة"
"Tradition and Quality"

Brief course description- Course Plan Development and Updating Procedures\ Nursing Department	QF03/0409-3.0E
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Faculty	Nursing	Academic Department	Nursing	Number of the course plan (2020-2021)
Number of Major requirement courses		Date of plan approval	28/7/2021	

This form is just for the major requirement courses

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301433	3	Administration and Leadership in Nursing (Theory)	-

This course is organized to provide the theoretical background that help nursing understand the principles of nursing leadership and management. It is designed to teach students with the managerial and leadership skills including the management process; planning, organizing, directing and controlling, through which students can expect their future roles. This course is interactive and encouraging students to contribute in class discussions and case scenarios.

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301434	1	Administration and Leadership in Nursing/ Practice	*Administration and Leadership in Nursing/Theory & Clinical Training

This course will provide the students with an opportunity to explore the role of the nurse manger within today's health care organizations. It provides the student an opportunity to obtain an understanding of the role of the nursing manger in health care organizations. Students will have the opportunity to apply management elements and professional, legal, ethical, and regulatory guidelines to managing nursing services. The practical experience focuses on the examination of nursing service mechanisms, structure, functions, polices, procedures and protocols within hospital settings in the context of quality guide lines.

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301216	3	Adult Nursing I- Practicum	*Adult Nursing I / Theory

This course is designed to introduce the beginning-nursing students to the field of nursing practice. Focus is on the application of nursing concepts and skills related to caring in the hospital setting. Clinical experience focuses on the basic care of the adult client with health alteration problems. The nursing process and critical thinking are utilized as a framework to identify and provide nursing care. Emphasis is placed on developing skills needed to assess, implement and monitor selected nursing interventions and technologies. Therapeutic communication, legal and ethical issues, professional commitment are also emphasized. Clinical areas include: medical ward-surgical ward-hematology ward-endoscopy unit-operation room.

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301215	3	Adult Nursing I/ Theory	Fundamental of Nursing /lab

This course provides nursing students with the knowledge base related to the cognitive framework of the curriculum, which emphasizes holistic man, environment, and nursing as an interacting system. The course



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focuses on bio-psycho-social and spiritual behaviors as indicators of health necessary to meet the needs of adult individuals with common health alterations in a safe, legal, and ethical manner. The role of the nurse's role as a healthcare team member. The nursing process is presented as a systematic approach to nursing care.			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301220	3	Adult Nursing 2/ practice	*Adult Nursing II / Theory
This course is advanced to adult nursing 1 in which nursing students learn providing care for chronic and critical care patients utilizing critical thinking technique through using nursing process in the hospital settings. Emphasis on advanced skills for assessing, and intervening technological procedures, in addition to communication skills, ethical and legal issues in nursing practice. Clinical areas include: Intensive care unit- Burn unit-dialysis unit- orthopedic ward.			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301217	3	Adult Nursing II Theory	Adult Nursing I / Theory
This course is advanced to adult nursing 1, in which nursing students learn to provide care for chronic and critical care patients using critical thinking techniques through the nursing process in hospital settings. Emphasis on advanced skills for assessing and intervening in technological procedures, in addition to communication skills, ethical and legal issues in nursing practice. Clinical areas include the Intensive care unit- Burn unit-dialysis unit- orthopedic ward.			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301219	3	Advance Adult Nursing / practicum	*Advanced Adult Nursing / Theory
This course is provided to students who are at the level of the second year. It aims to provide nursing students with advanced nursing skills and competencies related to nursing practice for providing nursing care for patients with acute and /critical conditions by utilizing the nursing process to meet the physiological, psycho-social, and safety needs of critically ill patients in specialized care units. Clinical units includes: intensive care unit-coronary care unit- emergency department.			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301218	3	Advanced Adult Nursing (Theory)	Adult Nursing II / Theory
This course provides nursing students with the basic knowledge related to patient needs in critical care units. It emphasizes a holistic care to critically ill patients, who are in need for specialized skills using steps of nursing process. This course focuses on the bio-psycho-social and spiritual needs as indicators of health necessary to meet the needs of adult individuals with common health alterations in a safe, legal, and ethical manner, emphasizing role of the nurse as a member of the healthcare team.			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301462	5	Clinical Training	Graduation semester



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Brief description

This course builds on all of the previous courses' competencies, preparing the nursing student for entry-level nursing practice. Students have the opportunity to apply critical thinking, decision-making, leadership, change-agent, collaboration, coaching, advocacy, and research skills in the context of advanced practice. Emphasis is on integration and application of knowledge and skills from previous courses to demonstrate the ability to design, provide, manage and coordinate care. Training occurs in different areas in the health care setting to facilitate role transition. Practices related to a safe care environment, such as administering and monitoring medications and controlling infections, will be emphasized. In the care of clients with health changes, key concepts such as nursing process, caring, communication and documentation, cultural awareness, self-care, and teaching-learning will be used.

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301244	1	Therapeutic communication	-

This course provides nursing students with basic skills enabling them developing professional and therapeutic communication with patients, patients' families, and health care providers which is the forefront of quality nursing care. This course approaches communication skills and presents them as critical and necessary tools for the nursing profession. It is designed to help students improve their communication in both personal and professional contexts. This course provides nursing students with a comprehensive overview of communication skill based on critical thinking approach to assist them in their daily clinical work and personal environments. Various types and models of communication will be viewed and some skills will be applied to improve interpersonal and professional relationships.

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301432	3	Community Nursing (Practice)	*Community Nursing (Theory)

This course develops specific nursing skills and competencies in nursing students related to assessment, monitoring and diagnosis of the health status of individuals, families, and communities. The course provides students with opportunities for practicing community related interventions in different community health settings and focuses on application of community health nursing roles in different settings. The emphasis will be on familiarizing student to enact the community health nursing role in health promotion, disease prevention, health maintenance, and primary health care activities. The course strengthens the critical thinking skills and problem solving abilities through using of nursing process as theoretical framework in different community settings with more emphasis on health issues in Jordan.

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301431	3	Community Nursing (Theory)	Gynecology & Maternity Nursing (practicum) Pediatric Nursing and new born/ practice

This course provides students with the required knowledge to enable them to provide nursing care to all persons in different community settings, starting from infant, to preschool and school aged children, adolescents, adults, to elders. The emphasis will be on individuals, families, groups, and the community at large. In addition to that, wellness and illness concepts will be integrated in every course content. This



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course covers levels of prevention; primary health care, and health promotion concepts and principles. This course prepares students for the theoretical community health-related knowledge, attitude and intended skills required for the Community Health Nursing practice course. All community nursing roles; specifically, leader, educator, advocator, and collaborator will be highlighted. The course strengthens critical thinking skills and problem-solving abilities through using of the nursing process as the theoretical framework in different community settings with more emphasis on Jordanian health issues and problems.

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301201	3	Emergency Care	Advanced Adult Nursing / Theory

This course focuses on the theoretical knowledge about emergency nursing which is an essential component of health care delivery system. This course is designed to give students the chance to gain in depth understanding of nature of emergency nursing and role of nurse in meeting different needs of patient. It provides the students with knowledge that will help them to provide efficient nursing care during emergency and disaster situations either in pre-hospital settings or in hospital setting and also in disasters. This module will include three main parts namely basics of emergency nursing care, first aid and emergency nursing care for trauma in the different body systems and first aids and emergency nursing care for specific medical emergencies. Critical thinking and problem solving is emphasized.

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301453	3	Epidemiology and biostatistics	-

This course is an introduction to epidemiology and biostatistics concepts and methods used to evaluate health, disease and their distribution in the populations. Also, it focuses on of statistical data analysis to understand health-related indicators for population health management. Students will be prepared to function as members of a research team. The course will focus on utilizing biostatistics concepts and methods to epidemiology and biostatistics in the development of nursing knowledge. students will be able to: 1) Demonstrate knowledge of the historical evolution and future direction in epidemiology and biostatistics 2) Understand the components of the health research process including problem definition, data collection, data analysis and communication of findings. 3) Describe the qualitative and quantitative approaches to health research

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301112	3	Fundamentals of Nursing/ Laboratory	*Fundamental of nursing/ Theory

This first clinical nursing course provides beginning nursing students with the opportunities to develop clinical competencies necessary to meet the needs of individuals in a safe, legal, and ethical manner. It provides them with a non-threatening environment in which they apply nursing knowledge and master basic nursing skills accurately and safely through practice and return demonstration in a simulated nursing laboratory. This course acquaints the student with the role of the nurse as a caregiver, leader, and change agent. This is accomplished through competencies reflecting meeting the holistic human needs of individual, incorporating the caring, critical thinking, decision making and professional commitment principles.

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
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0301113	2	Fundamental of nursing/ Theory	Anatomy for Nurses
<p>This course is an essential core course in the nursing curriculum that is required for all nursing students studying for a bachelor degree in nursing. Students learn basic concepts to the art and science of nursing. Concepts related to physiological, psychosocial, and spiritual health needs of the individual are integrated. Legal and ethical roles of the professional nurse are emphasized. The course aims at providing the students with a solid foundation on which they can build their technical and interpersonal expertise. It is structured to facilitate acquisition of knowledge and professional values necessary to basic nursing care. It introduces the concept of caring as it relates to nursing practice. Basic nursing concepts are presented as essential to the art of holistic caring and supporting structure to practice. The nursing process and approved nursing diagnosis (NANDA) provides the framework for caring and for application of the body of knowledge learned throughout the course</p>			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301404	3	Geriatric	-
<p>This course is designed to orient students to the geriatric health care. The course provides students to an introduction in elders' care and the physical, mental, and social consequences of aging on them. The focus of the course will be on the aging-related changes and common aging related health problems. The course emphasizes on elders' needs and the health care approaches which should be provided to them, in term of type of health care and its context. Furthermore, this course will assist students in identifying the health care services that are available to elders.</p>			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301325	3	Growth and Development from nursing perspective	Pediatric and New born Nursing (Theory)
<p>This course is designed to provide nursing students with the opportunity to study human growth and selected theories of development throughout the life span, with special reference to applicability to nursing practice. The focus will be on understanding the basic premises of physical growth and development, motor, psychosocial, psychosexual, and cognitive development, and wellness promotion. It provides students with the theoretical sound and processes, by which one comes to know, think and respond to others. It additionally fosters an appreciation of the need for individualized health care.</p>			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301214	2	Physical Assessment \ laboratory	*Physical Assessment/ theory
<p>This clinical course is concurrent with physical assessment theoretical course. It helps the students to develop physical assessment psychomotor and communication skills in taking physical assessment. It focuses on the interviewing skills and systematic performance analysis and documentation of physical assessment process and findings of healthy and ill adult clients with emphasis on legal and ethical aspects of nursing. Non-threatening clinical lab helps the students to apply their physical assessment knowledge and skills safely</p>			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301213	2	Physical Assessment (theory)	Anatomy for nurses
<p>This course provides nursing students with the basic principles, and knowledge necessary to perform a</p>			



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systematic appraisal of the adult's health status and use critical thinking skills to identify actual or potential alterations in health. The focus is on health assessment and health promotion activities with healthy individuals, as well as on the physical, developmental, psychosocial, and cultural dimensions of client's health. Emphasis will be placed on interviewing skills and communication in taking a health history and differentiating between normal and abnormal physical findings. Diagnostic reasoning process will be applied related to adult health for recognition of common health problems when conducting a head-to-toe physical examination.

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301435	3	Health education	-

This course is designed to prepare nursing students for their educative roles that is appropriate for the changing of healthcare scene and the emergence of technological age that supports greater access to health information. It focuses on the teaching – learning process to place primary emphasis on the clients (individuals, families, groups, and community) as active participants and the nursing students as the resource persons, and mentors. It also helps students to apply the principles of learning theories and educational strategies in the healthcare educational plans and programs that are designed for a selected population in a selected area. The students will be able to identify the learning needs of clients, organize the teaching-learning process, and participate positively in preparing the patient health educational plan. Enhancement is on outcomes as the basis for evaluation of the teaching – learning experience and improvement in the client's health care.

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301104	3	Foundation of Nursing Profession / Laboratory	*Foundation of Nursing Profession / Theory

This first clinical nursing course gives students the opportunity to gain the clinical skills they need to fulfill people's needs in a safe, legal, and ethical way. It offers students a non-threatening setting in which they may apply nursing knowledge and practice basic nursing skills in a nursing laboratory. The nurse's role as a caregiver, leader, and change agent is explored in this course. This is achieved via competencies that represent supporting an individual's holistic human needs, as well as principles of caring, critical thinking, decision-making, and professional commitment.

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301103	1	Foundation of Nursing Profession / Theory	-

It is an introductory course of nursing science prepared for the first year nursing students. It begins with an introduction to the health care system and nursing as a profession in addition to the concepts of contemporary nursing profession. The course aims to enrich the students' knowledge regarding to the vital concepts in nursing such as professionalism, caring, wellness, health promotion, effective communication, holistic care, teaching and learning, critical thinking, advocacy and ethics.

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301322	3	Gynecology & Maternity Nursing	*Gynecology & Maternity



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		(practicum)	Nursing/ theory
<p>This course is designed to help students to utilize knowledge, skills, and attitudes gained from maternity health nursing-theory course and apply them in clinical areas. The students are expected to understand the problems experienced by the child bearing woman. In addition, this course will provide the students with opportunity to interact and communicate effectively with child bearing women in the context of their families in antenatal, intra-partum and postpartum settings. The Students will utilize nursing process in implementing appropriate nursing intervention for each child bearing woman in the antenatal, intra-natal and postpartum period based on scientific knowledge and evidence base practice. Furthermore, the student will practice family centered care regarding family planning and childbearing</p>			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301321	3	Gynecology & Maternity Nursing/theory	Advance adult Nursing/ practicum
<p>This course is designed for undergraduate nursing students. It is a family-centered course with emphasis on nursing care of women during childbirth period. The focus includes the antepartum, intrapartum, postpartum, and women's health problems in later stages of life. The concept of providing counseling in family planning and family planning methods will be elaborated in the context of family wholeness. A brief overview of the newborn & immediate newborn care will also be introduced to optimize postpartum woman and newborn comfort and meet their needs. The benefit of primary health care needed for the woman and the newborn baby will be explained focus on the health problems, which affect the woman through her reproductive life. Students will be offered an opportunity to utilize critical thinking, and problem solving to achieve optimum benefit.</p>			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301202	3	Nursing oncology	Adult Nursing I/ Theory
<p>This course provides nursing students with the knowledge base related to the oncology nursing care. This didactic course further develops caring attributes and processes related to nursing care for patients with acute and chronic oncology conditions through critical thinking processes for development of differential diagnoses, invasive interventions and procedures with appropriate therapeutic modalities. The role of the nurse as a member of the healthcare team is emphasized. The nursing process is presented as a systematic approach to oncology nursing care.</p>			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301324	3	Pediatric Nursing and new born/ practice	*Pediatric and New born Nursing (Theory)
<p>This course involves providing the student nurse with the various experience & training opportunities that are directed toward caring for the healthy as well as the sick child at different the levels of his development. The student is encouraged to apply his theoretical background into the practice setting. The student experiences will involve the application of the critical thinking approach in problem solving, utilizing the nursing process and demonstrating comprehensive health assessment taking into consideration the physiological, cognitive, emotional, social and spiritual caring needs of the child and his family. The student will be exposed to a variety of clinical settings such as the maternal child health centers (MCH) and the pediatric wards in hospitals where he/she will demonstrate the professional standard of pediatric</p>			



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care including the ethical and legal principles of nursing.			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301323	3	Pediatric and New born Nursing (Theory)	Advance health nursing /practicum
This course focuses on the application of knowledge synthesis, problem-solving approaches utilizing critical thinking while conducting the nursing process to promote protect and maintain the health of the child at different developmental levels (newborn-adolescent) taking into consideration the role of the family. The concepts of growth, development, health, and role of the pediatric nurse are emphasized. Legal and ethical issues related to health care of children will be explored.			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301342	3	Psychiatric Nursing (practice)	*Psychiatric Nursing/ Theory
This course is designed to help students utilize knowledge, skills, and attitudes gained from the mental health nursing theory course and apply them in clinical areas. The students will be able to explore and gain insight into the problems experienced by mentally ill clients. This course will provide students with an opportunity to interact and communicate effectively with psychiatric patients and their families in mental health care settings. The students will be able to integrate scientific knowledge and evidence-based findings into practice.			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301341	3	Psychiatric Nursing/ Theory	Advance adult nursing /practicum
In this course, the student will be introduced to basic theoretical concepts of psychiatric and mental health nursing. The course provides the student with the knowledge base to apply selected theories, concepts, and evidence-based care of mental disorders to clients throughout their life span. Continuing themes of growth and development across the life span, therapeutic communications, socio-cultural dimensions, teaching, client advocacy, and legal & ethical standards are explored. Integrative health therapies, current trends, and issues related to therapeutic modalities (psychopharmacology, psychotherapy, counseling, and somatic therapy) will be discussed. The student will be able to apply the nursing process in the context of psychiatric and mental health nursing practice to make informed decisions in carrying out clinical responsibilities.			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301439	3	Quality in health care	-
This course is organized to provide theoretical background about the principles that help nursing students meeting high quality of patient care services. It is designed to provide knowledge about the process of quality improvement and nursing professional experience in quality implementation. This is achieved through demonstrating quality improvement strategies to promote patient safety and consumer satisfaction, control medical errors, and use information and technology management.			
Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301444	3	Research in Nursing	-
Scientific research is considered as an important entity in any healthcare sector for the purpose of improving quality care and promoting individual health. The nursing research course provides students			



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with agreed-upon nursing research steps in both quantitative and qualitative research approaches starting from identifying the research problem, reviewing the literature, and formulating a hypothesis. This course also gives students the ability to select appropriate design, recruit appropriate sample, and choose suitable data collection methods. In this course, the students will gain training in analyzing results and interpreting findings based on previous international, regional and local literature then providing conclusions and recommendations. An essential part of this course is orienting students to retrieving scientific literature by using scientific journals and credible scientific web searching sites.

Course number	Credit hours	Title of the course	Prerequisite-co-requisite
0301436	3	Nutrition in Health and Illness	Biochemistry for nurses
This is an introduction to the interrelationships among nutrition, food and the environment and their impact on the health status of individuals. Emphasis placed on the multiple factors that influence food intake and the nutritional processes and affect the optimal physiological functioning. Throughout this course, the role and function of nursing in health promotion and wellness during the life cycle will be discussed			

Approved by department council		Date of approval	
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