

# TYAD ALSAKARNEH

## PHYSIOTHERAPIST



### CAREER OBJECTIVE

*To obtain a full-time position as a physiotherapist , instructor, or any related field at NJO"s .*

### CERTIFICATIONS:

*QUSAI initiative & Jordan sports medicine federation certified sports therapist ( AUG 2018)*

### PERSONAL INFORMATION

*30.July.1994  
Female  
Jordanian*

### LANGUAGES :

*Arabic: Native Speaker.  
English: very good.*

### CONTACT INFORMATION:

*mobile : +962777953034  
Email: tyadalsakarneh1@gmail.com*

### WORK BACKGROUND

#### Lecturer

AL-ZAYTOONAH UNIVERSITY OF JORDAN APRIL 2023- UNTIL NOW  
ISRAA UNIVERSITY MARCH 2023- APRIL 2023

#### freelancing physiotherapist

IN COOPERATION WITH MOBILE APPS SUCH AS CARER AND WE CARE  
*- home visits for women and children*

using manual therapy and electrical modalities

#### physiotherapist

DOCTORS WITHOUT BORDARS (MSF)

*- Work as a daily worker physiotherapist :  
treat patients with bone elongation and plastic surgeries.*

#### physiotherapist

ORTHOPEDIC SURGEON CLINIC JULY 2019 - APRIL 2020

*- Work as a physiotherapist :  
Using manual therapy after surgeries .( TKA , THA , Sport injuries surgeries , CTS , ....etc )  
- doctor assistant*

#### physiotherapist

LIFE NERVE PHYSIOTHERAPY CENTER MAY.2018 - MAY.2019

*- Work as a physiotherapist :  
Using manual therapy , electrical therapy and hydrotherapy .  
- Marketing officer :  
Visits doctors and explanation of services provided by our center*

#### physiotherapist

NOOR AL-HUSSEIN FOUNDATION/ INSTITUTE FOR FAMILY HEALTH (NHF/IFH) (AZRAQ CAMP FOR SYRIAN REFUGEES), MAY.2017 – APRIL.2018:

*\* the tasks and achievements at next page*

#### physiotherapist

ABDOUN PHYSIOTHERAPY CENTER SEP.2016 - APRIL.2017

*Using manual therapy , electrical therapy and hydrotherapy .*

## ACADEMIC QUALIFICATION / EDUCATION

### University Of Jordan

MASTER DEGREE IN MASCULOSKELETAL AND NEUROLOGICAL PHYSIOTHERAPY 2019-2021

- Graduated with a GPA of 3.83 Excellent

### University Of Jordan

BACHELOR DEGREE IN PHYSIOTHERAPY 2012-2016

- Graduated with a GPA of 3.06 very good

- Tawjihi\Health Education

- Graduated with 84.2

-(2011-2012)

## CREDENTIALS:

Licensed physiotherapist - jo. ministry of health (Obtained in June.2016)

## **NOOR AL-HUSSEIN FOUNDATION/ INSTITUTE FOR FAMILY HEALTH (NHF/IFH) (AZRAQ CAMP FOR SYRIAN REFUGEES)**

### *Tasks and achievements :*

- Attend Meetings with UNHCR & other NGO's
- Checking and formatting the monthly reports and doing statistics for it.
- Work with all Disability patients, all ages and all Cultures.
- Participation in the inclusion of children with disabilities with their community .
- Assisting the case manager in dealing with people with special needs in assessment , planning , coordination and overall evaluation .
- Use Physiotherapy Assessments and Tests.
- Set long and short term goal for the patients, and the major goal is improve their quality of life.
- Improve Participation for the patients and social interactions for them.
- Conducted consultations with families, including developing comprehensive case plans.
- Coordination and Participation in Awareness Sessions for refugees (About the Physiotherapy and most common physical disabilities and how to deal with it, and about proper Bio-mechanics during our activities ...etc ).
- Physiotherapy Home Visit for elderly cases in the camp .
- work as a physiotherapist in outreach within mobile team .
- Preparing & Writing Success stories.
- Do Case Conference for cases.
- Do evaluation for environmental accessibility.
- Mobility Aids and environment facilities Assessment .
- Prepare weekly updates .
- Prepare monthly reports.
- Do Ideal Physiotherapy documentations.
- Prepare individual & group therapy sessions
- Prepare PT case report.

# COURSES, TRAINING AND CERTIFICATION

## Courses and Conferences Description

Dry needling course - May. 2022

Participation in the third medical conference for forensic science as speaker- Jan. 2022

Attending the Second Medical Conference for Forensic Science - March 2021

Attending the First International Health Conference, Jordan Health and Shifa Bank- DEC. 2020

management and teamwork skills course ( Idrak ) - June.2019

problem solving skills course ( Idrak ) - June.2019

Mind and body medicine ( NHF/ IFH)

Performance analysis course (Jordan Olympic Committee) - DEC.2018

Core stability and imbalance course (Jordan Olympic Committee) - NOV.2018

Communication skills (Pioneers academy) - OCT.2018

Basic Life Support ( BLS) card (American Heart Association) - SEP.2018

Sport Therapist Card - Qusai Initiative ( Jordan Olympics Committee ) - AUG.2018

Neuro-Motor Impairment Evaluation and Treatment (for children) (Jordanian Physiotherapy Society (Dr. Ihab Wali)) NOV.2017

Orthopedic Manual Therapy For Cervical Spine (Primephysio( Dr. Mahmoud Saad )) - JULY.2017

Neurodynamics Concept (University of Jordan) - JULY.2017

Injection course (University of Jordan) - MAY.2014

Physiotherapy management of spinal cord injuries (International spinal cord society) - 2016

First aid & CPR (Israa hospital ) - MAY.2016

Physical therapy training (Royal Medical Services) - JUNE.2015

## PERSONAL SKILLS

- *Full professional competency in MS Office (Word , Excel , Outlook and PowerPoint ).*
- Good Communication Skills, Presentation Skills.
- Doing Research.
- Initiative and positive person .
- *Self motivated and fast self-learner.*
- Managing, evaluating, and monitoring field projects.
- Flexible and willing to work under pressure , open-minded .
- Team Spirit.
- Highly adaptable to changing environments.
- The good ability to build constructive social relationships

## VOLUNTEERING WORK

- *Team leader of Scientific Content at Ta'heelkom Initiative :*
  - Prepare an articles , advices and competitions for society
  - Prepare and participate in Free Medical Days and campaigns in different regions
  - Provide voluntary rehabilitation services ( evaluation and treatment )
  - Doing Awareness and education Sessions for society
  - Set monthly timeline for our tasks
  - Distribute tasks to team members
  - Document all achievements