See discussions, stats, and author profiles for this publication at: https://www.researchgate.net/publication/335543595

## 7E: A PROPOSED CHANGE MANAGEMENT MODEL INTEGRATED WITH SOFTWARE DEVELOPMENT LIFECYCLE

Article in ICIC Express Letters · October 2019

48 PUBLICATIONS 219 CITATIONS

SEE PROFILE

DOI: 10.245	77/icicel.13.10.941		
CITATION: 0	ŝ	READS	
3 autho	rs:		
0	Hussam Hourani 5 PUBLICATIONS 3 CITATIONS SEE PROFILE	8	Mohammad Abdallah Al-Zaytoonah University of Jordan 22 PUBLICATIONS 47 CITATIONS SEE PROFILE
	Abdelfatah A Tamimi Al-Zaytoonah University of Jordan		

Some of the authors of this publication are also working on these related projects:

A novel approach for measuring Java programming language standards for educational purposes View project

Class room face recognitjon system View project

## 7E: A PROPOSED CHANGE MANAGEMENT MODEL INTEGRATED WITH SOFTWARE DEVELOPMENT LIFECYCLE

HUSSAM HOURANI, MOHAMMAD ABDALLAH AND ABDELFATAH TAMIMI

Faculty of Science and IT AL-Zaytoonah University of Jordan P.O. Box 130, Amman 11733, Jordan Hussam.hourani@gmail.com

Received April 2019; accepted June 2019

ABSTRACT. There are many vital issues that the software implementation faces during all projects phases journey and throughout the Software Development Lifecycle (SDLC). Many software change implementations fail due to lack of engagement of the stakeholders, employees and management resistance, poor leadership, organization environment, cultural issues and others. The importance of this study is to propose a new Change Management (CM) model and framework that are integrated with the SDLC. The new CM framework supports the different aspects of the change and introduces a new process that helps integrate organization, technology, and stakeholders, which will result in increasing employees' acceptance of the change (Software) and to have a smooth deployment and successful change implementation.

**Keywords:** Change management framework, 7e's model, SDLC change management model

1. Introduction. The Greek philosopher Heraclitus has a famous saying that: "Change is the only constant" [1]. The basic definition of change is a transformation or transition from one state to another [2]. Change is a planned and managed process. Many objectives, benefits, values and gains may be obtained by managing change, among them is that it prepares the organization for the "valley of despair" and how the organization can react to that change [3]. By dealing with SDLC as a change in organizations, the benefits of the change are known before starting the project and prior to starting any phase of the SDLC which will drive and gain the whole success to the project. Nowadays professional companies and organizations start seeing change management plays a major and essential role during introducing and implementing new software or technology. Change management will ease any organizational transitions related to technology and adopt new software. The main contribution to this research is to propose a new change management model and framework that are integrated with SDLC. The new proposed model and framework will gain the following significance and advantages: minimize resistance, leadership alignment, increase stakeholders' engagement, cultural alignment, proper communication, improve performance, reduce costs and have a smooth software deployment and user acceptance for the new system. The organization of this paper is as the following: provide the problem statement, then provide a literature review, then detail the proposed model and the framework and then conclude the results.

2. **Problem Statement and Preliminaries.** There are many challenges that affect adopting new technologies in organizations. The key challenges are related to the following:

DOI: 10.24507/icicel.13.10.941

- Aligning organizational practice with organizational vision, mission, strategy and values
- Delivering benefits oriented projects to the organizations that serve business needs
- Creating consistency and efficiencies in organization's methodology
- Building the organizational needed internal capabilities
- Mitigating critical risks and ensuring projects success
- Culture, leadership & management coaching & alignments
- Accelerating projects acceptance, and increasing its likelihood of success
- Controlling projects time, cost and budget
- Finally treating employee's right.

The above issues are caused by changes occurring in organizations without considering one of the most critical areas in business which is change management. Change management is a competency that embraces change and gives organizations tools to handle it effectively and efficiently and plays a key role in implementing software projects by focusing on change benefits, leadership alignment, stakeholder engagement and cultural alignment.

3. Literature Review. Table 1 highlights the summary of the most famous models for change management. The summary highlights the key benefits of each model and provides some description for each model.

4. The 7e's Proposed Model. In this research, we introduced a new change management mode that is effective and efficient for all project's phases in SDLC. The new proposed called 7e's model shown in Figure 1 is based on best practices and can add a great value to align software technology with organization's business needs. The model drives a visionary view on the key requirements and expected solutions for the business and it strategizes all SDLC phases to engage the right teams during the project implantation. This model drives the quality of the proposed framework and the related processes. The model utilizes a structured change management approach prior to the project implementation that assures the success of change management journey through the whole software implementation project life cycle.

The 7e's proposed model consists of the following stages.

- Envision: This is the stage that triggers the change and builds the change's vision and inspires a solution. This stage must link and integrate the change's vision and benefit with the organization's strategy, vision and values.
- Embrace: Adopt and foster the change and drive it to success.
- Engage: Involve all the related stakeholders, management and leadership to maximize the alignment, explore and gain the related benefits.
- Enable: Qualify the organization and make it ready for the change.
- Execute: Implement and achieve the desired vision.
- Endure: Sustain the change and continue improvement.
- Excellence: Provide insights and best practices for all stages as input and produce optimized tacks, activities and deliverables as outcome from each stage.

In the next section, the new framework has been introduced and explained in respect of the SDLC.

5. The 7e's Change Management Framework. Based on the proposed 7e's model stages highlighted in Figure 1, the 7e's change management framework and the related processes for SDLC are introduced and highlighted in Figure 2. In this framework, each phase of the SDLC is highlighted with all its related change management processes that drives the project success from best practices point of view. The proposed framework details the start and end for each process within each phase of the SDLC based on the

TABLE $1$ .	Change	management	models	summary

Model Name	Description	Benefits
	ADKAR has been created by Prosci founder J-	Considered as individual change management
	eff Hiatt. The model proposes five phases of	model [5]. The main objective of ADKAR is to
	change processes: awareness, desire, knowledge,	enhance the individual to gain a positive growth
ADKAR	ability and reinforcement. The ADKAR model	in the organization [6].
Model	focuses on people change adaptation and is se-	
	quenced by how an individual experiences the	
	change [4].	
	John Kotter introduced the Kotter's 8-Step	Considered as organizational change manage-
	Change Model to enhance the organization's a-	ment model [5] The model proposes an easy
	bility to change and to increase and raise its	step by step process to enhance the organization-
	chances of business success. The model's eight	al change success. This model is considered as a
Kotter's	steps are: establish sense of urgency create	great tool for leaders who have difficulties and
8-Step Model	guiding coalition develop a change vision com-	obstacles in getting employees on board and who
	municate vision, empower broad-based action.	face resistance. The model has an effective com-
	generate short-term wins never let up and fi-	munication plan and prepares employees to cope
	nally incorporate changes into the culture	with the organizational changes [7]
	In 1969 Kubler-Boss described five stages of	Considered as individual change management.
	grief in her book "On Death and Dving"	model [5] The model's stages represent the usu-
Kubler-Ross	[8] The proposed model shows the following key	al diversity of feelings that individuals experience
Model	stages of change management: Denial Anger	in their lives or workplace
	Bargaining Depression and Acceptance	
	McKinsev 7S framework has been developed in	Considered as organizational change manage-
	the early 1980s by Tom Peters and Robert Wa-	ment model [5] It offers an effective method
	terman who were working at the McKinsey [9]	to understand an organization and it provides
McKinsey 7S	This model created seven internal aspects of an	guidance for organizational change. The mod-
Framework	organization that need to be aligned to succeed:	el is considered relatively as complex model and
	Strategy, Structure, Systems, Shared Values,	there is a higher degree of failure if not handled
	Skills, Style and Staff.	carefully.
	The model involves three steps: Unfreezing,	Considered as organizational change manage-
<b>.</b> . ,	Changing and Refreezing. Lewin's model fo-	ment model [5]. It is simple and easily under-
Lewin's	cuses on employees' resistance and decrees it,	stood and has a fewer steps that have to be fol-
3-Stage	rather than having to desire the change [6].	lowed which make the model efficient. It provides
Model		the organizational leaders to think past quanti-
		tative analysis throughout the change [7].
	The model consists of 12 organizational ele-	Considered as organizational change manage-
	ments that determine a change within an or-	ment model. The model focuses on creating a
Burke-Litwin	ganization. The incorporation of the Burke-	cause and effect relationship [12]. The model is
Model	Litwin model of organizational performance	based on evaluating the organizational and the
	and change produces perspectives of individuals	environmental aspects, which may be adapted to
	at different levels [10].	ensure a change implementation success.
	The original "Formula for Change" was de-	Considered as organizational change manage-
	scribed by David Gleicher in the 1960s, but was	ment model. The model introduced a change e-
	molded into the modern change equation dur-	quation for clarifying the organizational change.
	ing the 1980s by Richard Beckhard and Reuben.	Change will only occur if: $D \times V \times F > R$ (where
Beckhard and	The model aims to serve as a simplified mecha-	D: Dissatisfaction, V: Vision, F: First concrete
Harris's Model	nism of analyzing the potential success or fail-	steps that can be taken towards the vision, R:
	ure of a change initiative within organization	Resistance). The equation is simple to be com-
	[13].	municated fast to an audience, but this simplicity
		can also be the model's weakness because it does
		not take in consideration all other factors [13].
	The Iceberg of Wilfried Kruger CM model is	Considered as organizational change manage-
	considered as strong visualization of the change	ment model. The model deals with both the
	in organizations where CM focus is concentrat-	apparent and unseen barriers to change in the
	ed on peripheral issues of cost, quality and time	organization. In order for the change to succeed
Iceberg Model	at the expense of the critical and weightier is-	in the organization, change representatives must
	sues of managing acceptance, attitudes and be-	consider the tip of the iceberg, which relates to
	haviors which are key to successful change im-	issues of cost, quality, and time, also must con-
	plementation and reducing resistance to change	sider perceptions, beliefs, power and politics that
	[[11].	are below the surface.



FIGURE 1. The new 7e's change management model

Planning	Requirements	Design		Implement		Testing		Deploy		Support
initiative's change trigger	Requirements Deliverables	Design Deliverables		Software Package		Testing Deliverables		Deployed Software & Documentations		Support Contract
Create initiative's vision	Conduct CM workshop	Conduct CM workshop		Conduct CM workshop	Į.	Conduct CM workshop		Conduct CM workshop		Benefits & Impact Assessments
Identify initiative's Benefits	Study Similar Business cases	Demonstrate Prototype	Ì	Review Software Modules outcomes	Į.	Engage in UAT		Implement the New Operating Model		Evaluate New software Releases
Create Change Business Case	Stakeholders Assessment	Stakeholders Assessment & Alignment	Ì	Stakeholders Alignment			]	Feedback analysis & corrective actions		
Leadership Alignment	Structural Assessment	Structural Assessment & Alignment		Structural Alignment						Knowledge Management
Forming a coalition & empowerment	Cultural Assessment	Cultural Assessment & Alignment	Cultural Assessment & Cultural Alignment							
Communicating the vision	Capability & Training Assessment			Capability & Training Alignment						
Gain management commitment	Gain management Change & Readi			ess Assessments Celebrating and recognize success					Continues Evaluation	
Create short term quick wins	Create short term quick wins Stakeholders Management & Communications						Sustain the Change			
Establishing a sense of urgency			Integrate Change Control Process ( Change Requests )							
Resistance Management										
Review, Execute and Update Change Management Strategy &Plan										
Manage & Control Change Management (CMO – Change Manager )										

FIGURE 2. The 7e's change management framework

waterfall model that consists of Requirements, Design, Implement, Testing, Deploy and Support. The planning phase is introduced to handle the change management processes before the project starts.

5.1. Planning phase. The first phase of the change management journey that is integrated with the SDLC is planning phase outlined in Figure 2. This phase is considered as a key driver that sets up the change management stage and produces the change management key deliverables including the change management plan that has all planning activities. The main idea behind this phase is to plan for the change and to do change management activities the right way. Office of Strategy Management (OSM) must be engaged along with the Change Management Office (CMO) to align the new change with the organization's strategy. The key CM processes in the Planning phase are as the following: initiative change trigger, create initiative vision, identify the initiative benefits, create initiative business case, leadership alignment, gain management commitment, forming a coalition & empowerment, create short term quick wins, communicating the vision, establishing a sense of urgency, resistance management, update CM plan and related documents, and CM control by CMO.

5.2. Requirement phase. The second phase of the CM journey is Requirement & Analysis phase outlined in Figure 2. This phase is the key driver for SDLC journey that determines the requirements for the targeted software. During this phase, it is crucial to engage the project manager and the Business Analysis and project team with what has been done in the change management track, this is to align the project manager and Program Management Office (PMO) about the CM activities in the project and integrate PMO with the CM track and avoid any conflict between the two tracks. The key check point at this phase is to align the outcome of the requirements with the change vision, objects and benefits. Without this alignment, the project will fail based on the initial identified change strategy. The key CM processes in the Requirements phase are as the following: requirements gathering deliverables and activities, conduct CM workshop, study similar business cases, stakeholders assessment, structural assessment, cultural assessment, capability & training assessment, readiness assessments, establishing scene of urgency, stakeholders management and communications, resistance management, update change management plan and related documents, and CM control by CMO.

5.3. **Design phase.** The third phase of the CM journey is the Design phase outlined in Figure 2. Software Design is the process of defining software architecture, GUI, classes, attributes, methods, functions, objects, database, and the overall structure and integration schemas that will satisfy the users' requirements. In this phase, the design of the software will be detailed and finalized based on the best practices and based on the CM key drivers. This phase is important in the change management as stakeholders start engaging in the key concepts of the product, as for example how the screens will look like, the usability of the system throughout system prototypes and the other technical and nontechnical design aspect of the system. The outcome of the design phase must be aligned with the change vision, objectives and benefits. The key processes in the planning phase are as the following: design phase activities and deliverables, build and demonstrate prototype, stakeholders assessment and alignment, structural assessment and alignment, cultural assessment and alignment, capability and training assessment and alignment, readiness assessments, integrate change control process (change requests), stakeholders management and communications, resistance management, update CM plan and related documents, and CM control by CMO.

5.4. **Implement phase.** The fourth phase of the change management journey is the Implement (development) phase outlined in Figure 2. During this phase, everything that has been required and designed will be developed, customized, coded or configured as per the signed off requirement and design deliverables. Based on the approved requirements and system design documents, the actual development work is started. It is recommended at this stage to engage the key end-users with the early finished modules so that they provide feedback on the outcome and start engaging with the system and be part of the team. It is recommended to deal with this phase as agile approach to get feedbacks as early as possible and before the official user acceptance testing activities. The key processes in the planning phase are as the following: implement phase activities (building the solution), conduct CM workshop, review software modules outcome, stakeholders alignment, structural alignment, cultural alignment, capability and training alignment, readiness assessment, integrate change control process (change requests), stakeholders management & communications, resistance management, update CM plan and related documents, and CM control by CMO.

5.5. **Testing phase.** The fifth phase of the CM is the Testing phase outlined in Figure 2. When there are stakeholders who will be required to accept and commence new change that affects the current organizations structure or processes, then gaining users buy-in early is critical for success of the change implementation. User Acceptance Testing (U-AT) is a critical process that stakeholders need to handle to assure what they requested has been designed properly. UAT will give the end users a chance to try out the new system and it is an opportunity to improve change management by capturing the approval of the end users who will use the software. The key processes in the planning phase are as the following: testing phase activities and deliverables, conduct CM workshop, engage in UAT, stakeholders alignment, structural alignment, cultural alignment, capability and training alignment, integrate change control process, stakeholders management and communications, resistance management, update CM plan and related documents, and CM control by CMO, UAT and conduct CM workshop.

5.6. **Deploy phase.** The sixth phase of the change management journey is the Deployment phase outlined in Figure 2. The key processes in the planning phase are as the following: deploy phase activities & deliverables, conduct CM workshop, implement the new operating model, stakeholders alignment, structural alignment, cultural alignment, capability and training alignment, celebrating and recognize success, integrate change control process, stakeholders management and communications, resistance management, update change management plan and related documents, CM control by CMO, and conduct CM workshop.

5.7. **Support phase.** The seventh phase of the change management journey is the Support phase outlined in Figure 2. The Support phase of the SDLC deals with the on-going support and maintenance of the deployed software solution. The role of change management at this stage is to sustain the change. Change's Sustainability refers to holding the gains of change's improvement and outcomes. OSM and CMO must work together for measuring the planned benefits (benefits realization). The key processes in the planning phase are as the following: support phase activities and deliverables, benefits and impact assessments, feedback analysis and corrective actions, cultural alignment, knowledge management, capability and training alignment, integrate change control process, resistance management, continuous evaluation, sustain the change, update CM plan and related documents, and CM control by CMO.

6. Conclusions. The new proposed 7e's model and framework provide clear taxonomy and a mechanism to link and integrate the CM's activities within SDLC. The 7e's model provides the base for SDLC and CM structure and combines model, framework, context, and all related processes. In comparison to the other CM models, 7e's is tailored to SDLC, it integrates all CM processes across all project phases and it distinguishes the implementation processes in each phase of the project life cycle. In addition, the model integrates OSM, PMO and CMO to work in synergy and it orchestrates all work processes for the change to succeed. The 7e's model supports organizational leaders, members, project team, in establishing the change's vision, objectives, and benefits and manage the change across SDLC. Integrating the change management framework with the SDLC will gain the following advantages: minimize resistance, leadership alignment, increase stakeholders' engagement, proper communication, improve performance, reduce costs and having a smooth software deployment and user acceptance for the new system. Future work can detail all highlighted business processes in the framework and provide also templates to be used in this proposed model.

## REFERENCES

- M. Rahman, How to Cope with Change: The Only Constant in Life, Knowledge Globalization Institute, Suffolk University, 2017.
- [2] R. Jost, Change Management, Selecting and Implementing an Integrated Library System, Elsevier Ltd., 2016.
- [3] M. Hove and M. Fonseca, BPM Change Management, the Complete Business Process Handbook, 2015.
- [4] B. Galli, Change Management Models: A Comparative Analysis and Concerns, 2018.
- [5] Smartsheet Inc., https://www.smartsheet.com/which-numerous-change-management-models-andmethodologies-right-your-organization, 2019.
- [6] IEEE, An Engineering Manager's Guide for Commonly Used Change Management Approaches, 2019.
- [7] StatusNet, 5 Main Change Management Models: ADKAR vs Kubler Ross vs Mckinsey 7s vs Lewin's vs Kotter's 8 Step, Https://Status.Net/Articles/Change-Management-Models-Lewin-Mckinsey-7s-Kotter-8-Step-Kubler-Ross-Change-Curve-Adkar-Model/, 2019.
- [8] B. Mulholland, 8 Critical Change Management Models to Evolve and Survive, https://www.Process. St/Change-Management-Models/, Process.St, 2019.
- [9] A.-F. Alshaher, The McKinsey 7S model framework for e-learning system readiness assessment, International Journal of Advances in Engineering & Technology, 2013.
- [10] B. D. Smith, A Case Study of Organizational Change: College Restructuring in Response to Mandated Department Eliminations, University of Nevada, 2011.
- [11] Value Based Management.Net, *Iceberg Change Management*, http://www.Valuebasedmanagement. Net/Methods\_Change\_Management\_Iceberg.Html, 2016.
- [12] C. Melinde and M. Nico, Applying the Burke-Litwin Model as a Diagnostic Framework for Assessing Organisational Effectiveness, 2009.
- [13] J. Pregmark, Change Models in Need of Renewal: Building Strategic Practice to Prevail in Industry Transitions, Chalmers University of Technology, Gothenburg, Sweden, 2016.