



CURRICULUM VITAE

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1. Personal Data

Date of Birth: 4/8/1969

Nationality: Jordanian

2. Education

- Ph.D: (Physical Education), year 1998, University of Bucharest, Romania, Bucharest.
- M.Sc. (Specialization) Year, Name of University, City, State, Country
- B.Sc. (Physical Education), year 1992, Yarmouk University, Jordan, Irbid

3. Ph.D. Dissertation

(Modele de instruire si invatare a inotului in perioada de varsta de la 6 la 12 ani)

4. Employment

Academic Positions

- Associate Professor, Associate Professor, Department of Basic Sciences, Al-Zaytoonah University of Jordan, Jordan, 2016.



Administrative Positions

- Head of the Sports Activity Section / Deanship of Student Affairs, Al-Zaytoonah University, Jordan, 1999-2016
- Head of Evening Studies Department, Faculty of Arts, Al-Zaytoonah University, Jordan, 2016-2017
- Chairman of the Technical Committee of the Sports Federation of Jordanian Universities, Al-Zaytoonah University, Jordan, 2017-2019
- Director of Student Activities Department, Deanship of Student Affairs, Al-Zaytoonah University, Jordan, 2017-2021
- Deputy Dean of Student Affairs, Al-Zaytoonah University, Jordan, 2021-2022

5. Research Interests

The science of athletic training

6. Membership in Scientific Societies and Associations

Membership the international association for sport information

7. Honors and Awards

8. Fellowships and Scholarships

9. Teaching Experience

- *Graduate Courses*

List names of course

- *Undergraduate Courses*

List names of courses

10. Supervision of Graduate Research

Provide numbered list with the name of student, title of thesis, year

11. Grants

Provide a detailed list containing the project name, year of grant, grantor organization, and grant amount



QFG11/0110 - 3.1E

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12. Patents

Cite a patent as follows: Author's last name, author's first name. "Name of Patent."
Patent number. Date the patent was issued (date month, year).

13. Membership of Committees

- **National and International**
 - *Technical Committee of the Sports Federation of Jordanian Universities 2015-2019*
- **University**

14. Professional and Scientific Meetings***Participation in Scientific meetings***

The Sixth Scientific Conference of the Faculty of Physical Education / Yarmouk University, Irbid, 16-19/6/2014

15. Participation in or organization of curricular and/or extra-curricular activities

Provide bulleted or numbered list with name, place, date of event and other relevant details

16. Publications

Provide numbered lists of:

- The Impact of using distributed practice on some elements of physical fitness and some anthropometric variable among the students of the physical education courses at al Zaytoonah University of Jordan . Journal of tourism, Hospitality and Sport International Knowledge Sharing (Platgorm). Vol 9 date; 27/5/2015.
- The Impact of Using Continuous Training on some Elements of Fitness and some Physiological Variables among Students Registered for A Physical Education Course at Al-Zaytoonah University, Comprehensive Education Research Journal (College of Physical Education for Girls / Zagazig University, Arab Republic of Egypt), Volume I / First Half 11/6/2012.



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- The Effect of Using the Comparative and Group Competition Methods in Developing the Level of Performance of some Skills in Handball among Students Enrolled in the Physical Education Course at Al-Zaytoonah University.
- The Effect of Bleometric Exercises on Ddeveloping Motor Abilities And The Digital of some kinetic Abilities And The Digital level of Triple Jump. Al-Manara for Research and Studies (Al al-Bayt University) Mafraq / Jordan.
- The Effect of A Proposed Training Program for the Development of Health-Related Physical Fitness Components. The Sixth International Scientific Conference (Yarmouk University/ Irbid/ Jordan) 18/6/2014.
- The Importance of Sports Electronic Newspapers in Forming Public Opinion Towards Sports from the Point of View of Physical Education Students at Yarmouk University, Dirasat Journal (University of Jordan) Amman, Jordan 11/6/2016.
- The Effect of A Proposed Curriculum for A physical Education Lesson Using Small Games in Developing some Physical Traits and some Basic Skills in Handball, Journal of Contemporary Psychology and Human Sciences (Minya University - Arab Republic of Egypt), Volume 22 / Part Two, October / 2011.
- The Effect of A Training Program Using Bleometric Exercises on Developing of some Physical Abilities and Physiological Variables for Basketball Players at Al-Zaytoonah University. Journal of the Middle East Research Center.