



CURRICULUM VITAE

Full name: Malakeh Zuhdi Malak

Department/Faculty: Nursing/Nursing

University, City, Jordan: Al-Zaytoonah

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Homepage:-----



1. Personal Data

Nationality: Jordanian

2. Education

- Ph.D. (Community Health Nursing) 2013, Alexandria University, Alexandria, Egypt
- M.Sc. (Community Health Nursing), Jordan University of Science & Technology, Irbid, Jordan
- B.Sc. (Nursing), Jordan University of Science & Technology, Irbid, Jordan

3. Ph.D. Dissertation

"Effect of applying Health Belief Model about osteoporosis on preventive practices among Jordanian female teachers", Alexandria University, Alexandria, Egypt

4. Employment

Academic Positions

- Professor, Faculty of Nursing, Al-Zaytoonah University of Jordan, Amman,



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1/9/2022.

- Associate Professor, Faculty of Nursing, Al-Zaytoonah University of Jordan, Amman, September 1, 2018- now.
- Assistant Professor, Faculty of Nursing, Al-Zaytoonah University of Jordan, Amman, September 1, 2015- now.
- Assistant Professor, Faculty of Nursing, Zarqa University, Zarqa, September 1, 2013- August 31, 2015.

Administrative Positions

- Vice dean of Accreditation and Quality Assurance Affairs, September 2020-till 30/9/2021.
- Head of Nursing Department, 20/June/ 2021 till 26/September/ 2021.
- Acting Dean Faculty of Nursing, 8/August/2021 till 20/September/2021.

5. Research Interests

Interested in topics related to health promotion, and other topics related to public health.

6. Membership in Scientific Societies and Associations

- Council of Asian Science Editors (CASE) NO# 535
- Jordan Nurses & Midwives Association
- National Jordanian of Anti-Smoking Society
- Jordan Society for Scientific Research, Entrepreneurship, and Creativity (JSSREC)
- International Health Literacy Association (AHLA)
- American Psychological Association International Affiliate Membership

7. Honors and Awards

A) Editorial Board

- Editorial Board member of BMC Nursing
- Editorial Board member of BMC Psychology
- Editorial Board member of Journal of Nursing Management
- Editorial Board member of Journal of Modern Nursing Practice and Research
- Editorial Board member in Journal of Nursing Care & Reports.
- Editorial Board Member of The JYR (The Journal for Young Researchers)
- Editorial Board member of the International Journal of Clinical Nursing & Care.
- Editorial Board member of Journal of Obstetrics, Gynecology and Women's Health.



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- Editorial Board member of Journal of Advances in Midwifery and Nursing Practices.
- Editorial Board member of Syntax Journal of Health Care and Nursing.
- Editorial Board member of Women, Mother, and Child Healthcare Innovations journal
- Editorial Board member of Applied Psychiatry
- Editorial Board member of Journal of Applied Life Sciences International
- Editorial Board member of SM Addiction Research & Therapy
- Editorial Board member of Open Access Journal of Biogeneric Science and Research.
- Editorial Board member of Global Journal of Health Science and Nursing
- Editorial Board member of Integrative Journal of Global Health
- Editorial Board member of UPI Journal of Pharmaceutical, Medical and Health Sciences (UPI-JPMHS)
- Editorial Board member of Asian Journal of Research and Reports in Hepatology
- Editorial Board Member of Madridge Journal of Internal and Emergency Medicine

B) Reviewer for the following Journals:

- World Journal of Public Health & Epidemiology (Reviewer Board Membership)
- Computers in Human Behaviors
- Frontier in Psychiatric
- Child and Youth Care Forum
- Public Health Nursing
- Future Institute Research Center
- The Open Nursing Journal
- Recent Patents on Computer Science.
- Psychology Research and Behavior Management
- Global Journal of Health Science and Nursing
- Journal of Basic and Applied Research International
- Asian Journal of Medicine and Health
- Journal of Disease and Global Health
- Journal of International Research in Medical and Pharmaceutical Sciences
- British Journal of Medicine and Medical Research
- International Neuropsychiatric Disease Journal
- International Journal of Educational Policy Research and Review
- Journal of Scientific Research and Reports
- Journal of Advances in Medical and Pharmaceutical Sciences
- OALib Journal



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- International Research Journal of Public and Environmental Health
- American Journal of Experimental Agriculture
- British Journal of Applied Science & Technology
- International Journal of Tropical Disease & Health
- Journal of Global Research in Education and Social Science
- Health
- Journal of Addiction Research & Therapy

C) Awards

- Women Researcher Award in International Scientist Awards on Engineering, Science and Medicine on 11 & 12-Apr-2020 Hyderabad, India, VDGGOOD Professional Association.
- Supervisor for the Winners of the best creative student award (second place), 2021, from the Scientific
- Supervisor for the Winner of the best master dissertation " Job-related Psychosocial Correlates of Prolonged Fatigue among Emergency Department Nurses in Jordan" for Ashraf Mohammad Al-Abdallah, 2018 from the Scientific Society of Arab Nursing Faculties.
- Winner in the 5th creative forum, 11th Nursing Scientific day and 5th creative forum for nursing for Faculty of Nursing at Al-Zaytoonah University, Amman, Jordan, 30 March, 2016.
- Award for Scientific Distinction, Bachelor program, Jordan University of Science & Technology (JUST), 1994.
- Award for Scientific Distinction, Bachelor program, Jordan University of Science & Technology (JUST), 1995.

D) Evaluator for Doctorate Program, "Doctorate in Health Sciences". Jerusalem University, Palestine.

E) Reviewer for Health Promotion Book, Royal Society for Health Awareness, Jordan.

F) Evaluator for Promotion from Assistant Professor to Associate professor

E) Appreciation Certificates

- Dar Al-amel for elderly care
- Benheb AlKair society
- Royal Society for Health Awareness, Jordan
- Wadi Al-Seer Comprehensive Health Center
- Al-Youbeel center/ Great Amman Municipality
- Marj Al-Hamam Elementary school
- Naoor's Youth Society
- Princes Haya school.



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- Al-Msherfa Health Center/ UNRWA/ Zarqa
- Help Age International

9. Fellowships and Scholarships

- Master scholarship, Jordan University of Science & Technology (JUST).

10. Teaching Experience

- ***Graduate Courses***

- ✓ Quantitative Research/ Doctorate
- ✓ Writing for Publication/Doctorate
- ✓ Test and Measurement/Doctorate
- ✓ Advanced Scientific Research/ Master
- ✓ Principles of Nursing Theories/Master
- ✓ Advanced Physical Assessment/Master
- ✓ Advanced Palliative Care/Master
- ✓ Health Promotion and Education/Master
- ✓ Nursing Disaster and Crises/Master
- ✓ Advanced Management in Nursing/Master
- ✓ Caring for People with Complex Health Care Needs/Master

- ***Undergraduate Courses***

- ✓ Community Health Nursing (Theory and Clinical)
- ✓ Gerontology
- ✓ Nutrition in Health and Illness
- ✓ Research Methods
- ✓ Health Education
- ✓ Quality in Health Care
- ✓ Trends and issues in nursing
- ✓ Epidemiology and Biostatistics
- ✓ Administration and Leadership in Nursing
- ✓ Communication and Therapeutic Communication



- ✓ Growth and Development
- ✓ First Aid

11. Graduate Research

Supervision of Graduate Research

Doctorate Dissertation

- Samer Sharkiya, The Effect of Drama Therapy on Depressive Symptoms and Quality of Life among Older Adults in Residential Care Facilities, Arab American University at Palestine/ Doctorate Dissertation, June 2023 till now.
- Hisham Zahran, The Effect of Immersive Virtual Reality Airway Management as A Learning Strategy on Performance, Self-Efficacy, and Emotional Intelligence among Nursing Students in the West Bank/ Palestine, Arab American University at Palestine/ Doctorate Dissertation, March 2023 till now.
- Rihab Issa Sa'd, The Effect of Disaster Management Training Program on Emergency Nurses' Knowledge, Skills, and Personal Preparedness in Palestine, Arab American University at Palestine/ Doctorate Dissertation, March 2023 till now.

Master Thesis

- Fida Aayed, Self-efficacy, Health Literacy, and Self-care behaviors among Palestinian Adolescents with T1DM, Arab American University at Palestine/Master thesis, November 2023 till now.
- Abdelrahman Swalmeh, Psychological Reactions, Resilience, and Work Engagement among Critical Care Nurses in West Bank/ Palestine, Arab American University at Palestine/ Master thesis, December 2022 till September 2023.
- Ata Al-Shareef, Spiritual Well-Being, Psychological Well-Being, and Quality Of Life among Patients Undergoing Hemodialysis at West Bank/ Palestine, among Critical Care Nurses in West Bank/ Palestine, Arab American University at Palestine/ Master thesis, December 2022 till September 2023./Co-advisor
- Mohammed Al-Tamimimi, The Relationship between Self-esteem, Assertiveness, and Professional Competence among Novice Emergency Nurses in Jordan, March 2022 till January 2023.



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- Huda Al-Hanbali, Psychological problems and Resilience among Jordanian Nurses in Critical Care Units: A cross-sectional Study, May 2022 till January 2023.
- Elham Namrouti, Psychological Wellbeing, Spiritual Wellbeing, and Health-related Quality of Life among Patients with Coronary Artery Disease in Jordan, March 2022 till January 2023.
- Sundos Olwa, The Relationship Between Management Commitment to Safety, Psychological Empowerment, and Safety Performance Among Emergency Nurses in Jordan, March 2022 till January 2023.
- Rawan Alanooz, The Relationship between Ethical Behavior of Co-worker, Ethical Climate, Self-Ethical Behavior, and Job Satisfaction among Jordanian Nurses in Critical Care Units, March 2022 till September.
- Khadija Al-Khateeb, Illness Perception, Health Literacy, and Self-Care Management among Jordanian Patients with Type 2 Diabetes Mellitus, October 2021-June 2022.
- Mohammed Albtoosh, The Relationship between Emotional Intelligence, Self-efficacy, and Clinical Decision-making among Critical Care Nurses in Jordan, October 2021-June 2022.
- Ali Abu Safieh, The relationship between Job-related stress, Quality of work-life, work-related empowerment and Quality of Nursing Care among critical care nurses in Jordan, May 2021 - December 2021.
- Asma Al-Shereef, Health-related Quality of Life and Burnout among Working Nurses in Covid-19 Isolation Units in Jordan, February 2021 -January 2022.
- Ahmad Sati Hodrob, Effect of High Fidelity Simulation on Nursing Students' Performance, Satisfaction, and Self-confidence about Airway Management in Palestine, October, 2020- May, 2021.
- Othman Nemer, Self-efficacy and Self Care Behaviors among Patients with Coronary Artery Disease in Jordan, October, 2020 - May, 2021
- Hadeel Abu lebdeh, Self-aware mess, empathy, and patient-centered care among critical care nurses in Jordan, October, 2020-May, 2021.



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- Ahlam Jameel, Psychosocial Factors Correlate with Adherence to Medications among Cardiovascular Outpatient Clinics in Jordan, March 2019- May, 2020. Master degree dissertation/ Faculty of Nursing-Al-Zaytoonah University of Jordan/ Advisor.
- Hamza Saidat, Patients' perception of Quality Nursing Care and Services in Emergency Department in Jordan, March, 2019- December, 2019. Master degree dissertation/ Faculty of Nursing-Al-Zaytoonah University of Jordan/ Advisor.
- Nehad Alfaqeer, Knowledge, Skills, and Practices of Triage among Emergency Department Nurses in Jordan. March 2019- May, 2021. Master degree dissertation/ Faculty of Nursing-Al-Zaytoonah University of Jordan/ Co-advisor.
- Noor Abu Orooq, 'Knowledge and Practices of Acute Traumatic Wounds Care among Emergency Department Nurses in Jordan', November, 2018- August, 2018. Master degree dissertation/ Faculty of Nursing-Al-Zaytoonah University of Jordan/ Advisor.
- Rayyan Salah, "Relationship between Shift-work and Life-style Behaviors among Emergency Department Nurses in Jordan", December, 2018- January, 2019. Master degree dissertation/ Faculty of Nursing-Al-Zaytoonah University of Jordan/ Co-advisor.
- Marwan Defallah, "The Acceptance and Satisfaction of Applying Electronic Health Solutions (Hakeem Program) among Emergency Department Nurses in Jordan", March, 2018-December, 2018. Master degree dissertation/ Faculty of Nursing-Al-Zaytoonah University of Jordan/ Advisor.
- Khuldon Mahmoud Ahmad, "Predictors of Work-related Fatigue among Emergency Department Nurses in Jordan", November, 2017- May, 2018. Master degree dissertation/ Faculty of Nursing-Al-Zaytoonah University of Jordan/ Advisor.
- Ashraf Mohammad Al-Abdallah, Job-related Psychosocial Correlates of Prolonged Fatigue among Emergency Department Nurses in Jordan, March, 2016- December, 2017. Master's degree dissertation/ Faculty of Nursing-Al-Zaytoonah University of Jordan/Advisor.



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- Hassan Mohammed Abu Naja, " Self-Medication Practices in Jordan: An Exploration into Factors Influencing on Consumers' Purchasing Behaviors of the Over the Counter (OTC) Drugs", 2016. Master's degree dissertation/ Faculty of Administration –Al-Zaytoonah University of Jordan/ Co-advisor.

Examiner of Graduate Research

- Abdelrahman Swalmeh, Psychological Reactions, Resilience, and Work Engagement among Critical Care Nurses in West Bank/ Palestine, 2023. Arab American University at Palestine, Chief Committee
- Ata Al-Shareef, Spiritual Well-Being, Psychological Well-Being, and Quality Of Life among Patients Undergoing Hemodialysis at West Bank/ Palestine, among Critical Care Nurses in West Bank/ Palestine, Arab American University at Palestine/ Master thesis, December 2022 till September 2023./Member
- Shatha Mohsen, Knowledge, Attitudes, Beliefs, and Intentions of Jordanian Critical Care Units Patients Families regarding Organ Donation, 2023. Al-Zaytoonah University of Jordan, Internal Examiner.
- Mohammed Al-Tamimimi, The Relationship between Self-esteem, Assertiveness, and Professional Competence among Novice Emergency Nurses in Jordan, 2023. Al-Zaytoonah University of Jordan, Chief Committee
- Huda Al-Hanbali, Psychological problems and Resilience among Jordanian Nurses in Critical Care Units: A cross-sectional Study, 2023. Al-Zaytoonah University of Jordan, Chief Committee.
- Elham Namrouti, Psychological Wellbeing, Spiritual Wellbeing, and Health-related Quality of Life among Patients with Coronary Artery Disease in Jordan, 2023. Al-Zaytoonah University of Jordan, Chief Committee.
- Sundos Olwa, The Relationship Between Management Commitment to Safety, Psychological Empowerment, and Safety Performance Among Emergency Nurses in Jordan, 2023. Al-Zaytoonah University of Jordan, Chief Committee.



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- Rawan Alanooz, The Relationship between Ethical Behavior of Co-worker, Ethical Climate, Self-Ethical Behavior, and Job Satisfaction among Jordanian Nurses in Critical Care Units, 2022. Al-Zaytoonah University of Jordan, Chief Committee.
- Enas Shdefat, Prevalence of Breakfast Skipping among University Students. 2022, Al-albyt University, External Examiner.
- Mohammed Albtoosh, The Relationship between Emotional Intelligence, Self-efficacy, and Clinical Decision-making among Critical Care Nurses in Jordan, 2022. Al-Zaytoonah University of Jordan, Chief Committee.
- Khadija Al-Khateeb, Illness Perception, Health Literacy, and Self-Care Management among Jordanian Patients with Type 2 Diabetes Mellitus, 2022. Al-Zaytoonah University of Jordan, Chief Committee.
- Asma Al-Shereef, Health-related Quality of Life and Burnout among Working Nurses in Covid-19 Isolation Units in Jordan, 2022. Al-Zaytoonah University of Jordan, Chief Committee.
- Ali Abu Safieh, The relationship between Job-related stress, Quality of work-life, work-related empowerment and Quality of Nursing Care among critical care nurses in Jordan, 2021. Al-Zaytoonah University of Jordan, Chief Committee.
- Razan Qbeilat, Evaluating the Effectiveness of a Disaster Preparedness Education Program among Jordanian Emergency Nurses, 2021. Al-Zaytoonah University of Jordan, Internal examiner.
- Ansam Azzam Khrawish, Jordanian Emergency Nurses' Triage Knowledge, Skills and Associated Nurses-related Factors: Across-sectional Study, 2021. Al-Zaytoonah University of Jordan, Internal examiner.
- Entisar Dweikat, Psychological Reactions and Coping Strategies Among Adolescents in Jordan, 2021. Isra University, External examiner.
- Ahmad Sati Hodrob, Effect of High Fidelity Simulation on Nursing Students' Performance, Satisfaction, and Self-confidence about Airway Management in Palestine, 2021. Al-Zaytoonah University of Jordan, Chief Committee.



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- Othman Nemer, Self-efficacy and Self Care Behaviors among Patients with Coronary Artery Disease in Jordan, 2021. Al-Zaytoonah University of Jordan, Chief Committee.
- Hadeel Abu lebdeh, Self-awareness, empathy, and patient-centered care among critical care nurses in Jordan, 2021. Al-Zaytoonah University of Jordan, Chief Committee
- Ahlam Jameel, Psychosocial Factors Correlate with Adherence to Medications among Cardiovascular Outpatient Clinics in Jordan, 2020. Al-Zaytoonah University of Jordan, Chief Committee
- Nehad Alfaqeer, Knowledge, Skills, and Practices of Triage among Emergency Department Nurses in Jordan, 2020. Al-Zaytoonah University of Jordan, Internal examiner.
- Hamza Saidat, "Patients' perception of Quality Nursing Care and Services in Emergency Department in Jordan", 2019. Al-Zaytoonah University of Jordan, Chief Committee
- Noor Abu Orooq, "Knowledge and Practices of Acute Traumatic Wounds Care among Emergency Department Nurses in Jordan", 2019. Al-Zaytoonah University of Jordan, Chief Committee
- Rayyan Salah, "Relationship between Shift-work and Life-style Behaviors among Emergency Department Nurses in Jordan", 2019. Al-Zaytoonah University of Jordan, Internal examiner.
- Marwran Defallah, "The Acceptance and Satisfaction of Applying Electronic Health Solutions (Hakeem Program) among Emergency Department Nurses in Jordan", 2018. Al-Zaytoonah University of Jordan, Chief Committee
- Hana' Ibrahim Salem, "Factors Influencing Compassion-Fatigue and Compassion-Satisfaction among Emergency Department Nurses in Jordan", 2018. Al-Zaytoonah University of Jordan, Internal examiner.
- Khuldon Mahmoud Ahmad, "Predictors of Work-related Fatigue among Emergency Department Nurses in Jordan", 2018. Al-Zaytoonah University of Jordan, Chief Committee



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- Ashraf Mohammad Al-Abdallah, Job-related Psychosocial Correlates of Prolonged Fatigue among Emergency Department Nurses in Jordan, 2017. Al-Zaytoonah University of Jordan, Chief Committee
- Hassan Mohammed Abu Naja, " Self-Medication Practices in Jordan: An Exploration into Factors Influencing on Consumers' Purchasing Behaviors of the Over the Counter (OTC) Drugs", 2016. Al-Zaytoonah University of Jordan, Internal examiner.

12. Grants

- Psychosocial factors correlate with self-care management among adolescents with type 1 diabetes in Jordan, Al-Zaytoonah University of Jordan, 6800 JOR (9,576 \$).
- Creative Arts Therapy for elderly with depressive symptoms: Experimental Study in Jordan, 2021, Al-Zaytoonah University of Jordan, Jordan, **10,000 JOR (14,100.57 \$)**.
- Effect of Virtual Reality Simulation as a Teaching Strategy on Nursing Students' Physiological Measures, Performance, and Satisfaction, 2019, Al-Zaytoonah University of Jordan, Jordan, **50,880 JOR (7174370 \$)**.
- Self-medication practices among university students in Jordan: A triangulated study, 2016, Al-Zaytoonah University of Jordan, Jordan, **14,200 JOR (19,997\$)**.
- Patterns of Health-risk Behaviors among Jordanian Adolescent Students, 2014, Zarqa University, Jordan, 1,000 JOR.

13. Patents

14. Membership of Committees

- **National and International**
 - ✓ Member - Scientific Committee of the World Nursing Science Conference WNSC 2023. Miami, U.S.A
 - ✓ Member- Scientific Committee at Jordanian Council of Nursing (JNC), June 2021 till 2023.
 - ✓ Member-Scientific and Organizing Committee on Scholars 4th edition of



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International Nursing Education and Healthcare Conference, 11-12 Oct 2021, London, UK.

- ✓ Member - Scientific Committee at Global Conference on Nursing Education and Healthcare, May 24-25, 2018, Paris, France.
- ✓ Member - Organizing Committee at the International Conference on Nursing and Health Care, November 12-13, 2018 Kuala Lumpur, Malaysia

- **University**

- ✓ Chair- Organizing Committee at 6th creative forum for nursing for Faculty of Nursing at Al-Zaytoonah University, Amman, Jordan, April, 2016, 2018.
- ✓ Chair- Accreditation and Quality Assurance Committee/ Faculty of Nursing /Al-Zaytoonah University of Jordan/ 2017-2018, 2020-2021.
- ✓ Chair & Member- Graduate Studies Committee/Faculty of Nursing/ Al-Zaytoonah University of Jordan/ 2016-2017, 2017-2018, 2021-2022.
- ✓ Member- Community Service Committee /Faculty of Nursing /Al-Zaytoonah University of Jordan/ 2015-2016, 2016-2017, 2017-2018
- ✓ Member - Scientific Research Committee/ Faculty of Nursing /Al-Zaytoonah University of Jordan/ 2015-2016, 2016-2017.
- ✓ Member - Clinical Training Committee/ Faculty of Nursing /Al-Zaytoonah University of Jordan/ 2015-2016, 2016-2017, 2017-2018, 2018-2019, 2021-2022
- ✓ Member - Students' Issues Committee at the level of university/Zarqa University/ 2013-2014, 2014-2015.
- ✓ Chair- Cultural and Community Service Committee/Faculty of Nursing/ Zarqa University /2013-2014, 2014-2015.
- ✓ Chair- Examination Committee/ Faculty of Nursing/Zarqa University / 2014-2015.
- ✓ Member - Accreditation and Quality Assurance Committee/Faculty of Nursing / Zarqa University/ 2013-2014.
- ✓ Member - Conferences and Scientific Research Committee/Faculty of Nursing / Zarqa University/2013-2014, 2014-2015.



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- ✓ Member - Social Committee/Faculty of Nursing / Zarqa University /2013-2014

15. Professional and Scientific Meetings

Participation in Scientific meetings

A) Conferences

- World Nursing Science Conference” during September 11-12, 2023 in Miami, Florida, USA, phenomenal and Virtual Keynote presentation.
- International Conference on Nursing Science & Practice (Nursing Science-2022), New York, USA, 20-22 July 2022.
- International Conference on NURSING EDUCATION: PRACTICE AND RESEARCH: Interdisciplinary Approach for Innovation & Invention in Nursing Science Research. Valencia, Spain 24-26 February 2020.
- International Conference on Nursing Science & Practice (Nursing Science -2017), Dallas, USA, 26-28 June 2017.
- Seventh Arab Youth Conference” Education, Creative, and Investment: towards Collaborative Arabic Vision. Landmark Hotel, Amman, 11-12 April, 2017.
- 11th Nursing Scientific day and 5th creative forum for nursing for Faculty of Nursing at Al-Zaytoonah University. Al-Zaytoonah University, Amman, Jordan, 30 March, 2016.
- 2nd Mediterranean Interdisciplinary Forum Social Sciences and Humanities, MIFS. Almeria, Spain, 26-28 November, 2014.
- The Fifth Refereed Conference for Theses and Dissertations. University of Jordan- Jordan, 16-17 April, 2014.
- The 9th Nursing Scientific day and 3rd creative forum for nursing for Faculty of Nursing at Al-Zaytoonah University. Al-Zaytoonah University, Amman, Jordan, 22 May, 2014.
- Nursing Scientific day at the University of Jordan entitled Integrating the role of the clinical nurse specialist into health care system. University of Jordan- Jordan, 21 May, 2014.



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- The Sixth Conference on Scientific Research in Jordan. Al-Zaytoonah University- Jordan, 23 November, 2013.
- The 12th International Scientific Nursing Conference, “Accredited Higher Education Institutions: Challenges & Strategies. Alexandria, Egypt, 15th - 16th May, 2013.

B) Workshops

- Enhancement of Peer Reviewers Capacity in Higher Education in Arab Universities according to the International Standards (Advanced Stage). Quality Assurance and Accreditation Council at Association of Arab Universities. Amman, 15-18 July 2023.
- Enhancement of Peer Reviewers Capacity in Higher Education in Arab Universities according to the International Standards. Quality Assurance and Accreditation Council at Association of Arab Universities. Tunisia, 7-10 December 2022.
- ACEN accreditation standards, policies, & processes. How to be prepared for ACEN Accreditation. Quality Assurance and Accreditation Council at Association of Arab Universities. Amman, 2-3 November 2022.
- Using Inclusive Language in Your Marketing Efforts. American Psychological Association. 20 September 2022.
- Training of Online Trainers, Talentology Foundation, Amman, Jordan, 19-20 December 2021
- ISO 21001:2018 Awareness & ISO 19011:2018 Internal Auditor Course. DNV GL Training Officer, Amman, Jordan, October 2020.
- National Competencies, Al- Zaytoonah University of Jordan, February 2021.
- Interactive Learning, Royal Society for Health Awareness, Jordan, 6-9 September 2020.
- Research-based education, Al- Zaytoonah University of Jordan, 18-20 February 2019.
- Scientific Writing, Al- Zaytoonah University of Jordan, 8-10 October 2018.



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- Accreditation and self-evaluation Workshop, Lebanon, 25-27 September, 2018.
- E- Learning. Al- Zaytoonah University of Jordan, 1-4 October, 2017.
- New Strategic Teaching Methods. Al- Zaytoonah University, 14-16 February, 2017.
- Scientific Writing Workshop. USAID, Zarqa University, 26-27 September, 2016.
- Tests Construction, Analysis, and Interpretation of Findings, Al- Zaytoonah University, 16-18 February, 2016.

C) Training courses

- Advanced SPSS. Center for Studies, Center of Consultations & Community Services, Al- Zaytoonah University (9 hours), 7-12 February, 2016.
- TOT (Training for trainers). Center for Studies, Center of Consultations & Community Services, Al- Zaytoonah University (12 hours), 7-12 February, 2016.
- Quality Management. Center for Studies, Center for Studies, Center of Consultations & Community Services, Al- Zaytoonah University (14 hours), 13-21 September, 2015.
- ICDEL, Advanced Quality Assurance Systems, September 2011.
- Training Trainers in Population Issues. Kafa'a (International Institute for Development and Training), in collaboration with Al-Balqa' Applied University and Higher Population Council, (15 hours), 15-17 December, 2009

16. Participation in or organization of curricular and/or extra-curricular activities

- Organizer and planner of initiative “Your Life between your Hands”, in collaboration with United Nation and Royal Society for Health Awareness, Al-Zaytoonah University of Jordan, 13/3/2023.



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- Organizer and planner of initiative “Diabetes Mellitus”, in collaboration with Great Amman Municipality and Benheeb AlKair society, 24/11/2022.
- Organizer and planner of initiative “Breast Cancer”, in collaboration with Benheeb AlKair society and King Hussein institution for Cancer, 28/10/2022.
- Organizer and planner of initiative “Danger Square”, in collaboration with United Nation and Royal Society for Health Awareness, Al-Zaytoonah University of Jordan, 14/11/2021.
- Organizer and planner for open day for elderly people in collaboration with Help Age International, Al-delail, Jordan, January, 2020.
- Providing lecture about addiction for students in Marj Al-Hamam school,
- Organizer and planner for open day for elderly women in collaboration with Help Age International, Amman, November 2019.
- Participant in the National Health Accreditation program for schools, Marj-Al-Hamam school, 2018-2019.
- Organizer and planner for an open day in Al-Zohoor region, Amman, 17, April, 2019.
- Organizer and planner for initiative "You are in Our Eyes" for children with special needs, Amman, 20 April 2019.
- Organizer and planner for an open day for elderly women in collaboration with Help Age International, Amman, November 2018.
- Organizer and planner for Initiative " Elderlies: our responsibility" in collaboration with abo Baker Al-Sedeeq Garden, Khrebet Al-Souq, Great Amman Municipality, July 2018.
- Organizer and planner for Initiative "A child's smile" in collaboration with Help Age International, Amman, July 2018.
- Organizer and planner for the Initiative "Mother is Life" in collaboration with Wadi Al-Seer Comprehensive Health Center, Amman, 21 March 2018.
- Organizer and planner for an open day in Al-Zaytoonah University regarding diabetic disease including "screening for blood sugar, Body mass index, vital



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signs, and health education", Al-Zaytoonah University of Jordan, 8 November 2017.

- Organizer and planner for open day in collaboration with Al-Youbeel center/ Great Amman Municipality, May 2016
- Organizer and planner for open day in collaboration with Marj Al-Hamam Elementary school, April 2016.
- Organizer of First Aid training at Princes Haya School/ Naoor, December 2015.
- Health education program for Diabetic Patients at Al-Msherfa Health Center/ UNRWA/ Zarqa, November-December, 2014.
- 9th Free medical day at Bait AL-Khair institution/ Zarqa, May, 2014.
- School environment initiative at 3rd Marka preparatory school/UNRWA/ Zarqa, May, 2014.
- Campaign "hand in hand for a better life" / to support orphans/ Zarqa University, April, 2014.
- Organizer of open day at 3rd Marka preparatory school/UNRWA/ Zarqa, December, 2013.
- Quest speaker on Diabetes Mellitus in Heteen Camp/UNRWA, November, 2013.
- Participant in National Vaccination Campaign against Measles, Rubella and Poliomyelitis, November, 2013.

17. Publications

1- Articles in Journals

- 1- **Malakeh. Z. Malak.**, & Anas khalifeh. (2023). The Relationship Between Quality of Life and Depressive Symptoms Among Jordanian Community-Dwelling Older Adults. *Experimental Aging Research*. DOI: [10.1080/0361073X.2023.2286873](https://doi.org/10.1080/0361073X.2023.2286873)
- 2- ALBashtawy, Mohammed; Abdalrahim, Asem; **Malak, Malakeh**; Bashtawi, Mahmoud; ALBashtawy, Sa'd; Rayan, Ahmad; Alkhaldeh, Abdullah; ALBashtawy, Zaid ; Khraisat, Omar ; & Alshammari, Alkadi. Prevalence and



- Triggering Factors of Headache among Jordanian Adolescents in Al-Mafraq Region. *The Scientific World Journal*.
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