

CURRICULUM VITAE

Afaf Saeed Nuwara

*Clinical Nursing Department/School of nursing,
Al-Zaytoonah University of Jordan, Amman,
Jordan*

Phone: (962) 791533666

Fax: Number:

E-mail: a.nowwara@zuj.edu.jo /

nuwaraafaf72@gmail.com

Homepage: <https://portal.zuj.edu.jo/faces/ui/pages/staff/index.xhtml>



1. Personal Data

Date of Birth: 13/8/1972

Nationality: Jordanian

2. Education

- Ph.D. (Psychiatric Mental Health Nursing) 2022, the University of Jordan, Amman, Jordan
- M.Sc. (Psychiatric Mental Health Nursing) 2017, the University of Jordan, Amman, Jordan
- B.Sc. (Nursing) 1994, Jordan University of Science and Technology, Irbid, Jordan

3. Ph.D. Dissertation

- *From Abstinence to Relapse: Lived Experience of Relapse for Patients with Substance Use Disorder in a Drug Rehabilitation Centers in Jordan.*

4. Master thesis :

- *Risk of Posttraumatic Stress Disorder and Its Relationship With Perceived Social Support Among Family Caregivers of Individuals With Schizophrenia or Bipolar Disorder.*

5. Employment

Academic Positions

- Assistant Professor, Clinical Nursing Department, Al-Zaytoonah University of Jordan, Airport street, Amman, Jordan.
October 2023- present



QFG11/0110 - 3.1E

Curriculum Vitae Form - Procedures of Appointment and Promotion Committee

- Lecturer, Clinical Nursing Department, Applied Science University, Amman, Jordan.
March 2023- June 2023
- Lecturer, Clinical Nursing Department, Amman Training College, Amman, Jordan.
October 2005 - September 2023
- Clinical Instructor, Clinical Nursing Department, Philadelphia University, Jerash, Jordan.
September 2004 - September 2005
- Clinical Instructor, Clinical Nursing Department, Al-Zaytoonah University of Jordan, Airport street, Amman, Jordan.
September 2000 - August 2004
- Teacher, High School Nursing, Lamees Bent Amer School, Ministry of High Education, Amman-Jordan, 1999.

Administrative Positions

Senior Instructor, and Nursing Department Organizer, Amman Training College, Amman, Jordan, October 2005 - September 2023

6. Research Interests

Psychiatric health nursing, Reproductive health nursing, Mother and child health nursing.

7. Membership in Scientific Societies and Associations

- Membership in Jordan honor society charter / Sigma Theta Tau International in the university of Jordan, from 2015 to 2017.

8. Honors and Awards

- Award of distinguished teacher, Amman Training College (UNRWA), Amman, Jordan.

9. Teaching Experience

- ***Undergraduate Courses***

- 1- Psychiatric Mental Health Nursing/ Theory
- 2- Psychiatric Mental Health Nursing/ practicum
- 3- Maternity Health Nursing/ Theory
- 4- Maternity Health Nursing/ practicum
- 5- Adult Nursing 1/ Theory
- 6- Adult Nursing 1/ practicum
- 7- Fundamental of nursing/ Theory
- 8- Fundamental of nursing/ practicum
- 9- Physical assessment/ practicum



QFG11/0110 - 3.1E

Curriculum Vitae Form - Procedures of Appointment and Promotion Committee

10- Community Health Nursing/ Theory

11- Community Health Nursing/ practicum

10. Supervision of Graduate Research

NA

11. Grants

NA

12. Patents

NA

13. Membership of Committees

- **National and International**

- *Staff representative (teachers) at working Union Committee at UNRW from 2014- 2022*

- **University**

- *Member, Quality assurance committee, Al-Zaytoneh Private University, Amman, Jordan, October 2023.*
- *Member of curriculam revision and development committee, Al-Zaytoneh Private University, Amman, Jordan, October 2023.*
- *Member of program based becchmarkiting committee, , Al-Zaytoneh Private University, Amman, Jordan, October 2023.*
- *Member, Quality assurance committee, Amman Training College, Amman, Jordan, 2022.*
- *Member, Curriculum development committee, Amman Training College, Amman, Jordan, September 2005- 2023.*
- *Member of scientific committee, Al-Zaytoneh Private University, Amman, Jordan, September 2003.*
- *Member of College bord Amman Training College, Amman, Jordan, 2014-2023.*

14. Professional and Scientific Meetings***Scientific Meetings Organized***

- *Workshop for undergraduate students on how to use electronic databases, Amman Training College.*
- *BLS training workshop for undergraduate students, Amman Training College.*

Participation in Scientific meetings

- *Certificate of attendance at the 1st nursing conference, Al-Zaytoonah University of Jordan, Airport street, Amman, Jordan.*



QFG11/0110 - 3.1E

Curriculum Vitae Form - Procedures of Appointment and Promotion Committee

- Certificate of attendance at the 5th scientific day, Prince Muna Nursing College, August, 2023.
- Certificate of attendance at the 2nd scientific day, Islamic Hospital, May, 2014.
- Certificate of attendance of workshop for Work Enviroment and Leadership in Nursing, Latest Trends, USAID, August 2023.
- Certificate of attendance for Maternal Deaths Learning Event: Learning from Every Loss, declaration report, USAID, June 2023.
- Certificate of attendance of the development workshop, National Maternal Mortality Response Action Plan, March, 2022, Amman, Jordan.
- Certificate of attendance and completion of one-year training course of Leadership across border at UNRWA organization, Amman, 2016-2017
- Certificate of attendance and completion of IMCI (Integrated Mother and Child Health Management) training course, UNRWA, Amman, 2013
- Certificate of attendance and completion of one year VTI training course (Vocational Training Instruction) at UNRWA education department, Amman, 2006-2007.
- Certificate of attendance a Training course of Promoting and Enhancing the Quality of Nursing Programs in Jordan at Al-Hussein Fund for Excellence Workshop, Amman, 22 and 23 Of February 2006.
- Certificate of attendance for a Training course of Sexual Exploitation and Sexual Abuse at UNRWA, Amman, 15 of May 2006.
- Certificate of attendance and completion of atraining course about UNRWA Jordan Field Humanitarian Principles and Protection sensitization, at UNRWA, Amman, 22/5/2017.
- Certificate of attendance for a Training course of Prevention of Sexual Exploitation and Abuse at UNRWA, Amman, 2nd of June 2010.
- Certificate of attendance for a Training course of Contemporary Professional Issues at UNRWA, Amman, 29/9/2014-1/10/2014.
- Certificate of attendance for a Training course of Basic Life Skills Training of Trainers (TOT) at UNRWA, Amman, 24/1/2016-4/2/2016.
- Certificate of attendance for Public Relations Training Course at Al-Zaytoneh Private University, Amman, 17/2/2003-20/3/2003.
- Certificate of attendance for the second scientific day about emporment of health teams working in psychiatric mental health field at Islamic hospital, Amman, 20/5/2017.
- Certificate of attendance of a working shop at UNRWA about emporment of youth, teacher role in emporing students ethically and in professional level, and the role of ethics in building a healthy positive work environment, 16/11/2014.
- Certificate of attendance for the first Nursing Conference at Al-Zaytoneh Private University, Amman, 25-26/9/2002.
- Certificate of attendance for a scientific day at Islamic Hospital about Nursing Leadng for Innovation in Challenging Times.



QFG11/0110 - 3.1E

Curriculum Vitae Form - Procedures of Appointment and Promotion Committee

- Certificate of attendance for the second Jordanian Cancer Prevention and Early Detection conference and the Tenth Mediterranean Task Force for Cancer Control (MTCC0, Amman, 5th -7th of July 2012.

15. Participation in or organization of curricular and/or extra-curricular activities

- Stress Reduction Strategies before Comprehensive Exam. The target group was second year nursing students at Amman Training Center at UNRWA.
- Autism (what it is, sign and symptoms, causes, treatment and how to deal with children complaining of Autism).
- Breast Cancer and Breast Self-Exam (BSE). The target group was all of Amman training College female students and female education staff.
- First Aid course for all student at Faculty of Educational Science University at UNRWA.
- Menstrual cycle (sign and symptoms, body changes, and how to deal with our bodies during this time) for all female students at Faculty of Educational Science University at UNRWA.
- New Strategies for Nursing education. The target group was Nursing teachers at Amman training center at UNRWA.

16. Publications

1. **Nuwara, A. S.**, Masa'Deh, R., Hamdan-Mansour, A. M., & Qhah, I. K. (2019). Risk of posttraumatic stress disorder and its relationship with perceived social support among family caregivers of individuals with schizophrenia or bipolar disorder. *Journal of psychosocial nursing and mental health services*, 57(8), 37-43.)
2. Rami Masa'Deh, Iman K. Qhah, Mohannad Eid AbuRuz, Fadwa Alhalaiqa and **Afaf S. Nuwara**. (2019). Predictors of self-esteem among school-aged students. *Internal Medicine Journal*, 24 (03).

17. Publication (under review)

NA