Zaina Qapooq





ABOUT ME

I am a committed, caring physiotherapist, researcher, and trainer with a great passion for guiding, inspiring, and treating people of all ages. I have previous experience supporting patients ranging from newborns with developmental problems to adults and geriatrics affected by different injuries and movement disorders with excellent communication skills, both written and verbal, and I enjoy teamwork.

EDUCATION

Master of Science in Physical Therapy Jordan University of Science and Technology Ramtha, Jordan 2021

I graduated with a distinction GPA in the first semester of the academic year 2020/2021, my master's thesis was specialized in studying the correlation of BMI and physical Fitness to the foot arch asymmetry among school-aged children in Jordan, with a sample of 437 students.

Bachelor of physiotherapy Jordan University of Jordan Amman, Jordan 2009

I graduated with a GPA of 3.25/4.00.

WORKEXPERIENCE

Physiotherapy Part Time Lecturer University of Jordan, 2022

Physiotherapy specialist

Physio leaders Center/Amman, Jordan/Jul 2021-March 2022

Physiotherapy specialist

Teaching Assistant

Jordan university of science and technology/Ramtha, Jordan /Feb 2019-Jun 2020

Teaching assistant for theoretical lectures for undergraduate physical therapy students.

Clinical Supervisor

King Abdullah University Hospital/Ramtha, Jordan/Feb 2019-Jun 2020

Supervisor of Clinical Physiotherapy Courses for Orthopedics, Neurology, and Pediatrics courses.

Private Physiotherapy Sessions

freelancer/Amman, Jordan/Apr 2015-Aug 2018

Dealt with patients with disc diseases, multiple sclerosis, strokes, and neuropathy. pediatric with cerebral palsy and delayed motor development

Physiotherapy specialist

Al-Imtiaz center/Dammam, Saudi Arabia/Aug 2013-Mar 2014

Physiotherapy specialist.

Physiotherapy Specialist

Arab City for Comprehensive Care /Amman, Jordan/Apr 2012-Apr 2013

Physiotherapy specialist

Physiotherapy specialist

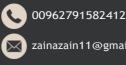
Al Kinde pediatric rehabilitation center/Amman, Jordan /Mar 2010-Mar 2011

Physiotherapy specialist

COURSES

Use of Modern Teaching Methods and Educational Technology in teaching and learning for practicing Academic Profession, 30 Hours Center of Consultation, University of Jordan. / June 2022.

Digital tools for the scientific researcher IFAD platform / On 1st of May 2022.



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SKILLS

Expert in volunteering projects managing

Experienced in using different rehabilitation techniques and equipment

Strong public speaker and trainer

Excellent in team guidance

Showing tolerance and patience when dealing with patients, relatives and careers

In-depth knowledge of research processing

Excellent in Problem solving

Creative at Kids Story writing

Cupping Therapy Samir AL Hilo, MD/Jul 2021-/Aug 2021.

Field Guide to Psychological Education, 25 Hours

Edraak platform/Dec 2020

Biopsychosocial Approach; Balance & Pelvic Floor Jordanian Physiotherapy Society/Aug 2019

Trauma Informed Physiotherapy Interventions, 8 Hours Jordanian Physiotherapy Society/Aug 2019

Trauma and Chronic Pain, 8 HoursJordanian society of Jordan/Jul 2019

Training of Trainers (TOT), 70 Hours. Global Academy of Training and Consulting. Yousef Saadeh/Jan 2016

McKenzie Method for Back Pain and Neck Pain, 8 Hours Center of Consultation, University of Jordan. /Mar 2009

Arthritis Self-Management Program, 3 Hours Jordanian Physiotherapy Society/May 2009

Injection and first aids, 10 Hours Club of care and health education. /Feb 2009