

Curriculum Vitae



Personal Data

Family name: Nagib

Forenames: Samah

Nationality: Egyptian

Date of Birth: 15-6-1976

Gender: Female.

Social Status: Married and has two children

Academic degree: Professor of Physical Therapy

Contact Information

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samahnagib@ymail.com

Academic and Career History

| Year/ Period | Academic Rank | University | Town/ State | Country |
|---------------------|---|-------------------------|----------------|---------|
| From 1999-2005 | Demonstrator in Physical Therapy Department of Surgery Faculty of Physical Therapy | Cairo University | Cairo | Egypt |
| From 2005 - 2009 | Assistant Lecturer in Physical Therapy Department of Surgery Faculty of Physical Therapy | Cairo University | Cairo | Egypt |
| From 2009 - 2014 | Lecturer in Physical Therapy Department of Surgery Faculty of Physical Therapy | Cairo University | Cairo | Egypt |
| From 2014 till 2020 | Assistant Professor in Physical Therapy Department of Surgery Faculty of Physical Therapy | Cairo University | Cairo | Egypt |
| From 2015 -2016 | Vice Dean for Community Service and Environmental Development Faculty of Physical Therapy | Beni Suef University | Beni Suef | Egypt |
| From 2016 till 2020 | Acting Chairman of Physical Therapy Department of Surgery Faculty of Physical Therapy | MTI University | Cairo | Egypt |

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| From 2020 | Professor in Physical Therapy Department of Surgery Faculty of Physical Therapy | Cairo University | Cairo | Egypt |
| From 2021 | Chairman of Physical Therapy Department Faculty of Pharmacy | Jerash University | Jerash | Jordan |
| From 2021 till 2022-9-30 | Dean of the Faculty of Applied Medical Sciences | Jerash University | Jerash | Jordan |
| From 1-10-2022 till 25-2-2023 | Professor of physical therapy | Al-Zaytoonah University of Jordan | Amman | Jordan |
| From 26-2-2023 till now | Dean of the Faculty of Applied Medical Sciences | Al-Zaytoonah University of Jordan | Amman | Jordan |

Higher Education and Qualification

| Degree | University | Year | Specialty | Thesis Title |
|--------|------------------|------|--|---|
| Ph.D. | Cairo University | 2009 | <u>Major:</u> Ph.D. in Physical Therapy <u>Minor:</u> Physical Therapy for Surgery and Burn | Efficacy of Ozone Therapy on Chronic Arm Lymphedema Following Radiotherapy for Breast Cancer |
| M.Sc. | Cairo University | 2005 | <u>Major:</u> M.Sc. in Physical Therapy <u>Minor:</u> Physical Therapy for Surgery and Burn | Efficacy of Early Intervention of the Selected Physical Therapy Program in Post-mastectomy Patients |
| B.Sc. | Cairo University | 1999 | <u>Major:</u> B.sC in Physical Therapy | |

My Experiences

- Engagement in teaching activities of practical and applied courses of physical therapy burn and plastic surgery course , and general surgery course for undergraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 1999-2009
- Engagement in teaching activities of theoretical courses of physical therapy burn and plastic surgery course, and general surgery course for undergraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009 -2016.
- Supervising the practical training of undergraduate's students in Physical Therapy Department of Surgery from 2009 -2016.
- Supervising the applied training of undergraduate's students in Physical Therapy Department of Surgery from 2009 -2016.

- Participation in committees exams and correction for undergraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009 - 2016.
- Participate in committees and oral practical examinations for undergraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009 2016.
- Engagement in teaching activities of theoretical courses of physical therapy burn and plastic surgery course, and general surgery course for postgraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009.
- Participation in committees exams and correction for postgraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009 .
- Participate in committees and oral practical examinations for postgraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009 .
- Overseeing the franchise students and outpatient clinic Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009 -2016.
- Engagement in teaching activities of theoretical courses of physical therapy burn and plastic surgery course, and general surgery course for undergraduate's students in Faculty of physical therapy-6 October University.
- Participate in committees and oral practical examinations for undergraduate's students in Faculty of physical therapy-6th October University from 2009 -2016.
- Participate in committees and oral practical examinations for undergraduate's students in Faculty of physical therapy-Pharos University 2013/2014 as an external evaluator.
- Participate in committees and oral practical examinations for undergraduate's students in Faculty of physical therapy-Misr University for Science and Technology 2016.
- Meet regular students through the Student Leadership
- Work as academic advisor for postgraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-Cairo University from 2009 -2016.
- Teaching student in the training program in accordance with the Convention on the Sudanese joint scientific cooperation between the Faculties of Physical Therapy at the University of Niles, Sudan and Cairo University in July / August 2011.
- Engagement in teaching activities of theoretical courses of physical therapy burn and plastic surgery course, and general surgery course for undergraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-MTI University from 2016 till 2020 .
- Supervising the practical training of undergraduate's students in Physical Therapy Department of Surgery Faculty of physical therapy-MTI University from 2016 till 2020 .
- Supervising the applied training of undergraduate's students in Physical Therapy Department of Surgery Faculty of physical therapy-MTI University from 2016 till 2020.
- Participation in committees exams and correction for undergraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-MTI University from 2016 till 2020 .
- Participate in committees and oral practical examinations for undergraduate's students in Physical Therapy Department of Surgery in Faculty of physical therapy-MTI University from 2016 till 2020.

My Skills

➤ **Participation in the Quality Assurance Unit, Faculty of Physical Therapy, Cairo University:**

- Work as a member of the commission continuous assessment of the effectiveness of the educational process - project quality assurance and accreditation , Faculty of Physical Therapy , Cairo University with the consent of the Faculty Council on 7/11/2009
- Participation in the continuous improvement and Accreditation preparation within the work of the standard continuous evaluation of the effectiveness of educational process.
- Participation in the design of a set of questionnaires and distribute and transmit them to measure aspects of the educational effectiveness within the Faculty's Project for Continuous Improvement and Qualifying of Accreditation (CIQAP) (March 2008)

- Participate in the annual report of the Faculty of Physical Therapy, Cairo University for the academic year 2009/2010 within the Faculty's Project for Continuous Improvement and Qualifying of Accreditation (CIQAP).
- Participation in the workshop to discuss learning obstacles within Faculty's Project for Continuous Improvement and Qualifying of Accreditation (CIQAP) .2009
- Participation in the preparation of self-study for Faculty of Physical Therapy -Cairo University within Faculty's Project for Continuous Improvement and Qualifying of Accreditation (CIQAP).
- Participate in the preparation study the gap to the standard continuous evaluation of the effectiveness of educational process within Faculty's Project for Continuous Improvement and Qualifying of Accreditation (CIQAP).
- Participate in the preparation plan and mechanism to follow up the educational effectiveness within Faculty's Project for Continuous Improvement and Qualifying of Accreditation (CIQAP).
- Participate in the preparation of the annual report of the Faculty of Physical Therapy, Cairo University 2010-2014.
- Vice Director of Quality Assurance Unit of Faculty of Physical Therapy, Cairo University in the period 01/11/2013 till 03/31/2014
- Director of Quality Assurance Unit of Faculty of Physical Therapy, MTI University from 2016 till 2020.

➤ **Participation in the exams organization (controls) :**

- A member of the exams organization team (control) for undergraduate's students in Faculty of Physical Therapy, Cairo University 2010-2011.
- Head of the exams organization team (control) for undergraduate's students in Faculty of Physical Therapy, Cairo University 2011-2013.
- A member of the exams organization team (control) for postgraduate's students in Faculty of Physical Therapy, Cairo University 2013-2014.

➤ **Participation in the activity of community Service:**

- Participation in the organization of the graduates and the Golden Jubilee of the Faculty of Physical Therapy, Cairo University in 2012.
- Participation in the organization of the graduates and staffing Forum 2013
- A member of the unity of graduates in Faculty of Physical Therapy, Cairo University 2012-2014
- Director of project management at the Faculty of Physical Therapy , Cairo University for the academic year 2014/2015
- Vice Dean of Faculty of Physical Therapy , University of Beni Suef for Community Service and Environmental Development, for the academic year 2015/2016
- Director of the unity of graduates in Faculty of Physical Therapy, Cairo University 2016.

➤ **Activities in training field:**

- Work as a trainer -Faculty and leadership Development Center- Cairo University from 2014 till now
- Participate in the training sessions in the training unit of the Faculty of Physical Therapy, Cairo University
- Participation in the training sessions in the Quality Assurance and Accreditation Center - Cairo University
- Participate in a variety of training courses:
 - I. Basics of nutrition -National Institute of Nutrition -2012.
 - II. International Professional Trainer- Faculty and leadership Development Center- Cairo University-2014

Certificate/ letter/ trophy of Appreciation

- 1- Certificate of appreciation of conferences attendance.
- 2- Certificate of appreciation and trophy of appreciation of conferences attendance and organization.
- 3- Certificate of appreciation and trophy of appreciation from Faculty of Physical Therapy , Cairo University in the Ceremony for Faculty accreditation-2014.
- 4- Letter of appreciation from Dean of Faculty of Physical Therapy, Cairo University.
- 5- Letter of appreciation from chairman of the Physical Therapy Department of Surgery – Faculty of Physical Therapy, Cairo University.
- 6- Letter of appreciation from head of the exams organization team (control) for postgraduate's students in Faculty of Physical Therapy, Cairo University.
- 7- Letter of appreciation from head of Quality Assurance Unit, Faculty of Physical Therapy, Cairo University.

Conferences

- The 5th international conference of physical therapy" physical therapy and disability control" Cairo, 20-22 March 2002. **(Attendance only)**
- The first conference of orthotics, prothesis technology and disabilities, Faculty of physical therapy, Cairo University, Egypt 2008 **(Attendance only)**
- Twelfth International College of Physical Therapy Scientific Conference “Physical Therapy towards modernization and development “in Cairo March 4 to 6, 2009. **(Attendance only)**
- 1st scientific international congress of the society of Arab faculties and institutes of physiotherapy 17-18 December 2009**(Attendance only)**
- First Scientific Conference for Quality Education , Faculty of Physical Therapy , Cairo University in July 2009**(Attendance and presentation of a scientific paper)**
- First Scientific Conference of Physical Therapy Department of Surgery under the title: Recent trends in the treatment of Obesity- December 2010. **(Attendance and organization)**
- Physical therapy conference Alexandria-2012 "Musculoskeletal – Disorders"**(Attendance only)**
- The first Arab Scientific Conference for the rehabilitation of people with disabilities under the theme of disability the right to life July 1 to 2, 2012 Enhanced Learning Center , Faculty of Medicine, Cairo University**(Attendance and presentation of a scientific paper)**
- First annual conference of Resala Center for special needs April -2013**(Attendance only)**
- 2nd scientific conference of the faculty of physical therapy- October 6 University- 2013**(Attendance only)**
- The 14th international scientific conference of faculty of physical therapy- Cairo University April-2013 **(Director of the Conference)**
- The 15th international scientific conference of faculty of physical therapy- Cairo University March-2014**(Director of the Conference)**
- The 16th international scientific conference of faculty of physical therapy- Cairo University March-2015**(Director of the Conference)**
- The 1st international conference for scientific Research and its practical Applications in physical therapy Cairo 24-25 October 2015**(Director of the Conference)**
- The 1st scientific conference for “New Era in Therapeutic Modalities” Faculty of physical therapy October 6 University Cairo 20-21 April 2016**(Attendance and chairman of a scientific session)**
- The 8th international scientific conference of alternative treatment Cairo 19-20 May 2016**(Attendance and presentation of a scientific paper)**
- The 17th International Scientific Conference of Faculty of Physical Therapy- Cairo University; 2016.
- The 18th International Scientific Conference of Faculty of Physical Therapy- Cairo University; 2017.
- The 19th International Scientific Conference of Faculty of Physical Therapy- Cairo University; 2018.

Academic, administrative and teaching activities at Jerash University - Hashimi

Kingdom of Jordan

First: Academic positions and administrative work:

- Head of the Department of Physiotherapy (Faculty of Pharmacy) from 21/2/2021 to 31/8/2021 at Jerash University - Hashemite Kingdom of Jordan.
- Dean of the Faculty of Applied Medical Sciences from 31/8/2021 to 30-9-2022 at Jerash University - Hashemite Kingdom of Jordan.
- Contributing to academic and administrative supervision in the establishment of the College of Applied Medical Sciences at the University of Jerash - the Hashemite Kingdom of Jordan.
- Contributing to academic and administrative supervision in the establishment of the Department of Occupational Therapy at the Faculty of Applied Medical Sciences at Jerash University - the Hashemite Kingdom of Jordan.
- Contributing to academic and administrative supervision in the establishment of the Department of Medical Laboratory Sciences, Faculty of Applied Medical Sciences, University of Jerash - Hashemite Kingdom of Jordan.
- Contributing to academic and administrative supervision in establishing the laboratories of the Department of Physiotherapy at the Faculty of Applied Medical Sciences at Jerash University - the Hashemite Kingdom of Jordan.
- Modification of the physiotherapy plan at the Department of Physiotherapy, Faculty of Applied Medical Sciences, Jerash University - Hashemite Kingdom of Jordan.

Second: Teaching work:

- Preparing course files for the first, second, and summer semesters for the academic year 2021-2022.
- Teaching, examining and correcting the following courses:
 - Human Physiology.
 - Musculoskeletal assessment (theoretical - practical)
 - Biomechanics and Kinesiology (Theoretical - Practical)
 - Therapeutic exercises (theoretical - practical)
 - Physiotherapy for surgical cases and burns (theoretical - practical)
 - Physiotherapy for diseases of the heart, internal affairs and lungs (theoretical - practical)
 - Principles of radiography.

This is during the following semesters: the second semester and the summer semester of the academic year (2020-2021).

The first semester, second semester and summer semester of the academic year (2021-2022)

Third: Scientific Research:

- The university obtained two (2) research projects in cooperation with Malaysian universities. (The work on the two projects will continue, God willing, with my apology for my participation in the work on one of the two projects due to the expiry of my contract at the university on 9-30-2022)

Fourth: Membership and presidency of the following councils and committees:

- Member of the Council of Jerash University - the Hashemite Kingdom of Jordan for the academic year (2021-2022) (date of formation of the council 12/13/2021)
- Member of the Deans Council of Jerash University - Hashemite Kingdom of Jordan for the academic year (2021-2022)
- Chairman of the Council of the College of Applied Medical Sciences - University of Jerash - Hashemite Kingdom of Jordan for the academic year (2021-2022)
- Member of the Library Committee, University of Jerash - Hashemite Kingdom of Jordan for the academic year (2021-2022)
- Member of the Bidding Committee, University of Jerash - Hashemite Kingdom of Jordan for the academic year (2021-2022)
- Member of the committee for preparing the file of the College of Dentistry, which was formed by the President of the University on November 29, 2021

Fifth: Cultural Agreements:

- Collaboration of the university agreement with the University of October 6 - Arab Republic of Egypt (2021) (specializing in physical therapy).
- Collaboration of the university agreement with Heliopolis University - Arab Republic of Egypt (2022) (specializing in physical therapy).
- Collaboration for the visit of the university delegation to the Faculty of Physiotherapy - Cairo University - Arab Republic of Egypt (2022)

Sixth: Conferences and Workshops:

- Participation in the International Conference on Cerebral Palsy of Our Lady of Peace Center - Hashemite Kingdom of Jordan (10/22/2021).
- Participation in attendance as a representative of the university for the first scientific day of the Department of Physiotherapy at Al-Isra University - the Hashemite Kingdom of Jordan (1/6/2022)
- Participation in attendance as a representative of the university, the scientific day and the graduate day of the Faculty of Rehabilitation Sciences at the University of Jordan - the Hashemite Kingdom of Jordan (2/6/2022)
- Coordination for the attendance of a delegation of university students (specializing in physical therapy) for the international conference of the Faculty of Physiotherapy - Cairo University - Arab Republic of Egypt (28-29/7/2022).
- Giving a workshop entitled Credit Hours and Academic Advising at the Career Counseling and Graduate Follow-up Office at the Deanship of Student Affairs - Jerash University - Hashemite Kingdom of Jordan (1/8/2022)

Seventh: Student Activities:

- The ideal student and honoring the faculty members, laboratory supervisors, administrators and hygiene workers at the college on Wednesday 15-6-2022

Publication

- Efficacy of Hyperbaric Oxygen Therapy in the Treatment of Vasculitic Skin Ulcers in Systemic Lupus Patients. Bull.fac.Ph.Caio Univ.,Jul. 2010.
- Percutaneous Posterior Tibial Nerve Electrical Stimulation versus sham for Detrusor Over activity in Children .Bull.fac.Ph.Caio Univ., Janu.2011.
- Efficacy of medium versus low dose ultraviolet A1 in the Treatment of Childhood Localized Scleroderma (Morphea). Bull.fac.Ph.Caio Univ., Jul. 2011.
- Ozone Therapy as an Adjunctive Modality for Weight Reduction in Grade II Adult Obese Subjects. Bull.fac.Ph.Caio Univ., Janu. 2012.
- Efficacy of Finasteride Treatment versus Low-Level Laser in Frontal Male and Female Pattern Hair Loss. Bull. Fac. Ph. Th. Cairo Univ., Vol. 17, No. (1) Jan. 2012.
- Efficacy of Aerobic Training Program on Weight Reduction after Gastric Banding (A Randomized, Controlled Trial). Bull. Fac. Ph. Th. Cairo Univ., Vol. 17, No. (2) Jul. 2012
- A Single Blinded Randomized Controlled Clinical Trial on the Efficacy of Ozone Therapy on Breast Cancer-Related Lymphedema. Cancer and Clinical Oncology; Vol. 2, No. 2; 2013.
- Conservative therapy versus intra-gastric balloon in treatment of Prader-willi syndrome morbid obesity. The Egyptian Journal of Medical Human Genetics; 14, 259–265.2013.
- Pneumatic compression and Pulsed ultrasound versus Low level laser therapy for Chronic Leg Ulcer Treatment. Egyptian Military Medical Journal vol.69. No.1 April 2014.
- Benefits of Respiratory kinesiotherapy and Kinesio Taping following laparoscopic cholecystectomy. The 15th international scientific conference of faculty of physical therapy- Cairo University March-2014.
- Aerobic exercise program response on respiratory function, postural balance and quality of life in treated breast cancer women with osteoporosis. The 15th international scientific conference of faculty of physical therapy- Cairo University March-2014.
- Effect of Low Level Laser Therapy on Chronic Sinusitis. The 1st international conference for scientific Research and its practical Applications in physical therapy Cairo 24-25 October 2015.
- Low Level Laser Therapy versus Ultrasonic Cavitation in Abdominal Adiposity after Gastric Bypass in Female. International Journal of PharmTech Research : 9(3),pp 68-76,2016
- Effect of Kinsio Taping and Strengthening Exercises on Upper Abdominal Muscles after Surgery of Anterior Abdominal Wall Hernia. Egypt. J.of Appl. Sci., 31(6)2016
- Effect of Aerobic Exercise and Resisted Exercise on Immunoglobulins in Breast Cancer Patients. International Journal of PharmTech Research : Vol.9, No.4, pp 118-126,2016
- Dynamic Splint versus Static Splint and Active Range of Motion in Treatment of Post Burn Hand Contracture International Journal of PharmTech Research Vol.9, No.6, pp 75-83, 2016
- Exercises Therapy and Quality of Life in Breast Cancer Patients "A Systematic Review" Med. J. Cairo Univ., Vol. 84, No. 2, September: 131-139, 2016
- Role of Cold Laser as an Alternative Tool to Bariatric Surgeries in Modifying Sirtuin1 Gene Expression in Obese Down Syndrome Patients International Journal of PharmTech Research Vol.10 No.2, pp 381-392,2017
- Resisted Exercises versus Aerobic Exercises in Patients with Chronic Kidney Disease International Journal of PharmTech Research Vol.10 No.4, pp 573-581,2017
- Comparison of kinesiotaping versus low level Laser therapy for carpal tunnel syndrome in postmastectomy lymphedema for postmenopausal women International Journal of Physiotherapy and Research, Int J Physiother Res 2017, Vol 5(5):2337-43.
- Effect of Exercise Training Program on Interleukin 6 Following Thermal Burn Med. J. Cairo Univ., Vol. 85, No. 1, March: 295-301, 2017
- Resistive exercises versus aerobic exercises on quality of life in prostate cancer patients undergoing androgen suppression therapy International Journal of Multidisciplinary Research and Development Volume 5; Issue 5; Page No. 85-89; 2018.
- Effect of Electromagnetic Field on Wound Healing in Venous Ulcers (A Systematic Review) New York Science Journal 2018;11(7)
- Effect of Stretching Exercises Versus Kinesio Taping on Postoperative Neck Discomfort Following Total Thyroidectomy In Postmenopausal Women. Physiotherapy Quarterly.,2019, 27(4), 21–25
- Effect of Light-Emitting Diode Irradiation on Chronic Nonhealed Wound After Below-Knee Amputation.The international journal of lower extremity wound., 2020

Reveiw scientific paper:

- Reveiwer in Physiotherapy Quarterly journal.,2019
- Reveiwer in Physiotherapy Quarterly journal.,2020
- Reveiwer in Physiotherapy Quarterly journal.,2021
- Reveiwer in Physiotherapy Quarterly journal.,2023
- Reveiwer in CPQ Orthopaedics journal.,2022

International Membership

- 1- Member of the board of international Trainers from 2014 till now.

Professional Membership

- 1- Member of the Council of the Department of Physical Therapy for Surgery –Faculty of Physical Therapy, Cairo University 2009-2011.
- 2- Secretary of the Council of the Department of Physical Therapy for Surgery –Faculty of Physical Therapy, Cairo University 2011-2012
- 3- Member of the Council of the Education and Student Affairs- Faculty of Physical Therapy, Cairo University2011-2012.
- 4- Adviser of Cultural Committee of the Federation of Students- Faculty of Physical Therapy, Cairo University 2012-2013.
- 5- A member of the Committee personal interview for new undergraduate's students- Faculty of Physical Therapy, Cairo University 2012-2013.
- 6- A member of the selection committee of ideal student- Faculty of Physical Therapy, Cairo University 2012-2013.
- 7- A member of the Committee on Cultural Relations2013-2014.
- 8- Member of the Council of the Education and Student Affairs- Faculty of Physical Therapy, Cairo University2013-2014.
- 9- A member of the Commission on the Status Course- Faculty of Physical Therapy, Cairo University2011-2012.
- 10- A member of the Council for Community Service and Environmental Development 2014-2015.
- 11- Member of the Council of the Faculty of Physical Therapy–Faculty of Physical Therapy, MTI University 2016 till 2020.
- 12- Member of the Council of the Quality Assurance Center, MTI University 2017 till 2020.

Updated..... 2023